

Sacramento State Hornet Invitational

- **DATE: 03/17 - 03/18/2017**
- **LOCATION: Sacramento St. - Sacramento, CA**

Men's Decathlon

Place	Name	Year	Team	Points	Score
1.	Turner, Travis	SR-4	Alaska Anchorage	6761	-
2.	Sramek, David	FR-1	Alaska Anchorage	6381	-
3.	Acevedo, Alec	SR-4	Sacramento St.	6370	-
4.	Stich, Andrew	JR-3	Sacramento St.	6165	-
5.	Pallas, Nick		San Mateo	5819	-
6.	Ney, Brooks	JR-3	College of Idaho	5734	-
7.	Kostelecky, Kristopher	FR-1	College of Idaho	5378	-
8.	Lysik, Carson	SR-4	UC Santa Cruz	5108	-
9.	Morin, Andrew	SO-2	Fresno Pacific	4791	-
10.	McLaughlin, Matt	FR-1	College of Idaho	4574	-

Men's Decathlon 100 Meters

Place	Name	Year	Team	Time	Score	Wind	Heat(Pl)
1.	Turner, Travis	SR-4	Alaska Anchorage	11.21	814	0.8	2(1)
2.	Sramek, David	FR-1	Alaska Anchorage	11.26	804	0.8	2(2)
3.	Acevedo, Alec	SR-4	Sacramento St.	11.31	793	1.7	1(1)
4.	McLaughlin, Matt	FR-1	College of Idaho	11.45	763	1.7	1(2)
5.	Kostelecky, Kristopher	FR-1	College of Idaho	11.55	742	1.7	1(3)
6.	Pallas, Nick		San Mateo	11.61	730	0.8	2(3)
7.	Stich, Andrew	JR-3	Sacramento St.	11.67	717	0.8	2(4)
8.	Ney, Brooks	JR-3	College of Idaho	11.75	701	0.8	2(5)
9.	Lysik, Carson	SR-4	UC Santa Cruz	11.85	681	1.7	1(4)
10.	Morin, Andrew	SO-2	Fresno Pacific	12.11	629	1.7	1(5)

Decathlon 100 Meters Section 1

Pl.	Name	Year	Team	Time	Wind: 1.7
1.	Acevedo, Alec	SR-4	Sacramento St.	11.31	
2.	McLaughlin, Matt	FR-1	College of Idaho	11.45	
3.	Kostelecky, Kristopher	FR-1	College of Idaho	11.55	
4.	Lysik, Carson	SR-4	UC Santa Cruz	11.85	
5.	Morin, Andrew	SO-2	Fresno Pacific	12.11	

Decathlon 100 Meters Section 2

Pl.	Name	Year	Team	Time	Wind: 0.8
1.	Turner, Travis	SR-4	Alaska Anchorage	11.21	
2.	Sramek, David	FR-1	Alaska Anchorage	11.26	
3.	Pallas, Nick		San Mateo	11.61	
4.	Stich, Andrew	JR-3	Sacramento St.	11.67	
5.	Ney, Brooks	JR-3	College of Idaho	11.75	

Men's Decathlon Long Jump

Place	Name	Year	Team	Metric	English	Score	Wind
1.	Acevedo, Alec	SR-4	Sacramento St.	6.73m	22' 1"	750	-1.3
	FOUL (+0.0)						
	FOUL (+0.0)						
	6.73m (-1.3)						
2.	Sramek, David	FR-1	Alaska Anchorage	6.67m	21' 10.75"	736	-1.7
	6.65m (-1.2)						
	6.63m (-0.7)						
	6.67m (-1.7)						
3.	Turner, Travis	SR-4	Alaska Anchorage	6.65m	21' 10"	732	-0.4
	6.35m (-1.5)						
	6.65m (-0.4)						
	FOUL (+0.0)						
4.	Kostelecky, Kristopher	FR-1	College of Idaho	6.14m	20' 1.75"	617	-1.0
	6.10m (-0.8)						
	6.00m (-0.8)						
	6.14m (-1.0)						
5.	Pallas, Nick		San Mateo	6.06m	19' 10.75"	600	0.2
	5.99m (-0.9)						
	FOUL (+0.0)						
	6.06m (0.2)						
6.	Stich, Andrew	JR-3	Sacramento St.	5.99m	19' 8"	584	0.7

