

BUCS Outdoor Athletics Championship

Chelmsford

30 Apr-2 May 22

100 SM s1 (30 Apr)

Pos	Perf	Name	AG	Club
1	10.38	2.0 David Morgan-Harrison	PB U23 M	Kingston upon Hull/Hull Uni
2	10.64	2.0 Alex Haydock-Wilson	SEN M	Windsor Slough Eton & Hounslow/Loughborough Studen
3	10.77	2.0 Bryn Smith	SB U23 M	Eastbourne/Brighton Uni
4	10.79	2.0 Cameron Bailey	SB U23 M	Ipswich/Birmingham Uni
5	10.86	2.0 Stewart Greenhalgh	SB U23 M	Bromsgrove & Redditch/Stirling Uni
6	10.92	2.0 Benjamin To	PB U23 M	Bolton/Central Lancashire Uni
7	10.96	2.0 Kaito Kawakami	PB U23 M	King's College London/Japan
8	11.07	2.0 Marius Ball	PB U20 M	Kingston & Poly/Southampton Uni

100 SM s2 (30 Apr)

Pos	Perf	Name	AG	Club
1	10.30	w 2.6 Richard Akinyebo	PB U23 M	BFT Track Academy/Nottingham Trent Uni
2	10.69	w 2.6 Matthew Harris	SB U23 M	Guildford & Godalming
3	10.70	w 2.6 Joshua Shaghghi	PB U23 M	Tonbridge/Exeter Uni
4	10.73	w 2.6 Joshua Hawkins	SB U23 M	Brighton & Hove/Chichester Uni
5	10.83	w 2.6 Akin Akinboh	SB U23 M	Colchester H
6	10.87	w 2.6 Eli Onyewu	SB U23 M	Cardiff/Cardiff Met Uni
7	10.88	w 2.6 Daniel Lamb	SB SEN M	St. Helens Sutton/Birmingham Uni
8	11.14	w 2.6 David Boakye	SB U23 M	Marshall Milton Keynes/Aston Uni/Italy

100 SM s3 (30 Apr)

Pos	Perf	Name	AG	Club
1	10.57	0.4 Tyler Panton	SB U20 M	Woking/Brunel Uni London
2	10.62	0.4 Korede Awe	SEN M	Invicta East Kent/East London U
3	10.69	0.4 Michael Damoah	PB SEN M	Blackheath & Bromley/LSE
4	10.74	0.4 Darian Moore	PB U23 M	Worcester/Birmingham Uni
5	10.78	0.4 Murray Fotheringham	PB U20 M	Giffnock North

6	10.81	0.4	Ethan Pottie	SB	U23	M	Victoria Park City of Glasgow/Glasgow Uni
7	11.06	0.4	Harry Handsaker	SB	U23	M	Burton
8	11.13	0.4	Harry Williams	SB	U23	M	Manchester H/Huddersfield Uni
100 SM s4 (30 Apr)							
Pos	Perf		Name	AG			Club
1	10.52	0.5	Tobi Ogunkanmi	SB	U23	M	Windsor Slough Eton & Hounslow/Brunel Uni London
2	10.54	0.5	Louie Hinchliffe	SB	U23	M	Sheffield & Dearne/Lancaster Uni
3	10.85	0.5	Daniel Afolabi	SB	U23	M	Sale Harriers Manchester/Birmingham City Uni
4	11.02	0.5	Oluwole Orimoloye	SB	U23	M	Thames Valley/Birmingham City Uni
5	11.07	0.5	Tom White		U23	M	Kingston & Poly/Cardiff Uni
6	11.09	0.5	Loreni Jorge		U20	M	Notts
7	11.09	0.5	Nicholas Pryce	SEN		M	Royal Sutton Coldfield/Staffordshire Uni
-	DNS		Jak Mensah		U23	M	Blackheath & Bromley/Loughborough Students

100 SM h1 (30 Apr)

Pos	Perf		Name	AG			Club
1	10.92	1.1	Murray Fotheringham	SB	U20	M	Giffnock North
2	11.32	1.1	David Boakye		U23	M	Marshall Milton Keynes/Aston Uni/Italy
3	11.65	1.1	Samuel Brudney	PB	U23	M	UWE Bristol
4	11.69	1.1	David Naylor	SB	U20	M	Crewe & Nantwich
5	11.77	1.1	Alex Parkinson	SB	SEN	M	Sale Harriers Manchester/Birmingham Uni
6	11.99	1.1	Jordan Yates		U23	M	Leeds City/Leeds Beckett Uni

100 SM h2 (30 Apr)

Pos	Perf		Name	AG			Club
1	10.72	1.3	Ethan Pottie	PB	U23	M	Victoria Park City of Glasgow/Glasgow Uni
2	10.91	1.3	Korede Awe		SEN	M	Invicta East Kent/East London U
3	11.13	1.3	Kaya Cairney	SB	U23	M	Swansea
4	11.24	1.3	Gareth Hopkins	SB	SEN	M	Cardiff/Cardiff Met Uni
5	11.64	1.3	Abraham Orekan	SB	SEN	M	Manchester Uni
6	11.64	1.3	Patrick Pardillo		U23	M	Leeds Uni
7	12.03	1.3	George Mitchell	SB	U23	M	Worcester/Liverpool Uni

100 SM h3 (30 Apr)

Pos	Perf		Name	AG			Club
1	10.50	w 2.2	Richard Akinyebo		U23	M	BFT Track Academy/Nottingham Trent Uni

2	10.89	w 2.2	Daniel Lamb	SEN M	St. Helens Sutton/Birmingham Uni
3	10.95	w 2.2	Harry Williams	SB U23 M	Manchester H/Huddersfield Uni
4	11.14	w 2.2	Jonathan Bull	PB SEN M	Highgate/LSE
5	11.66	w 2.2	Jaden Moonsammy	PB U23 M	Notts/Liverpool Uni
6	11.72	w 2.2	Achim Loibl	SB U23 M	Kettering

100 SM h4 (30 Apr)

Pos	Perf		Name	AG	Club
1	10.46	w 2.8	David Morgan-Harrison	U23 M	Kingston upon Hull/Hull Uni
2	10.77	w 2.8	Akin Akinboh	PB U23 M	Colchester H
3	10.93	w 2.8	Marius Ball	PB U20 M	Kingston & Poly/Southampton Uni
4	11.38	w 2.8	Kam Luhng Pitter	U23 M	Gateshead/Northumbria Uni/Unknown Country
5	11.65	w 2.8	Jacob Norcliffe	SB U23 M	City of Salisbury/Chichester Uni
6	11.97	w 2.8	Jan Bauer	SB U23 M	Thames Valley/Bristol Uni

100 SM h5 (30 Apr)

Pos	Perf		Name	AG	Club
1	10.71	1.1	Tobi Ogunkanmi	SB U23 M	Windsor Slough Eton & Hounslow/Brunel Uni London
2	10.74	1.1	Michael Damoah	PB SEN M	Blackheath & Bromley/LSE
3	11.13	1.1	Chizute Ogbede	SB U23 M	Blackheath & Bromley/Cambridge Uni
4	11.20	1.1	William Wilshere	PB U23 M	Orion
5	11.51	1.1	Oliver Miller	U23 M	Ipswich/Loughborough Students
6	11.53	1.1	Andrew Baird	PB U23 M	Kilmarnock/Glasgow Uni
7	11.78	1.1	Kennard Mah	PB U23 M	Imperial/Japan

