

**YELLOW PAGES SERIES 2 - POTCHEFSTROOM****Date=24-Mar-12 Time=16:44:19**

1500 meter Jun Women Time :13:32

Heat:1

1	309	Ngobeni, Anna	CNW	4:46.63
2	253	Aylward, Jessica	CGA	4:47.43
3	310	Zietsman, Michele	CNW	5:28.63

1200 meter u12 Boys Time :12:39

Heat:1

1	301	Serame, Sekonyela	CNW	4:10.64
2	301	Serame, Sekonyela	CNW	4:10.92
3	304	Mathapa, Wessley	CNW	4:17.98
4	311	Moruani, Tlotlego	CNW	4:59.90
5	313	Sejamoka, Mogomotsi	CNW	5:00.84
6	312	Seipone, Tumiso	CNW	5:42.00

1200 meter u12 Girls Time :12:39

Heat:1

1	318	Mqwati, Kgomotso	CNW	5:33.16
2	317	Molwantwa, Olebogeng	CNW	5:40.41
3	319	Motshabi, Nthabiseng	CNW	5:44.65

1500 meter u13 Boys Time :12:57

Heat:1

1	307	Phelehu, Sello	CNW	4:57.46
2	234	Fitmonyis, Sheklane	CNW	5:09.35
3	306	Mokonyane, Itumeleng	CNW	5:11.54
4	305	Mathshatsinya, Tshepo	CNW	5:22.08
5	315	Magosi, Tebogo	CNW	5:28.56
6	316	Tshidiso, Tiro	CNW	6:40.50
7	263	Moremong, Sello	CNW	6:40.71

1500 meter u13 Girls Time :13:13

Heat:1

1	321	Tsholofelo, Segobudi	CNW	6:29.48
2	328	Moremudi, Lerato	CNW	6:50.08
3	324	Sebok, Refilwe	CNW	6:56.15
4	324	Sebok, Refilwe	CNW	6:56.26
5	322	Kageleo, Seipone	CNW	7:13.11
6	325	Mita, Modise	CNW	8:35.02
7	329	Kearabetswe, Motlhapiny	CNW	8:44.08

3000 meter Jun Men Time :13:24

Heat:1

1	327	Mosatla, Mabu	CNW	8:47.46
2	330	Meleane, Donald	CNW	8:48.43
3	335	Mosiako, Thabeng	CNW	8:50.56
4	331	Moholo, Lesego	CNW	9:29.68
5	332	Phungwayo, Sehumbuzo	CNW	9:43.53
6	336	Ramawana, George	CNW	9:56.90
7	333	Mokgwetsi, Samuel	CNW	10:14.75
8	337	Ellen, Thabo	CNW	10:38.69
9	326	Rampete, Kabelo	CNW	10:38.73

5 km Walk Sen Men &amp; Women Time :15:51

Heat:1

1	249	Shange, Lebogang	AGN	20:23.11
2	240	De Villiers, Pierre	NED	20:35.08
3	242	Mundell, Marc	TUKS	21:04.21
4	353	Hlatswayo, Tlami	TUKs	22:36.73
5	353	Hlatswayo, Tlami	TUKs	22:36.73
6	0			25:13.73

7	248	Mbatha, Mfana	CGA	26:02.79	
8	250	Mathonsi, Sanele	CGA	26:05.57	
9	251	Vermaak, Pierre	UJ	27:03.01	
10	254	van Wyk, Jessica	PUK	27:30.43	
11	254	van Wyk, Jessica	PUK	27:32.43	
12	352	Liebenberg, Suzanne	PUK	28:01.87	
13	262	Hopkins, Michelle	UJ	28:03.19	
14	241	Hufkie, Reggie	UJ	28:23.33	
15	259	Swart, Corli	PUK	28:39.44	
	258	Kotze, Inge	PUK	DNF	

200 meter Sen Men Time :14:17

Heat:1	Wind : -1.4				
1	111	Engel, Roscoe	TYGE	20.80	Q
2	114	Moeng, Lebogang	RB	20.80	Q
3	119	Kaanjuka, Hitjivirue	NAM	21.01	Q
4	124	Mullins, Sergio		21.24	q
5	123	Zimwaka, Franco	ZIM	21.57	
6	122	Tjiviju, Even	NAM	21.65	
7	120	Van den Berg, Heino	TUKS	21.70	
	112	Meshoe, Tshegofatsoe	RB	DNF	

200 meter Sen Men Time :14:17

Heat:2	Wind : -0.5				
1	115	Magakwe, Simon	PUKK	20.43	Q
2	113	Mpuang, Thuso	KOVS	20.58	Q
3	118	Matsenjwa, Sbusiso	SWZ	21.11	Q
4	116	De Swardt, Jacques	TUKS	21.21	q
5	110	Vosloo, Patrick	PUKK	21.30	
6	117	Julius, Leigh		21.37	
7	121	Puriza, Frank	NAM	21.73	
8	125	Mboene, Jafete	MOZ	22.75	