5.86m (-1.6)

5.91m (-1.2)

5.99m (0.7)

7.	McLaughlin, Matt	FR-1	College of Idaho	5.98m	19' 7.5"	582	-1.0
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5.98m (-1.0)

5.82m (-0.2)

FOUL (+0.0)

8.	Lysik, Carson	SR-4	UC Santa Cruz	5.78m	18' 11.75"	540	-1.0
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5.78m (-1.0)

5.66m (+0.0)

5.60m (+0.0)

9.	Ney, Brooks	JR-3	College of Idaho	5.73m	18' 9.75"	529	0.8
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5.63m (0.3)

5.50m (+0.0)

5.73m (0.8)

10.	Morin, Andrew	SO-2	Fresno Pacific	5.55m	18' 2.5"	492	+0.0
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FOUL (+0.0)

5.29m (-1.4)

5.55m (+0.0)

Men's Decathlon Shot Put

Place	Name	Year	Team	Metric	English	Score
1.	Turner, Travis	SR-4	Alaska Anchorage	12.19m	40' 0"	618
	11.57m (+0.0)					
	10.90m (+0.0)					
	12.19m (+0.0)					
2.	Acevedo, Alec	SR-4	Sacramento St.	11.97m	39' 3.25"	605
	11.97m (+0.0)					
	11.10m (+0.0)					
	11.30m (+0.0)					
3.	Pallas, Nick		San Mateo	11.93m	39' 1.75"	602
	11.68m (+0.0)					
	11.93m (+0.0)					
	11.50m (+0.0)					
4.	Ney, Brooks	JR-3	College of Idaho	10.56m	34' 7.75"	519
	10.19m (+0.0)					
	FOUL (+0.0)					
	10.56m (+0.0)					
5.	Stich, Andrew	JR-3	Sacramento St.	10.53m	34' 6.75"	518

9.96m (+0.0)

10.37m (+0.0)

10.53m (+0.0)

6. Sramek, David FR-1 Alaska Anchorage 9.69m 31' 9.5" 467

9.69m (+0.0)

9.62m (+0.0)

FOUL (+0.0)

7. Morin, Andrew SO-2 Fresno Pacific 9.14m 30' 0" 434

9.14m (+0.0)

8.61m (+0.0)

8.57m (+0.0)

8. Kostelecky, Kristopher FR-1 College of Idaho 9.00m 29' 6.5" 426

8.55m (+0.0)

8.40m (+0.0)

9.00m (+0.0)

9. McLaughlin, Matt FR-1 College of Idaho 7.34m 24' 1" 327

7.32m (+0.0)

7.34m (+0.0)

7.22m (+0.0)

10.	Lysik, Carson	SR-4	UC Santa Cruz	6.58m	21' 7.25"	283
	FOUL (+0.0)					
	6.58m (+0.0)					
	FOUL (+0.0)					

Men's Decathlon High Jump

Place	Name	Year	Team	Metric	English	Score
1.	Acevedo, Alec	SR-4	Sacramento St.	1.97m	6' 5.5"	776
	1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 2.00					
	O - - O O XXOO O XXX					
2.	Kostelecky, Kristopher	FR-1	College of Idaho	1.91m	6' 3.25"	723 
	1.76 1.79 1.82 1.85 1.88 1.91 1.94					
	O - O - - O XXX					
3.	Turner, Travis	SR-4	Alaska Anchorage	1.85m	6' 0.75"	670
	1.76 1.79 1.82 1.85 1.88 1.91					
	O O XO O XXX					
4.	Lysik, Carson	SR-4	UC Santa Cruz	1.79m	5' 10.5"	619
	1.64 1.67 1.70 1.73 1.76 1.79 1.82					
	O O O XO O XO XXX					
5.	Sramek, David	FR-1	Alaska Anchorage	1.79m	5' 10.5"	619
	1.70 1.73 1.76 1.79 1.82					
	O O O XXO XXX					