100 SM h6 (30 Apr)

Pos	Perf		Name	AG	Club
1	10.84	0.9	Alex Haydock-Wilson	SEN M	Windsor Slough Eton & Hounslow/Loughborough Studen
2	11.09	0.9	Oluwole Orimoloye	SB U23 M	Thames Valley/Birmingham City Uni
3	11.10	0.9	Kelvin Nti Tannor	PB U23 M	Swansea Uni/Italy
4	11.56	0.9	Cai Jones	SB U20 M	Menai/Bangor Uni
5	11.81	0.9	Ayomide Lemoshe	PB SEN M	Essex Uni

100 SM h7 (30 Apr)

Pos	Perf		Name	AG	Club
1	10.75	1.5	Matthew Harris	SB U23 M	Guildford & Godalming
2	10.83	1.5	Cameron Bailey	U23 M	Ipswich/Birmingham Uni

3	10.92	1.5	Harry Handsaker	SB	U23	M	Burton
4	11.33	1.5	Pierre Walker	SB	SEN	M	Belgrave/King's College London
5	11.37	1.5	David Corsy-Dewu	SB	U23	M	Windsor Slough Eton & Hounslow/Bucks New Uni
6	11.76	1.5	Virgil Doe	SB	U23	M	South London
7	12.21	1.5	Jaskaran Singh Kharay	PB	U23	M	Warwick Uni
8	14.67	1.5	Rio Boothe	PB	U20	M	Manchester H/Liverpool John Moores Uni

100 SM h8 (30 Apr)

Pos	Perf	Name	AG	Club
1	10.71	-1.2 Louie Hinchliffe	U23	M Sheffield & Dearne/Lancaster Uni
2	11.01	-1.2 Darian Moore	SB	U23 M Worcester/Birmingham Uni
3	11.03	-1.2 Joshua Shaghaghi	SB	U23 M Tonbridge/Exeter Uni
4	11.28	-1.2 Orlando Bell	PB	U23 M Oxford Uni
5	11.31	-1.2 Rob Worman	SB	U23 M Harrow/Sheffield Uni
6	11.86	-1.2 Deniz Incesu	U23	M Exeter Uni/Turkey
7	12.06	-1.2 Nanshuwan Kuttu	PB	U23 M Oxford Brookes Uni
8	12.81	-1.2 Manraj Singh	PB	U23 M Cardiff Uni

100 SM h9 (30 Apr)

Pos	Perf	Name	AG	Club
1	11.03	0.8 Nicholas Pryce	SB	SEN M Royal Sutton Coldfield/Staffordshire Uni
2	11.06	0.8 Jak Mensah	SB	U23 M Blackheath & Bromley/Loughborough Students
3	11.47	0.8 Tom Cooney	PB	SEN M East Anglia Uni
4	12.15	0.8 Victor Wenhan Zhang	SB	U23 M Cardiff/Plymouth Uni

100 SM h10 (30 Apr)

Pos	Perf	Name	AG	Club
1	10.57	2.0 Tyler Panton	SB	U20 M Woking/Brunel Uni London
2	10.80	2.0 Bryn Smith	U23	M Eastbourne/Brighton Uni
3	10.94	2.0 Loreni Jorge	U20	M Notts
4	11.32	2.0 Lemuel Crentsil	PB	SEN M Oxford Uni
5	11.51	2.0 Nikita Martynov	SB	U23 M Leicester Uni/Luxembourg
6	11.67	2.0 Nathan Cuthbert	SB	U23 M Kingston upon Hull/Leicester Uni
7	12.20	2.0 Frankie Arkwright	PB	U23 M Liverpool Pembroke Sefton
8	12.45	2.0 Kanish Kumar	PB	U23 M UWE Bristol

100 SM h11 (30 Apr)

Pos	Perf	Name	AG	Club
1	10.92	0.3 Daniel Afolabi	SB U23 M	Sale Harriers Manchester/Birmingham City Uni
2	11.00	0.3 Eli Onyewu	SB U23 M	Cardiff/Cardiff Met Uni
3	11.19	0.3 Elijah Lewis	SB U23 M	Rotherham
4	11.71	0.3 Aron Traves	SB U23 M	Burton/Nottingham Uni
5	11.87	0.3 Chinghao Chen	PB U23 M	Sheffield Uni/Taiwan
6	11.99	0.3 Alex Field	PB U23 M	Bodyworks/Imperial College
7	12.80	0.3 Adain Russell	PB U20 M	Newcastle Uni

100 SM h12 (30 Apr)

Pos	Perf	Name	AG	Club
1	10.83	1.3 Stewart Greenhalgh	SB U23 M	Bromsgrove & Redditch/Stirling Uni
2	10.97	1.3 Tom White	U23 M	Kingston & Poly/Cardiff Uni
3	11.04	1.3 Benjamin To	U23 M	Bolton/Central Lancashire Uni
4	11.63	1.3 William Brown	SB U23 M	Jersey/Surrey Uni
5	12.24	1.3 Alex Eyo	PB U23 M	Bristol Uni
6	34.20	1.3 Frederik Nielsen	U23 M	Leeds Uni/Denmark

100 SM h13 (30 Apr)

Pos	Perf	Name	AG	Club
1	10.90	0.5 Joshua Hawkins	U23 M	Brighton & Hove/Chichester Uni
2	11.08	0.5 Kaito Kawakami	PB U23 M	King's College London/Japan
3	11.28	0.5 Chris Osei	SB U23 M	Watford
4	11.29	0.5 Harry Osborne	SB U23 M	Medway & Maidstone/Southampton Uni
5	11.49	0.5 Tobi Fatona	SB U23 M	Aberdeen
6	12.34	0.5 Zaid Jaria	PB U23 M	Northumbria Uni/India
-	DQ	John-Jesse Nwawulor	U23 M	Harrow/Middlesex Uni

100 SM Ph1 (30 Apr)

Pos	Perf	Name	AG	Club
1	11.26	1.7 Thomas Young T38	U23 M	Loughborough Students
2	11.76	1.7 Joel Mattacks T20/F20	SB U23 M	Team Bath/Cardiff Met Uni
3	11.89	1.7 Nils Rehm T47	SB U23 M	South Glos/Cardiff Uni
4	12.09	1.7 Ben Pearson T64/F64	PB SEN M	Loughborough Students
5	12.78	1.7 Henry Ackroyd T38	SB U23 M	Bingley/Leeds Beckett Uni
6	16.46	1.7 Ewan Richardson T35/F35	SB SEN M	Oxford Uni

100 SM Ph2 (30 Apr)

Pos	Perf	Name	AG	Club
1	11.35	w 2.1 Emmanuel Oyinbo-Coker T47/F46	U23 M	Newham & Essex Beagles/Loughborough Students
2	11.57	w 2.1 John Bridge T47	PB U23 M	Cardiff/Cardiff Met Uni/DSW Para Academy
3	13.17	w 2.1 Robbie Cliffe T20/F20	SB SEN M	Halifax/Leeds Beckett Uni
4	14.08	w 2.1 Joseph Strong T35/F35	SB U23 M	Stevenage & North Herts/King's College London