200 meter Sen Women Time :14:06

Heat:1	Wind : -1.0				
1	16	Thipe, Tsholofelo	PUKK	23.11	Q
2	19	Horn, Carina	TUKS	23.76	Q
3	14	Mayova, Globine	NAM	23.87	Q
4	18	Wittstock, Estie	TUKS	23.91	q
5	21	Quive, Anatercia	MOZ	25.65	
6	13	Diamond, Merlin	NAM	25.89	
	25	Sebele, Tsaone	BOT	DNS	
	22	Matlhaku, Loungo	BOT	DNS	

200 meter Sen Women Time :14:06

Heat:2	Wind : 0.8				
1	11	Palframan, Justine		23.63	Q
2	17	Le Roux, Isabel	TUKS	23.78	Q
3	27	Herunga, Tjipekapora	NAM	23.87	Q
4	12	Hewitt, Melissa	PUKK	23.91	q
5	20	van Tonder, Chante	UJ	24.05	
6	15	Ndzinisa, Phumzile	SWZ	24.55	
7	220	Swart, Rijane	PUK	24.95	
8	23	Gaboitsiwe, Kgalelo	BOT	25.32	

400m Hurdles 0,914m Sen Men Time :13:46

Heat:1					
1	203	Van Wyk, Shaun	PUK	51.47	
2	208	Hamman, Le Roux	UP	51.93	
3	207	Pretorius, Bernard	UP	52.23	
4	204	Burger, Schalk	PUK	52.45	
5	205	Schoonwinkel	PUK	52.94	
6	206	Eksteen, Shani	UFS	53.49	
7	209	Moolman, Jurie	UP	53.71	

8 202 Mangoejane, Kamelo UFS 54.16

Javelin 600g Sen Women Time :16:02

Heat:1

1	103	Klimesova, Jarmila	CZE	60.96
2	100	Viljoen, Sunette	PUKK	59.30
3	104	Sediva, Irena	CZE	54.61
4	101	De Klerk, Gerlize	PUKK	54.28
5	107	Griva, Gundega	LAT	51.15
6	106	Van der Schyff, Anzell	TUKS	46.11
7	105	Klucinova, Eliska	CZE	45.48
8	102	Bernard, Gezelle	PUKK	38.58

High Jump Sen Women Time :15:38

Heat:1

1	74	Smit, Anika	PUK	1.89
2	73	Du Plessis, Julia	MONU	1.86
3	75	Erwee, Bianca	PUK	1.75
4	76	Siebert, Janette	KOVS	1.70
5	77	Botha, Leandri	KOVS	1.70
6	80	Krugell, Berne	TUKS	1.65
	79	Lindner, Chane	PUK	NM

Pole Vault Sen Men Time :15:51

Heat:1

1	183	Rahme, Cheyne	UJ	5.30
3	185	Beukes, Eben	UJ	5.00
	187	Swanepoel, Gert	NWU	NM
	186	Norman, Christiaan	PUKK	NM

Triple Jump Sen Women Time :15:48

Heat:1

1	82	Ntshingila, Patience	PUKK	13.89	+0.6
2	81	Potgieter, Charlene	TUKS	13.77	+2.1
3	83	Dikotla, Matsi		12.96	+0.8
4	84	Kingwell, Kelly	UJ	12.80	+0.9
5	86	Muller, Carla	HTS	11.77	-0.2
	85	Prinsloo, Luchelle	UJ	NM	+0.0

13.70m

Shot Put 4,000kg Sen Women Time :14:50

Heat:1

1	93	Smuts, Sonia	TUKS	14.45
3	94	Jordaan, Lezaan	CGA	14.32
5	96	Van Rooyen, Bianca	UJ	14.24
7	95	Knoetze, Sonnika	TUKS	14.00
9	92	Engelbrecht, Charlene	TUKS	13.72
11	99	Pottas, Rachele	PUKK	11.10

110m Hurdles 1,067m Sen Men Time :14:22

Heat:1

Wind : 0.2

1	171	Mkhatini, Junior	UJ	14.10
2	167	Alkana, Antonio	BELL	14.14
3	165	Pretorius, Werner	TUKS	14.33
4	166	Moolman, Kobus	TUKS	14.37
5	164	Hamman, Muntingh	TUKS	14.69
6	169	Smit, Louw	MATI	14.83
7	170	Dlalice, Titos	MOZ	15.35

100m Hurdles 0,84m Sen Women Time :14:31

Heat:1

Wind : 0.1

1	58	Viljoen, Claudia	TUKS	13.76
2	57	Kleynhans, Erika	TUKS	14.03
3	60	Gilbert, Kyla	GERM	14.28
4	59	Senekal, Jean-Mare	MATI	14.52