6. Pallas, Nick San Mateo 1.67m 5' 5.75" 520
 1.55 1.58 1.61 1.64 1.67 1.70
 O O O O XO XXX

7. Stich, Andrew JR-3 Sacramento St. 1.67m 5' 5.75" 520
 1.55 1.58 1.61 1.64 1.67 1.70
 O - XO XXO O XXX

8. Morin, Andrew SO-2 Fresno Pacific 1.58m 5' 2.25" 449
 1.43 1.46 1.49 1.52 1.55 1.58 1.61
 O - O - O O XXX

9. Ney, Brooks JR-3 College of Idaho 1.55m 5' 1" 426
 1.49 1.52 1.55 1.58
 O O O XXX

McLaughlin, Matt FR-1 College of Idaho NH NH -
 1.43
 XXX

Men's Decathlon 400 Meters

Place	Name	Year	Team	Time	Score	H
1.	Turner, Travis	SR-4	Alaska Anchorage	50.01	814	1
2.	Sramek, David	FR-1	Alaska Anchorage	50.14	808	1
3.	Stich, Andrew	JR-3	Sacramento St.	50.93	772	2
4.	McLaughlin, Matt	FR-1	College of Idaho	51.97	726	1
5.	Acevedo, Alec	SR-4	Sacramento St.	52.30	712	2
6.	Lysik, Carson	SR-4	UC Santa Cruz	52.62	698	2

7.	Ney, Brooks	JR-3	College of Idaho	52.87	687	1
8.	Pallas, Nick		San Mateo	53.47	662	1
9.	Kostelecky, Kristopher	FR-1	College of Idaho	53.77	649	2
10.	Morin, Andrew	SO-2	Fresno Pacific	59.12	444	2

Decathlon 400 Meters Section 1

Decathlon 400 Meters Section 2

Pl.	Name	Year	Team	Time	Pl.	Name	Year	Team	Time
1.	Turner, Travis	SR-4	Alaska Anchorage	50.01	1.	Stich, Andrew	JR-3	Sacramento St.	50.93
2.	Sramek, David	FR-1	Alaska Anchorage	50.14	2.	Acevedo, Alec	SR-4	Sacramento St.	52.30
3.	McLaughlin, Matt	FR-1	College of Idaho	51.97	3.	Lysik, Carson	SR-4	UC Santa Cruz	52.62
4.	Ney, Brooks	JR-3	College of Idaho	52.87	4.	Kostelecky, Kristopher	FR-1	College of Idaho	53.77
5.	Pallas, Nick		San Mateo	53.47	5.	Morin, Andrew	SO-2	Fresno Pacific	59.12

Men's Decathlon 110 Hurdles

Place	Name	Year	Team	Time	Score	Wind	Heat(Pl)
1.	Turner, Travis	SR-4	Alaska Anchorage	14.85	868	0.6	1(1)
2.	Stich, Andrew	JR-3	Sacramento St.	16.04	728	0.6	1(2)
3.	Ney, Brooks	JR-3	College of Idaho	16.73	653	0.6	1(3)
4.	Acevedo, Alec	SR-4	Sacramento St.	16.88	637	0.9	2(1)
5.	Pallas, Nick		San Mateo	16.90	635	0.6	1(4)
6.	Sramek, David	FR-1	Alaska Anchorage	16.94	631	0.9	2(2)
7.	Kostelecky, Kristopher	FR-1	College of Idaho	17.13	611	0.9	2(3)
8.	Morin, Andrew	SO-2	Fresno Pacific	17.15	609	0.9	2(4)