100 SW s1 (30 Apr)

Pos	Perf	Name	AG	Club
1	11.71	1.0 Leonie Ashmeade	PB U23 W	Wakefield/Sheffield Hallam Uni
2	11.79	1.0 Abi Galpin	PB U23 W	Guernsey/Bath Uni
3	11.98	1.0 Megan Webber	PB U23 W	Torbay/Cardiff Met Uni/Newton Abbot
4	12.30	1.0 Rachel Lorimer	PB U23 W	Arbroath & District/Stirling Uni
5	12.35	1.0 Harriet Jones	SB SEN W	Windsor Slough Eton & Hounslow/Surrey Uni
6	12.47	1.0 Jane Davidson	U23 W	Aberdeen/Aberdeen Uni
7	12.51	1.0 Hannah Jones	SB U23 W	Windsor Slough Eton & Hounslow/Birmingham Uni
8	12.52	1.0 Khia'aama Kofi	U23 W	Bristol & West/Cardiff Met Uni

100 SW s2 (30 Apr)

Pos	Perf	Name	AG	Club
1	11.77	1.2 Aleeya Sibbons	U23 W	Newham & Essex Beagles/Bath Uni
2	12.00	1.2 Sarah Malone	SEN W	Edinburgh AC/Liverpool John Moores Uni
3	12.34	1.2 Issie Tustin	U23 W	Cardiff/Cardiff Met Uni
4	12.47	1.2 Stella Perrett	PB U23 W	North Shields Poly/Leeds Uni
5	12.60	1.2 Jocelyne Guimaraes	SB SEN W	Enfield & Haringey/Italy
6	12.60	1.2 Emily Read	SB U23 W	Woking/Sheffield Uni
7	12.79	1.2 Anna Cameron	U23 W	Victoria Park City of Glasgow/Strathclyde Uni
-	DNF	Diani Walker	SEN W	Birchfield H/Middlesex Uni

100 SW s3 (30 Apr)

Pos	Perf	Name	AG	Club
1	11.73	0.4 Alyson Bell	SB U20 W	Giffnock North/Edinburgh Uni
2	11.89	0.4 Nicola Caygill	SB U23 W	Jarrow & Hebburn/Northumbria Uni
3	12.01	0.4 Rebecca Matheson	PB SEN W	Woodford Green Essex Ladies/Robert Gordon Uni/Aber
4=	12.25	0.4 Akaysha Ellis	SB U23 W	Enfield & Haringey/East London U
4=	12.25	0.4 Madeleine Whapples	SB U20 W	Solihull & Small Heath

6	12.47	0.4	Zoe Dake	SB	U20	W	Croydon/Nottingham Uni
7	12.54	0.4	Tina Louis	SB	U23	W	Luton
8	12.66	0.4	Rebecca Roots	SEN	W	Torbay/Cardiff Uni	
100 SW h1 (30 Apr)							
Pos	Perf		Name	AG			Club
1	12.27	-0.2	Aleeya Sibbons	U23	W		Newham & Essex Beagles/Bath Uni
2	12.74	-0.2	Hannah Jones	U23	W		Windsor Slough Eton & Hounslow/Birmingham Uni
3	12.81	-0.2	Hannah Childs	SB	U23	W	Southampton/Chichester Uni
4	12.93	-0.2	Sydney Davies	SB	U23	W	Cannock & Stafford/Staffordshire Uni
5	13.31	-0.2	Jessica Lister	SB	U20	W	Crawley
6	13.44	-0.2	Jagoda Trella	PB	SEN	W	Newcastle Uni
7	13.96	-0.2	Beth Leckie	SEN	W		Gateshead/Northumbria Uni
100 SW h2 (30 Apr)							
Pos	Perf		Name	AG			Club
1	11.92	1.5	Alyson Bell	SB	U20	W	Giffnock North/Edinburgh Uni
2	12.69	1.5	Anna Cameron	PB	U23	W	Victoria Park City of Glasgow/Strathclyde Uni
3	13.32	1.5	Nadja Schmidbauer	SEN	W		London City AC/King's College London/Germany
4	13.48	1.5	Maria Grunack	PB	SEN	W	Liverpool John Moores Uni/Germany
5	13.55	1.5	Sara Bartolo	PB	U23	W	Cardiff Met Uni/Malta
6	14.08	1.5	Abbie Smith	SB	U20	W	Kilmarnock/Glasgow Uni
100 SW h3 (30 Apr)							
Pos	Perf		Name	AG			Club
1	11.84	1.2	Leonie Ashmeade	SB	U23	W	Wakefield/Sheffield Hallam Uni
2	12.58	1.2	Zoe Dake	U20	W		Croydon/Nottingham Uni
3	12.90	1.2	Abigail Walters	SB	U23	W	Medway & Maidstone
4	12.95	1.2	Stephanie Robertson	SB	U23	W	Southport Waterloo/Birmingham Uni
5	13.54	1.2	Kudzi Garikayi	PB	U23	W	East Anglia Uni
6	13.82	1.2	Chrissy Murray	SB	U23	W	Watford
100 SW h4 (30 Apr)							
Pos	Perf		Name	AG			Club
1	12.05	1.7	Megan Webber	PB	U23	W	Torbay/Cardiff Met Uni/Newton Abbot
2	12.49	1.7	Akaysha Ellis	U23	W		Enfield & Haringey/East London U
3	12.54	1.7	Tina Louis	SB	U23	W	Luton

4	12.69	1.7	Ashleigh Beaven	SB	SEN	W	Bromsgrove & Redditch/Brunel Uni London
5	13.50	1.7	Chelsea Penny	SB	U23	W	Kendal
6	13.88	1.7	Kianti Subowo	SB	U23	W	Exeter Uni
7	14.31	1.7	Katie Harris	SB	U23	W	Worcester

100 SW h5 (30 Apr)

Pos	Perf		Name	AG			Club
1	11.96	w 2.3	Nicola Caygill	SB	U23	W	Jarrow & Hebburn/Northumbria Uni
2	12.35	w 2.3	Rachel Lorimer	PB	U23	W	Arbroath & District/Stirling Uni
3	12.41	w 2.3	Stella Perrett	PB	U23	W	North Shields Poly/Leeds Uni
4	12.41	w 2.3	Rebecca Roots		SEN	W	Torbay/Cardiff Uni
5	13.13	w 2.3	Lucy Drover	SB	U23	W	Isle of Wight
6	13.16	w 2.3	Kefeshe Bernard	PB	U23	W	Cambridge Uni/Hertford & Ware
7	13.64	w 2.3	Emily Harris	SB	U23	W	Richmond & Zetland

100 SW h6 (30 Apr)

Pos	Perf		Name	AG			Club
1	12.00	1.7	Abi Galpin		U23	W	Guernsey/Bath Uni
2	12.19	1.7	Madeleine Whapples	PB	U20	W	Solihull & Small Heath
3	12.34	1.7	Jane Davidson	PB	U23	W	Aberdeen/Aberdeen Uni
4	12.82	1.7	Bria Bullard	SB	U23	W	Sale Harriers Manchester/Loughborough Students
5	13.17	1.7	Matilda Robinson	SB	U23	W	Bracknell AC
6	13.91	1.7	Sami Purkiss	PB	U23	W	Guildford & Godalming/Exeter Uni
7	14.11	1.7	Laura Volmer	PB	U23	W	Essex Uni/Estonia