5	61	Botha, Liriska	KOVS	14.63
6	64	Kriel, Elizmarie	AFS	14.76
7	62	Cossa, Telma	MOZ	14.77
	63	Bodenstein, Shani	TUKS	DNS

3000 meter Sen Women Time :14:47

Heat:1

1	55	Van Blerk, Irvette	NEDB	9:27.54
2	161	Haitope, Lavinia	NAM	9:38.58
3	51	Raseboya, Violet	TRAN	9:48.44
4	53	Kalmer, Christine	CGA	10:08.60
5	56	Tshetlanyane, Sylvia	CGA	10:08.85
6	47	Lawrence, Rosselyn	PUKK	10:16.46
7	45	Schnetler, Ashleigh	UJ	10:42.18
8	160	Ekandjo, Nangula	NAM	10:50.43
	54	Mabuza, Mpho	CGA	DNS
	49	Van der Westhuizen, Twan	PUKK	DNS
	44	Conrad, Nolene	UJ	DNS
	52	Masehla, Tebogo	CGA	DNS
	46	Gildenhuis, Annke	KOVS	DNS
	48	Jordaan, Marlise	PUKK	DNS

Javelin 800g Sen Men Time :14:46

Heat:1

1	194	Vesely, Vitezslav	CZE	81.72
2	195	Vadlejeh, Jakub	CZE	80.40
3	199	Moolman, Morne	TYG	75.08
4	196	Henning, Jayson	PUKK	74.48
5	198	Holtzhausen, Tobie	PUKK	68.90
6	200	van Rooyen, Rocco	TYG	68.45
7	197	Pienaar, Hardus	PUKK	68.08

400 meter Sen Men Time :14:51

Heat:1

1	131	De Beer, Willie	TUKS	45.81
2	129	Victor, Shane	DUT	46.39
3	130	Greyling, Ruan	TUKS	46.41
4	128	Van Zyl, LJ	TUKS	46.50
5	126	Dikgale, Ranti	TUKS	46.57
6	133	Karupu, Basilius	NAM	47.10
7	132	Tinago, David	ZIM	48.93
	127	de Jager, Shaun	MATI	DNS

400 meter Sen Women Time :14:57

Heat:1

1	26	Rammony, Rorisang	PUKK	51.61
2	28	Van der Merwe, Sonja	TYG	53.66
3	31	Mashila, Lydia	BOT	54.46
4	29	Wicksell, Stephanie	TUKS	54.93
5	33	Meyer, Soandre	TUKS	56.12
6	32	Seleka, Goitseone	BOT	56.31
	27	Herunga, Tjipekapora	NAM	DNS

Discus 1,000kg Sen Women Time :16:03

Heat:1

1	87	Naude, Elizna	TUKS	58.97
2	88	Oberholzer, Maryke	TUKS	53.21
3	89	Meyer, Simone	TUKS	47.38
4	92	Engelbrecht, Charlene	TUKS	43.41
	91	Duvenage, Geraldine	AGN	NM

High Jump Sen Men Time :16:00

Heat:1

1	172	De Beer, Hubert	TUKS	2.15
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2	180	Voigt, Willem	TUKS	2.10
2	176	Claassen, Ruan	UJ	2.10
4	177	Van der Schyff, JP	PUKK	2.10
5	178	Caniham, Craig	TUKS	2.05
6	174	Steytler, JVA	KOVS	2.00
	182	Abobe, Tshwanelo	BOT	NM
	181	Dube, Milili	BOT	NM
	179	Von Lieres, Hans	NAM	NM
	175	Chambal, Chambalson	MOZ	NM
	173	Prinsloo, Brandon	FS	NM

3000 meter Sen Men Time :15:26

Heat:1

1	155	Masire, Olebogeng	ACNW	8:03.03
2	228	Tsosane, Kgosi	TRAN	8:06.03
3	152	Brummer, Dean	PUKK	8:07.61
4	163	Ngxazozo, Mbonyeni	CGA	8:09.82
5	230	Mmone, Joel	CNW	8:15.69
6	162	Siholhe, Flavio	MOZ	8:16.56
7	271	Manja, David	NED	8:17.55
8	149	Klaaste, Merlin	PUKK	8:21.22
9	157	Geldenhuis, Adriaan	PUKK	8:21.36
10	151	Botha, Armin	PUKK	8:22.48
11	147	Molepo, Edwin	PUKK	8:28.84
12	158	Tuit, Mauritz	PUKK	8:30.21
13	154	Madikizela, Sibusiso	CGA	8:33.29
14	156	Berrange, Johan	TUKS	8:38.73
15	201	Ruell, Kim	BEL	8:48.27
16	270	Putsoenyane, David	CNW	8:52.90
17	252	Sithembile, Dondolo	CGA	9:19.81
	153	Swanepoel, Clinton	UJ	DNS
	160	Ekandjo, Nangula	NAM	DNS
	159	Andreas, Jeromy	UJ	DNS
	150	Bothobutle, Lucas	PUKK	DNS
	148	Lekopa, Dikotsi	PUKK	DNS
	161	Haitope, Lavinia	NAM	DNS
	146	Mokoka, Stephen	TRAN	DNS
	227	Sopeng, Samuel	PUK	DNS
	229	Motlagale, Tumelo	CNW	DNF