9.	McLaughlin, Matt	FR-1	College of Idaho	17.25	598	0.9	2(5)
10.	Lysik, Carson	SR-4	UC Santa Cruz	17.55	568	0.6	1(5)

Decathlon 110 Hurdles Section 1

Decathlon 110 Hurdles Section 2

Pl.	Name	Year	Team	Time	Wind: 0.6
1.	Turner, Travis	SR-4	Alaska Anchorage	14.85	
2.	Stich, Andrew	JR-3	Sacramento St.	16.04	
3.	Ney, Brooks	JR-3	College of Idaho	16.73	🚩
4.	Pallas, Nick		San Mateo	16.90	
5.	Lysik, Carson	SR-4	UC Santa Cruz	17.55	

Pl.	Name	Year	Team	Time	Wind: 0.9
1.	Acevedo, Alec	SR-4	Sacramento St.	16.88	
2.	Sramek, David	FR-1	Alaska Anchorage	16.94	
3.	Kostelecky, Kristopher	FR-1	College of Idaho	17.13	
4.	Morin, Andrew	SO-2	Fresno Pacific	17.15	
5.	McLaughlin, Matt	FR-1	College of Idaho	17.25	

Men's Decathlon Discus

Place	Name	Year	Team	Metric	English	Score
1.	Acevedo, Alec	SR-4	Sacramento St.	36.51m	119' 9"	594
	35.47m (+0.0)					
	36.48m (+0.0)					
	36.51m (+0.0)					
2.	Pallas, Nick		San Mateo	35.19m	115' 5"	567
	32.52m (+0.0)					
	35.19m (+0.0)					
	33.39m (+0.0)					
3.	Stich, Andrew	JR-3	Sacramento St.	34.26m	112' 5"	549
	29.79m (+0.0)					

	34.26m (+0.0)					
	FOUL (+0.0)					
4.	Ney, Brooks	JR-3	College of Idaho	32.36m	106' 2"	511
	26.30m (+0.0)					
	32.36m (+0.0)					
	FOUL (+0.0)					
5.	Turner, Travis	SR-4	Alaska Anchorage	30.60m	100' 5"	476
	28.33m (+0.0)					
	29.95m (+0.0)					
	30.60m (+0.0)					
6.	Sramek, David	FR-1	Alaska Anchorage	26.90m	88' 3"	404
	FOUL (+0.0)					
	26.90m (+0.0)					
	26.77m (+0.0)					
7.	Lysik, Carson	SR-4	UC Santa Cruz	24.71m	81' 1"	362
	FOUL (+0.0)					
	24.71m (+0.0)					
	23.43m (+0.0)					
8.	Morin, Andrew	SO-2	Fresno Pacific	23.45m	76' 11"	337
	23.45m (+0.0)					
	22.97m (+0.0)					
	FOUL (+0.0)					
9.	Kostelecky, Kristopher	FR-1	College of Idaho	21.22m	69' 7"	295

FOUL (+0.0)

21.22m (+0.0)

20.81m (+0.0)

10. McLaughlin, Matt FR-1 College of Idaho 20.49m 67' 3" 281

FOUL (+0.0)

20.49m (+0.0)

16.39m (+0.0)

Men's Decathlon Pole Vault

Place	Name	Year	Team	Metric	English	Score
1.	Sramek, David	FR-1	Alaska Anchorage	4.50m	14' 9"	760
	4.10 4.20 4.30 4.40 4.50 4.60					
	O - O - XXO XXX					
2.	Morin, Andrew	SO-2	Fresno Pacific	4.20m	13' 9.25"	673
	4.00 4.10 4.20 4.30					
	O O XXO XXX					
3.	Turner, Travis	SR-4	Alaska Anchorage	4.10m	13' 5.25"	645
	3.80 3.90 4.00 4.10 4.20					
	O O O XO XXX					
4.	Pallas, Nick		San Mateo	3.90m	12' 9.5"	590
	3.40 3.50 3.60 3.70 3.80 3.90 4.00					
	XO O O XO XO O XXX					
5.	Acevedo, Alec	SR-4	Sacramento St.	3.90m	12' 9.5"	590
	3.90 4.00					