100 SW h7 (30 Apr)

Pos	Perf		Name	AG			Club
1	11.97	0.9	Diani Walker		SEN	W	Birchfield H/Middlesex Uni
2	12.46	0.9	Jocelyne Guimaraes	SB	SEN	W	Enfield & Haringey/Italy
3	12.89	0.9	Isla Golder	SB	SEN	W	Sale Harriers Manchester
4	13.00	0.9	Paris Kaur	PB	SEN	W	Bradford Airedale/Manchester Metropolitan Uni
5	13.21	0.9	Charlotte Sidaway	SB	U23	W	Bournemouth/Oxford Brookes Uni
6	13.78	0.9	Alicia Mcleod	PB	U23	W	Newcastle Uni

100 SW h8 (30 Apr)

Pos	Perf		Name	AG			Club
1	12.19	1.2	Issie Tustin	SB	U23	W	Cardiff/Cardiff Met Uni

2	12.36	1.2	Harriet Jones	SEN	W	Windsor Slough Eton & Hounslow/Surrey Uni
3	12.62	1.2	Khia'aama Kofi	U23	W	Bristol & West/Cardiff Met Uni
4	13.07	1.2	Konstantina Roumanou	PB	U23	W Stirling Uni/Greece
5	13.24	1.2	Bethany Shaw	SB	U23	W St. Albans AC/St. Albans Striders/Bristol Uni
6	13.43	1.2	Cheuk Yin Wan	PB	U20	W King's College London/Hong Kong
7	13.95	1.2	Melina Pelling	SB	SEN	W Warwick Uni
8	15.38	1.2	Ella Paul	SB	U23	W Wirral

100 SW h9 (30 Apr)

Pos	Perf	Name	AG	Club
1	11.91	0.5 Sarah Malone	PB SEN	W Edinburgh AC/Liverpool John Moores Uni
2	12.09	0.5 Rebecca Matheson	SB SEN	W Woodford Green Essex Ladies/Robert Gordon Uni/Aber
3	12.62	0.5 Emily Read	SB	U23 W Woking/Sheffield Uni
4	13.20	0.5 Eloise Lewis	SB	U23 W Woodford Green Essex Ladies/St. Mary's Uni
5	13.70	0.5 Jessica Poon	SB	U23 W Herts Phoenix/Cambridge Uni
6	13.82	0.5 Lara Bardelli	SB	U23 W Glasgow Uni
7	14.14	0.5 Emily Dickerson	SB	U23 W Bedford & County/Leicester Uni
8	14.35	0.5 Amaka Okonkwo	SB	U20 W Guildford & Godalming

100 SM (1 May)

Pos	Perf	Name	AG	Club
1	10.59	-0.8 David Morgan-Harrison	U23	M Kingston upon Hull/Hull Uni
2	10.61	-0.8 Richard Akinyebo	U23	M BFT Track Academy/Nottingham Trent Uni
3	10.73	-0.8 Tyler Panton	U20	M Woking/Brunel Uni London
4	10.80	-0.8 Louie Hinchliffe	U23	M Sheffield & Dearne/Lancaster Uni
5	10.81	-0.8 Korede Awe	SEN	M Invicta East Kent/East London U
6	10.84	-0.8 Tobi Ogunkanmi	U23	M Windsor Slough Eton & Hounslow/Brunel Uni London
7	11.00	-0.8 Matthew Harris	U23	M Guildford & Godalming
8	11.00	-0.8 Alex Haydock-Wilson	SEN	M Windsor Slough Eton & Hounslow/Loughborough Studen

100 SM P (1 May)

Pos	Perf	Name	AG	Club
1	11.27	-1.6 Thomas Young T38	U23	M Loughborough Students
2	11.43	-1.6 Emmanuel Oyinbo-Coker T47/F46	U23	M Newham & Essex Beagles/Loughborough Students
3	11.81	-1.6 John Bridge T47	U23	M Cardiff/Cardiff Met Uni/DSW Para Academy
4	11.82	-1.6 Joel Mattacks T20/F20	U23	M Team Bath/Cardiff Met Uni

5	12.00	-1.6 Nils Rehm T47	U23 M	South Glos/Cardiff Uni
6	12.41	-1.6 Ben Pearson T64/F64	SEN M	Loughborough Students
8	13.16	-1.6 Henry Ackroyd T38	U23 M	Bingley/Leeds Beckett Uni
7	14.37	-1.6 Joseph Strong T35/F35	U23 M	Stevenage & North Herts/King's College London

100 SW (1 May)

Pos	Perf	Name	AG	Club
1	11.70	0.5 Aleeya Sibbons	SB U23 W	Newham & Essex Beagles/Bath Uni
2	11.72	0.5 Alyson Bell	SB U20 W	Giffnock North/Edinburgh Uni
3	11.81	0.5 Leonie Ashmeade	U23 W	Wakefield/Sheffield Hallam Uni
4	11.93	0.5 Abi Galpin	U23 W	Guernsey/Bath Uni
5	12.06	0.5 Megan Webber	U23 W	Torbay/Cardiff Met Uni/Newton Abbot
6	12.07	0.5 Nicola Caygill	U23 W	Jarrow & Hebburn/Northumbria Uni
7	12.09	0.5 Sarah Malone	SEN W	Edinburgh AC/Liverpool John Moores Uni
8	12.14	0.5 Rebecca Matheson	SEN W	Woodford Green Essex Ladies/Robert Gordon Uni/Aber

100 SW P (1 May)

Pos	Perf	Name	AG	Club
1	14.62	-1.5 Simran Kaur T46/F46	SB U23 W	Bristol & West/Nottingham Uni
2	16.66	-1.5 India Oates T35/F35	U23 W	Darlington H
3	20.50	-1.5 Emma Denham T37/F37	SEN W	Yeovil/Bournemouth Uni

100WC SM (2 May)

Pos	Perf	Name	AG	Club
1	18.11	-1.5 Xander Van Der Poll T54/F55	SB SEN M	Coventry
2	18.15	-1.5 Nathan Blackie T34/F33	SB SEN M	Poole AC/Southampton Solent Uni
3	18.47	-1.5 Zien Zhou T34	SB U23 M	Coventry

200 SM h1 (1 May)

Pos	Perf	Name	AG	Club
1	22.23	0.4 Derek Kinlock	U23 M	Croydon/East London U
2	23.41	0.4 Ben Whittaker	U23 M	City of York/Sheffield Uni
3	23.57	0.4 Virgil Doe	PB U23 M	South London
4	23.72	0.4 Abraham Jones	U23 M	Peterborough & Nene Valley
5	23.97	0.4 Jaden Moonsammy	PB U23 M	Notts/Liverpool Uni

200 SM h2 (1 May)

Pos	Perf	Name	AG	Club
1	22.29	-0.3 Jeremiah Azu	U23 M	Cardiff
2	22.67	-0.3 Michael Damoah	SEN M	Blackheath & Bromley/LSE
3	23.02	-0.3 Lemuel Crentsil	PB SEN M	Oxford Uni
4	23.10	-0.3 Ollie Sprio	SB U23 M	Banbury/Nottingham Uni
5	24.48	-0.3 George Mitchell	U23 M	Worcester/Liverpool Uni
6	24.87	-0.3 Jan Bauer	SB U23 M	Thames Valley/Bristol Uni