Triple Jump Sen Men Time :16:27

Heat:1

1	188	Thagane, Tumelo	PUKK	16.71	+1.2
2	191	Sewanyana, Jason	TYG	16.24	+1.3
3	226	Haitengi, Roger	UJ	15.89	+1.5
4	192	Janki, Albert	TUKS	15.25	+0.9
5	193	Muyeni, Peter	TUKS	14.65	+1.0
	190	Rasmeni, Apelele	UJ	NM	+0.0
	189	Le Roux, Charles	TUKS	NM	+0.0

200 meter Sen Women Time :16:23

Heat:1

Wind : 0.0

1	16	Thipe, Tsholofelo	PUKK	22.89
2	11	Palframan, Justine		23.22
3	27	Herunga, Tjipekapora	NAM	23.55
4	19	Horn, Carina	TUKS	23.61
5	17	Le Roux, Isabel	TUKS	23.73
6	18	Wittstock, Estie	TUKS	23.86
7	12	Hewitt, Melissa	PUKK	23.95
8	14	Mayova, Globine	NAM	23.97

200 meter Sen Men Time :15:30

Heat:1

Wind : -1.3

1	115	Magakwe, Simon	PUKK	20.38
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2	113	Mpuang, Thuso	KOVS	20.50
3	114	Moeng, Lebogang	RB	20.51
4	111	Engel, Roscoe	TYGE	20.76
5	124	Mullins, Sergio		20.90
6	119	Kaanjuka, Hitjivirue	NAM	20.93
7	118	Matsenjwa, Sbusiso	SWZ	21.35
8	116	De Swardt, Jacques	TUKS	21.50

400m Hurdles 0,762m Sen Women Time :15:39

Heat:1

1	65	Theron, Wenda	TUKS	56.49
2	66	Ebersohn, Anneri	TUKS	57.89
3	59	Senekal, Jean-Mare	MATI	59.47
4	71	Babolai, Oarabile	BOT	60.05
5	70	Fourie, Ane	BELL	60.23
6	68	Neuhoff, Izelle	RAIN	60.30
7	72	Els, Claudine	PUKK	62.00
8	69	Visagie, Tabitha	KLER	65.55

800 meter Sen Women Time :15:49

Heat:1

1	34	Semenya, Caster	TUKS	2:03.60
2	38	Makhanya, Mapaseka		2:04.89
3	39	Phalula, Lebo		2:05.58
4	36	Brandt, Mandie		2:05.59
5	35	Nice, Anuschka	TUKS	2:07.36
6	37	Makhafola, Thato		2:07.90
7	40	Strydom, Lize	TUKS	2:09.19
8	42	Reynecke, Rone	NEDB	2:13.20
	41	Phalula, Lebogang		DNF
	43	Cilliers, Juanee		DNS

800 meter Sen Men Time :16:03

Heat:1

1	134	Mulaudzi, Mbulaeni	UJ	1:46.41
2	141	Madiba, Thapelo	CGA	1:46.92
3	137	Nghipandulwa, Daniel	NAM	1:48.24
4	140	Lacasse, Florent	FRA	1:48.59
5	135	Van Rensburg, Rynardt	KOVS	1:48.64
6	143	Molefe, Molefe		1:49.24
7	136	Seloba, Tlou	UJ	1:49.25
8	139	Gelant, Elroy	PUKK	1:49.81
9	144	Khumalo, Abram		1:50.46
10	142	Motsau, Jerry	PUKK	1:51.13
11	138	Naude, Hannes	KOVS	1:56.44
	145	Slinger, Alan		DNF

4 x 100 meter Sen Women Time :16:23

Heat:1

1			ASA Invitational	44.99
	0			
	0	00		
	0	00		
	0	00		
2			ACNW Invitational	46.80
	0			
	0	00		
	0	00		
	0	00		
3			Potch Gymnasium	47.09
	0			
	0	00		
	0	00		
	0	00		

4 x 100 meter  
Heat:1

Sen Men Time :16:23

0			Platinum B	43.97
	0			
	0	00		
	0	00		
	0	00		
			ARB	DNF
	0			
	0	00		
	0	00		
	0	00		
			ASA Inviatational	DNF
	0			
	0	00		
	0	00		
	0	00		
0			Platinum A	43.82
	0			
	0	00		
	0	00		
	0	00		