	XO		XXX							
6.	Ney, Brooks			JR-3	College of Idaho	3.70m	12' 1.5"	535		
	2.802.903.003.103.203.303.403.503.603.703.80									
	O	XXO-	O	-	O	-	XO	O	O	XXX
7.	Stich, Andrew			JR-3	Sacramento St.	3.30m	10' 10"	431		
	3.10	3.20	3.30	3.40						
	O	XO	XO	XXX						
8.	McLaughlin, Matt			FR-1	College of Idaho	3.30m	10' 10"	431		
	2.502.602.702.802.903.003.103.203.303.40									
	O	O	O	O	O	O	XO	O	O	XXX
9.	Lysik, Carson			SR-4	UC Santa Cruz	3.30m	10' 10"	431		
	2.502.602.702.802.903.003.103.203.303.40									
	O	O	XO	O	-	O	O	XXOXXOX--		
10.	Kostelecky, Kristopher			FR-1	College of Idaho	2.50m	8' 2.5"	242		
	2.50		2.60							
	XO		XXX							

Men's Decathlon Javelin

Place	Name	Year	Team	Metric	English	Score
1.	Stich, Andrew	JR-3	Sacramento St.	54.39m	178' 5"	654
	47.87m (+0.0)					
	52.67m (+0.0)					
	54.39m (+0.0)					
2.	Ney, Brooks	JR-3	College of Idaho	43.68m	143' 4"	496

43.68m (+0.0)

39.67m (+0.0)

40.79m (+0.0)

3. Pallas, Nick San Mateo 41.65m 136' 8" 466

39.83m (+0.0)

37.24m (+0.0)

41.65m (+0.0)

4. Turner, Travis SR-4 Alaska Anchorage 40.83m 133' 11" 454

40.83m (+0.0)

33.37m (+0.0)

40.78m (+0.0)

5. Sramek, David FR-1 Alaska Anchorage 38.76m 127' 2" 424

38.73m (+0.0)

38.10m (+0.0)

38.76m (+0.0)

6. Kostelecky, Kristopher FR-1 College of Idaho 37.82m 124' 1" 411

35.07m (+0.0)

29.45m (+0.0)

37.82m (+0.0)

7. Lysik, Carson SR-4 UC Santa Cruz 32.09m 105' 3" 329

26.72m (+0.0)

27.54m (+0.0)

32.09m (+0.0)

8.	Morin, Andrew	SO-2	Fresno Pacific	31.19m	102' 4"	316
	31.19m (+0.0)					
	FOUL (+0.0)					
	FOUL (+0.0)					
9.	Acevedo, Alec	SR-4	Sacramento St.	27.64m	90' 8"	266
	27.64m (+0.0)					
	PASS (+0.0)					
	PASS (+0.0)					
10.	McLaughlin, Matt	FR-1	College of Idaho	20.92m	68' 8"	174
	FOUL (+0.0)					
	FOUL (+0.0)					
	20.92m (+0.0)					

Men's Decathlon 1500 Meters

1.	Sramek, David	FR-1	Alaska Anchorage	4:32.60	728
2.	McLaughlin, Matt	FR-1	College of Idaho	4:38.10	692
3.	Stich, Andrew	JR-3	Sacramento St.	4:38.16	692
4.	Ney, Brooks	JR-3	College of Idaho	4:40.60	677
5.	Turner, Travis	SR-4	Alaska Anchorage	4:41.61	670
6.	Kostelecky, Kristopher	FR-1	College of Idaho	4:42.93	662
7.	Acevedo, Alec	SR-4	Sacramento St.	4:45.34	647
8.	Lysik, Carson	SR-4	UC Santa Cruz	4:53.63	597
9.	Pallas, Nick		San Mateo	5:20.52	447
10.	Morin, Andrew	SO-2	Fresno Pacific	5:28.22	408