200 SM h3 (1 May)

Pos	Perf	Name	AG	Club
1	21.89	-1.5 Joseph Brier	SEN M	Swansea/Cardiff Met Uni
2	22.54	-1.5 James Osola	SEN M	Bristol & West/Bath Uni
3	22.85	-1.5 Kristian Samwell-Nash	U23 M	Ashford AC
4	23.21	-1.5 James Aleixo	SB SEN M	Nottingham Uni
5	23.24	-1.5 Andrew Baird	U23 M	Kilmarnock/Glasgow Uni
6	23.92	-1.5 Cellan Robinson	PB U23 M	City of Portsmouth/Exeter Uni

200 SM h4 (1 May)

Pos	Perf	Name	AG	Club
1	22.09	0.5 Nicholas Pryce	SEN M	Royal Sutton Coldfield/Staffordshire Uni
2	22.10	0.5 Stewart Greenhalgh	U23 M	Bromsgrove & Redditch/Stirling Uni
3	22.63	0.5 Harry Osborne	U23 M	Medway & Maidstone/Southampton Uni
4	23.23	0.5 Callum Letham	SEN M	Dundee Hawkhill/Glasgow Uni
5	23.78	0.5 Tristan McLellan	SB U23 M	City of Norwich/East Anglia Uni
6	23.97	0.5 Sebastien Philo	SB U23 M	Cambridge & Coleridge/Newcastle Uni
-	DQ	Jacob Kelly	U23 M	Marlborough Athletics

200 SM h5 (1 May)

Pos	Perf	Name	AG	Club
1	21.97	-0.9 Jason Kalala	U20 M	Victoria Park & Tower Hamlets/Brunel Uni London
2	22.00	-0.9 Darian Moore	U23 M	Worcester/Birmingham Uni
3	22.72	-0.9 Benjamin To	SB U23 M	Bolton/Central Lancashire Uni
4	23.50	-0.9 Sam Nelson	U23 M	Radley/Oxford Uni
5	23.62	-0.9 Jacob Wilkinson	U23 M	Swansea/Swansea Uni
6	23.94	-0.9 Achim Loibl	SB U23 M	Kettering

7 24.56 -0.9 David Nana U20 M King's College London

200 SM h6 (1 May)

Pos	Perf	Name	AG	Club
1	21.94	-1.0 Zachary Price	SB U23 M	Menai/Sheffield Hallam Uni
2	22.11	-1.0 Cameron Bailey	U23 M	Ipswich/Birmingham Uni
3	22.57	-1.0 Jonathan Knox	U23 M	Coventry/Cardiff Uni
4	23.10	-1.0 Gabriele Parisi	SB SEN M	Guildford & Godalming
5	23.41	-1.0 Uzoh Herbert	U23 M	BFT Track Academy
6	24.20	-1.0 Alex Stapleton	PB U23 M	Shaftesbury Barnet/East Anglia Uni
7	24.30	-1.0 William Thorp	U20 M	Daventry/Manchester Uni

200 SM h7 (1 May)

Pos	Perf	Name	AG	Club
1	22.00	-0.5 Reality Osuoha	SB U23 M	Sheffield & Dearne/Sheffield Hallam Uni/Ireland
2	22.20	-0.5 Liam Suttie	SEN M	Aberdeen/Abertay Uni
3	22.26	-0.5 Matthew Alvarez	U23 M	Taunton/Doncaster/Bath Uni
4	24.15	-0.5 Jacob Norcliffe	U23 M	City of Salisbury/Chichester Uni
5	24.24	-0.5 Alex Field	U23 M	Bodyworks/Imperial College
6	24.83	-0.5 Aidan Giblett	PB SEN M	Manchester Metropolitan Uni

200 SM h8 (1 May)

Pos	Perf	Name	AG	Club
1	22.37	-0.6 Frederik Nielsen	U23 M	Leeds Uni/Denmark
2	23.10	-0.6 Marius Ball	PB U20 M	Kingston & Poly/Southampton Uni
3	23.27	-0.6 Pierre Walker	SEN M	Belgrave/King's College London
4	23.61	-0.6 Owen Henderson	U23 M	Gateshead/Northumbria Uni
5	24.68	-0.6 Sam Yates	SB U23 M	Morpeth
6	24.90	-0.6 William Humphreys	PB U20 M	Plymouth Uni
7	25.14	-0.6 Brook You Li	SB U23 M	Belgrave/UCL/China

200 SM h9 (1 May)

Pos	Perf	Name	AG	Club
1	21.60	0.9 Marvin Addison	PB U23 M	BFT Track Academy
2	22.17	0.9 Greg Kelly	SEN M	East Kilbride/Strathclyde Uni
3	22.77	0.9 Alexander Poustie-Williamson	U20 M	Edinburgh AC/Edinburgh Uni
4	23.58	0.9 Dominic Ariyo-Francis	SB U23 M	Woking

5	24.18	0.9	Kennard Mah	PB	U23	M	Imperial/Japan
6	24.21	0.9	Charles Poon		U23	M	Leeds Uni/Hong Kong
7	28.94	0.9	Martin Willis	SB	V45	M	Walton/Queen Margaret Uni/Veterans

200 SM h10 (1 May)

Pos	Perf		Name	AG			Club
1	21.98	-2.4	Louis Menzies Walker	U23	M		Harrow
2	22.81	-2.4	Alex Marshall	SB	U23	M	Medway & Maidstone/Canterbury Christ Church
3	22.89	-2.4	Tom White		U23	M	Kingston & Poly/Cardiff Uni
4	24.04	-2.4	Charlie Bates		U23	M	North Somerset/Exeter Uni
5	25.72	-2.4	Frankie Arkwright		U23	M	Liverpool Pembroke Sefton
6	27.06	-2.4	Joey Malyon	SB	U23	M	Trent Park/Portsmouth Uni

200 SM h11 (1 May)

Pos	Perf		Name	AG			Club
1	22.21	1.0	Bailey Swift	U23	M		Northampton
2	22.77	1.0	Bryn Smith	U23	M		Eastbourne/Brighton Uni
3	23.26	1.0	James Miller	U23	M		Bracknell AC/Northumbria Uni
4	23.48	1.0	Dafydd Roney-Morgan	PB	U23	M	Ryston/Plymouth Uni
5	23.62	1.0	Cai Jones	SB	U20	M	Menai/Bangor Uni
6	24.18	1.0	Oliver Coster		U23	M	Sheffield Uni
7	24.81	1.0	Nanshuwan Kuttu	PB	U23	M	Oxford Brookes Uni
8	25.66	1.0	Kanish Kumar	PB	U23	M	UWE Bristol

200 SM h12 (1 May)

Pos	Perf		Name	AG			Club
1	22.05	-0.5	Evan Blackman	U23	M		Corby/Durham Uni
2	22.92	-0.5	Jonathan Bull	SB	SEN	M	Highgate/LSE
3	23.69	-0.5	Yusef Hussien		SEN	M	Bristol & West/Swansea Uni/Netherlands
4	23.85	-0.5	Lei-vann McGillvary-Allert		U20	M	Longwood
5	24.59	-0.5	Nathan Cuthbert	SB	U23	M	Kingston upon Hull/Leicester Uni
6	24.90	-0.5	Rami Abboud	PB	U23	M	Dundee Hawkhill/Stirling Uni
7	25.16	-0.5	Alex Eyo	PB	U23	M	Bristol Uni

200 SW h1 (1 May)

Pos	Perf		Name	AG			Club
1	25.92	-0.4	Megan Webber	U23	W		Torbay/Cardiff Met Uni/Newton Abbot

2	26.28	-0.4	Ashleigh Beaven	SEN	W	Bromsgrove & Redditch/Brunel Uni London
3	27.16	-0.4	Alice Woodhouse	PB	U23	W Jarrow & Hebburn/Edge Hill Uni
4	27.75	-0.4	Samantha Turnbull		U23	W Tweed, Leader, Jed Track/Stirling Uni
5	29.48	-0.4	Jasmine Duru	SB	U20	W Herts Phoenix

200 SW h2 (1 May)

Pos	Perf		Name	AG		Club
1	24.54	-0.2	Ellie Booker	U23	W	Rotherham/Sheffield Hallam Uni
2	25.30	-0.2	Hannah Longden	U23	W	Cardiff/Cardiff Met Uni
3	25.85	-0.2	Tina Louis	PB	U23	W Luton
4	26.36	-0.2	Lauren Butler	U23	W	Birchfield H/Birmingham Uni
5	26.55	-0.2	Sian Vico	SB	U23	W Wycombe
6	27.32	-0.2	Anne Rodriguez	U23	W	Stirling Uni/Canada
7	29.42	-0.2	Abbie Smith	U20	W	Kilmarnock/Glasgow Uni
8	30.84	-0.2	Lauren Carling	PB	U20	W Newcastle Uni

200 SW h3 (1 May)

Pos	Perf		Name	AG		Club
1	24.99	0.4	Rebecca Jeggo	U23	W	Colchester H/Essex Uni
2	26.70	0.4	Jocelyne Guimaraes	SB	SEN	W Enfield & Haringey/Italy
3	27.10	0.4	Sacha Didcote	SB	U20	W Colwyn Bay/Loughborough Students
4	27.18	0.4	Kateřina Bartakovičová	PB	U23	W Northumbria Uni/Czech Republic
5	27.42	0.4	Jessica Lake		U23	W Mansfield/Sheffield Hallam Uni
6	27.87	0.4	Kefeshe Bernard	PB	U23	W Cambridge Uni/Hertford & Ware
7	28.14	0.4	Andrea Gilbert	SB	U23	W Taunton
8	30.14	0.4	Naomi Newman	SB	U23	W Oxford Brookes Uni

200 SW h4 (1 May)

Pos	Perf		Name	AG		Club
1	24.40	0.2	Roisin Harrison	SEN	W	Thames Valley/Aberdeen Uni/Aberdeen/Ireland
2	24.99	0.2	Ellie Turner	U23	W	Medway & Maidstone/Canterbury Christ Church
3	25.66	0.2	Issie Tustin	SB	U23	W Cardiff/Cardiff Met Uni
4	25.93	0.2	Emily Read		U23	W Woking/Sheffield Uni
5	26.60	0.2	Bria Bullard	SB	U23	W Sale Harriers Manchester/Loughborough Students
6	27.11	0.2	Paris Kaur	PB	SEN	W Bradford Airedale/Manchester Metropolitan Uni
7	28.12	0.2	Rebecca Bowden	PB	U23	W Liverpool H

8	30.48	0.2	Kira Nygren	PB	U23	W	Thames Valley
200 SW h5 (1 May)							
Pos	Perf		Name	AG			Club
1	24.74	1.7	Rachel Bennett	SB	U23	W	Gateshead/Manchester Metropolitan Uni
2	24.98	1.7	Sarah Malone		SEN	W	Edinburgh AC/Liverpool John Moores Uni
3	26.16	1.7	Zoe Dake	SB	U20	W	Croydon/Nottingham Uni
4	26.38	1.7	Eve Denholm		U23	W	Giffnock North/Glasgow Caledonian Uni
5	26.99	1.7	Rebecca Weekes	SB	U20	W	Bolton/Edge Hill Uni
6	28.61	1.7	Harriett Rimell		U23	W	Exeter Uni
7	30.01	1.7	Elena Bowles	SB	U23	W	Bedford & County/King's College London
200 SW h6 (1 May)							
Pos	Perf		Name	AG			Club
1	24.77	-0.1	Mary Abichi		SEN	W	Enfield & Haringey/King's College London
2	25.35	-0.1	Kayla Bowley	SB	U23	W	Croydon
3	25.39	-0.1	Stella Perrett	SB	U23	W	North Shields Poly/Leeds Uni
4	26.69	-0.1	Isla Golder	SB	SEN	W	Sale Harriers Manchester
5	27.70	-0.1	Charlotte Sidaway	PB	U23	W	Bournemouth/Oxford Brookes Uni
6	28.00	-0.1	Lynn Harvey	SB	U20	W	Pitreavie/Glasgow Uni
7	28.90	-0.1	Hannah Owen	PB	U23	W	Manchester Uni
200 SW h7 (1 May)							
Pos	Perf		Name	AG			Club
1	24.16	0.9	Hannah Brier		SEN	W	Swansea/Loughborough Students
2	24.70	0.9	Rebecca Matheson		SEN	W	Woodford Green Essex Ladies/Robert Gordon Uni/Aber
3	25.85	0.9	Laura Turley		SEN	W	West Cheshire/Chester Uni
4	26.54	0.9	Abigail Walters		U23	W	Medway & Maidstone
5	26.59	0.9	Anna Cameron		U23	W	Victoria Park City of Glasgow/Strathclyde Uni
6	27.21	0.9	Isabella Busa	SB	SEN	W	Kingston & Poly/Oxford Uni
7	27.65	0.9	Abigail Hutchby	PB	U23	W	Windsor Slough Eton & Hounslow/Nottingham Uni
8	29.24	0.9	Emma Louise Davies		U23	W	Newcastle Uni
200 SW h8 (1 May)							
Pos	Perf		Name	AG			Club
1	25.48	-1.7	Madeleine Whapples		U20	W	Solihull & Small Heath
2	25.58	-1.7	Akaysha Ellis	SB	U23	W	Enfield & Haringey/East London U

3	26.13	-1.7	Erin Minton-Branfoot	SB	SEN	W	Chelmsford/Hull Uni
4	26.36	-1.7	Tia Anderson		U23	W	Durham/Liverpool John Moores Uni
5	27.31	-1.7	Ella Barker	SB	U20	W	Woking/Hampshire Schs
6	27.71	-1.7	Lucy Drover	SB	U23	W	Isle of Wight
7	28.52	-1.7	Coralie Absolum		SEN	W	City of Norwich/East Anglia Uni
8	29.58	-1.7	Melina Pelling	PB	SEN	W	Warwick Uni

200 SM (2 May)

Pos	Perf	Name	AG	Club
1	21.00	0.2 Jeremiah Azu	PB U23 M	Cardiff
2	21.19	0.2 Joseph Brier	SB SEN M	Swansea/Cardiff Met Uni
3	21.26	0.2 Jason Kalala	SB U20 M	Victoria Park & Tower Hamlets/Brunel Uni London
4	21.54	0.2 Derek Kinlock	U23 M	Croydon/East London U
5	21.55	0.2 Bailey Swift	SB U23 M	Northampton
6	21.64	0.2 Marvin Addison	U23 M	BFT Track Academy
7	21.71	0.2 Greg Kelly	SB SEN M	East Kilbride/Strathclyde Uni
-	DNF	Evan Blackman	U23 M	Corby/Durham Uni

200 SM s1 (2 May)

Pos	Perf	Name	AG	Club
1	21.74	-2.0 Bailey Swift	U23 M	Northampton
2	21.75	-2.0 Marvin Addison	U23 M	BFT Track Academy
3	21.98	-2.0 Cameron Bailey	U23 M	Ipswich/Birmingham Uni
4	22.12	-2.0 Liam Suttie	SEN M	Aberdeen/Abertay Uni
5	22.13	-2.0 Nicholas Pryce	SEN M	Royal Sutton Coldfield/Staffordshire Uni
6	22.42	-2.0 Matthew Alvarez	U23 M	Taunton/Doncaster/Bath Uni
7	23.31	-2.0 Lemuel Crentsil	SEN M	Oxford Uni
8	23.52	-2.0 Ben Whittaker	U23 M	City of York/Sheffield Uni

200 SM s2 (2 May)

Pos	Perf	Name	AG	Club
1	21.35	-0.9 Joseph Brier	SB SEN M	Swansea/Cardiff Met Uni
2	21.51	-0.9 Derek Kinlock	U23 M	Croydon/East London U
3	21.53	-0.9 Evan Blackman	U23 M	Corby/Durham Uni
4	21.59	-0.9 Greg Kelly	SB SEN M	East Kilbride/Strathclyde Uni
5	22.12	-0.9 James Osola	PB SEN M	Bristol & West/Bath Uni

6	22.51	-0.9	Jonathan Knox	U23	M	Coventry/Cardiff Uni
7	22.57	-0.9	Kristian Samwell-Nash	SB	U23	M Ashford AC
8	22.61	-0.9	Marius Ball	PB	U20	M Kingston & Poly/Southampton Uni

200 SM s3 (2 May)

Pos	Perf		Name	AG		Club
1	21.58	0.8	Jeremiah Azu	SB	U23	M Cardiff
2	21.79	0.8	Darian Moore	PB	U23	M Worcester/Birmingham Uni
3	21.97	0.8	Stewart Greenhalgh		U23	M Bromsgrove & Redditch/Stirling Uni
4	22.04	0.8	Zachary Price		U23	M Menai/Sheffield Hallam Uni
5	22.58	0.8	Tom White	SB	U23	M Kingston & Poly/Cardiff Uni
6	22.89	0.8	Jonathan Bull	SB	SEN	M Highgate/LSE
7	23.04	0.8	Harry Osborne		U23	M Medway & Maidstone/Southampton Uni
-	DNF		Bryn Smith		U23	M Eastbourne/Brighton Uni

200 SM s4 (2 May)

Pos	Perf		Name	AG		Club
1	21.58	0.6	Jason Kalala		U20	M Victoria Park & Tower Hamlets/Brunel Uni London
2	21.75	0.6	Frederik Nielsen	PB	U23	M Leeds Uni/Denmark
3	21.79	0.6	Louis Menzies Walker		U23	M Harrow
4	22.07	0.6	Reality Osuoha		U23	M Sheffield & Dearne/Sheffield Hallam Uni/Ireland
5	22.08	0.6	Michael Damoah	PB	SEN	M Blackheath & Bromley/LSE
6	22.86	0.6	Benjamin To		U23	M Bolton/Central Lancashire Uni
7	23.15	0.6	Alexander Poustie-Williamson		U20	M Edinburgh AC/Edinburgh Uni
-	DNS		Alex Marshall		U23	M Medway & Maidstone/Canterbury Christ Church

200 SM P (2 May)

Pos	Perf		Name	AG		Club
1	23.08	-2.0	Thomas Young T38	PB	U23	M Loughborough Students
2	23.42	-2.0	Emmanuel Oyinbo-Coker T47/F46	SB	U23	M Newham & Essex Beagles/Loughborough Students
3	23.54	-2.0	John Bridge T47	PB	U23	M Cardiff/Cardiff Met Uni/DSW Para Academy
4	25.27	-2.0	Ben Pearson T64/F64	PB	SEN	M Loughborough Students
5	26.84	-2.0	Henry Ackroyd T38	SB	U23	M Bingley/Leeds Beckett Uni
7	27.77	-2.0	Robbie Cliffe T20/F20	SB	SEN	M Halifax/Leeds Beckett Uni
6	29.98	-2.0	Joseph Strong T35/F35	PB	U23	M Stevenage & North Herts/King's College London

200 SW (2 May)

Pos	Perf	Name	AG	Club
1	23.72	0.6 Hannah Brier	SEN W	Swansea/Loughborough Students
2	23.83	0.6 Roisin Harrison	SB SEN W	Thames Valley/Aberdeen Uni/Aberdeen/Ireland
3	23.97	0.6 Ellie Booker	U23 W	Rotherham/Sheffield Hallam Uni
4	24.44	0.6 Rebecca Jeggo	U23 W	Colchester H/Essex Uni
5	24.57	0.6 Mary Abichi	SB SEN W	Enfield & Haringey/King's College London
6	24.60	0.6 Rebecca Matheson	SEN W	Woodford Green Essex Ladies/Robert Gordon Uni/Aber
7	24.64	0.6 Rachel Bennett	SB U23 W	Gateshead/Manchester Metropolitan Uni
8	24.94	0.6 Ellie Turner	U23 W	Medway & Maidstone/Canterbury Christ Church

200 SW s1 (2 May)

Pos	Perf	Name	AG	Club
1	23.84	-0.2 Hannah Brier	SEN W	Swansea/Loughborough Students
2	24.56	-0.2 Rebecca Jeggo	U23 W	Colchester H/Essex Uni
3	25.15	-0.2 Hannah Longden	U23 W	Cardiff/Cardiff Met Uni
4	25.37	-0.2 Madeleine Whapples	U20 W	Solihull & Small Heath
5	25.73	-0.2 Akaysha Ellis	U23 W	Enfield & Haringey/East London U
6	26.08	-0.2 Tina Louis	U23 W	Luton
7	26.70	-0.2 Tia Anderson	U23 W	Durham/Liverpool John Moores Uni
-	DNS	Kayla Bowley	U23 W	Croydon

200 SW s2 (2 May)

Pos	Perf	Name	AG	Club
1	24.28	-1.7 Roisin Harrison	SEN W	Thames Valley/Aberdeen Uni/Aberdeen/Ireland
2	24.75	-1.7 Ellie Turner	SB U23 W	Medway & Maidstone/Canterbury Christ Church
3	24.85	-1.7 Mary Abichi	SEN W	Enfield & Haringey/King's College London
4	25.26	-1.7 Megan Webber	U23 W	Torbay/Cardiff Met Uni/Newton Abbot
5	25.74	-1.7 Stella Perrett	U23 W	North Shields Poly/Leeds Uni
6	25.93	-1.7 Laura Turley	SEN W	West Cheshire/Chester Uni
7	26.11	-1.7 Zoe Dake	SB U20 W	Croydon/Nottingham Uni
-	DNS	Ashleigh Beaven	SEN W	Bromsgrove & Redditch/Brunel Uni London

200 SW s3 (2 May)

Pos	Perf	Name	AG	Club
1	24.38	-1.3 Ellie Booker	U23 W	Rotherham/Sheffield Hallam Uni
2	24.70	-1.3 Rebecca Matheson	SEN W	Woodford Green Essex Ladies/Robert Gordon Uni/Aber

3	24.88	-1.3	Rachel Bennett	U23	W	Gateshead/Manchester Metropolitan Uni
4	25.76	-1.3	Issie Tustin	U23	W	Cardiff/Cardiff Met Uni
5	25.98	-1.3	Emily Read	U23	W	Woking/Sheffield Uni
6	26.14	-1.3	Erin Minton-Branfoot	SEN	W	Chelmsford/Hull Uni
7	26.87	-1.3	Jocelyne Guimaraes	SEN	W	Enfield & Haringey/Italy
-	DNS		Sarah Malone	SEN	W	Edinburgh AC/Liverpool John Moores Uni

400 SM h1 (30 Apr)

Pos	Perf	Name	AG	Club
1	48.78	Ben Higgins	U23	M Sheffield & Dearne/Loughborough Students
2	49.86	Callum Letham	SEN	M Dundee Hawkhill/Glasgow Uni
3	50.90	Tom Hunter	SB	U20 M Windsor Slough Eton & Hounslow/Manchester Uni
4	50.93	Marco Siniscalchi	PB	SEN M Oxford Uni/Italy
5	52.39	William Palmer	SB	U23 M Thames Valley
6	53.47	Alex Stapleton	PB	U23 M Shaftesbury Barnet/East Anglia Uni

400 SM h2 (30 Apr)

Pos	Perf	Name	AG	Club
1	49.71	Ellis Greatrex	SEN	M Woodford Green Essex Ladies/Loughborough Students
2	50.43	Harry North	U23	M Reading AC/St. Mary's Uni
3	50.76	Charlie Shingleton	SB	SEN M Braintree/Canterbury Christ Church
4	50.95	Will Critchley	U23	M Blackpool, Wyre & Fylde/Liverpool Uni
5	51.37	Elliot Doughty	PB	U23 M Swindon/Nottingham Trent Uni
6	55.28	Aidan Giblett	PB	SEN M Manchester Metropolitan Uni
7	56.84	Daniel Sepede	U23	M Charnwood/Leeds Uni

400 SM h3 (30 Apr)

Pos	Perf	Name	AG	Club
1	49.83	Callum Dodds	U23	M Enfield & Haringey/Brunel Uni London
2	50.12	Mitchell Lawrence	U23	M Swansea/Swansea Uni
3	50.40	William Brown	SB	U23 M Jersey/Surrey Uni
4	52.71	Alan Yau	SB	SEN M Thames Valley/Hong Kong
5	53.36	Daniel Kolosov	PB	U23 M Brighton & Hove/Chichester Uni
6	55.45	Jean Claude Doukrou	PB	SEN M Belgrave/Newcastle Uni
7	55.86	Hedley Wordsworth	SB	U23 M Middlesbrough (Mandale)/Northumbria Uni

8	56.18	Rory Bradford	SB	U23	M	St. Mary's Richmond/Leeds Uni
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400 SM h4 (30 Apr)

Pos	Perf	Name	AG	Club		
1	49.88	Ben Hawkes	U23	M	Leamington/Cardiff Met Uni	
2	50.60	Ryan Cherian	U23	M	Tonbridge	
3	52.17	Andrew Baird	U23	M	Kilmarnock/Glasgow Uni	
4	52.67	Alex O'Callaghan-Brown	SB	U23	M	Blackheath & Bromley
5	53.87	Thomas Marwood	SB	U23	M	Sheffield Uni
6	54.06	Tristan Fraai	PB	SEN	M	Thames Valley
7	56.26	David Nana	U20	M	King's College London	
8	58.83	Patrick Williams	SB	SEN	M	Oxford Brookes Uni

400 SM h5 (30 Apr)

Pos	Perf	Name	AG	Club		
1	48.59	Emmanuel Agyare	U23	M	Enfield & Haringey	
2	50.66	Femi Akinbobola	U23	M	Team Bath/Cardiff Met Uni	
3	50.82	Jack Gilland	PB	U23	M	Liverpool H
4	52.31	James Shaw	PB	U20	M	Halifax/Newcastle Uni
5	52.92	Makun Madar	SB	SEN	M	Notts/Durham Uni
6	54.29	Charlie Johnson	PB	U20	M	Aldershot, Farnham & District/Bristol Uni
7	55.10	Ashley Jeffery	PB	U23	M	Sheffield Uni
8	58.31	Luke Hopper	SB	U23	M	Newquay & Par/Leicester Uni

400 SM h6 (30 Apr)

Pos	Perf	Name	AG	Club		
1	48.90	Jimmy Seacombe	SEN	M	Worthing/Bath Uni	
2	50.08	Ewan Wood	U23	M	Tonbridge	
3	50.68	Giuseppe Bonifacio	PB	SEN	M	King's College London/Italy
4	52.03	Benjamin Davys	U20	M	Abingdon/Sheffield Hallam Uni	
5	52.07	Greg Mitchell	PB	U20	M	Edinburgh Uni
6	54.18	Lewis Martin	U20	M	Stirling Uni	
7	54.56	Samuel Tempest	U23	M	Wirral/Cardiff Uni	
8	56.56	Ryan Lee	PB	U23	M	UCL

400 SM h7 (30 Apr)

Pos	Perf	Name	AG	Club
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1	48.96	Connor Neal	U23 M	Thanet AC/St. Mary's Uni
2	49.63	Jack Higgins	U23 M	Southampton
3	52.46	Shaun Hudson	U23 M	Windsor Slough Eton & Hounslow/Swansea Uni
4	53.62	Oscar Frost	U23 M	Birmingham Uni
5	53.80	Joseph Lane	U23 M	Chelmsford/Sheffield Hallam Uni
6	55.30	Jolyon Leavesley	SB U23 M	Tamworth/Exeter Uni
7	56.02	Danuksha Amarasena	PB U23 M	City of Stoke/Manchester Uni
8	57.47	Tyler Dau	SEN M	UWE Bristol/United States

400 SM h8 (30 Apr)

Pos	Perf	Name	AG	Club
1	48.75	Hakan Dalbal	U23 M	Sheffield & Dearne/Leeds Uni
2	48.99	Moyo Sargent	SB U23 M	Eastbourne
3	52.87	Cameron Salter	PB U23 M	Exeter Uni
4	53.00	Ben Hillman	SB U20 M	Cardiff
5	54.82	Barny Dougal	SB U23 M	City of Portsmouth/Portsmouth Uni
6	55.33	Bradley Rising	PB U23 M	Bolton/Edge Hill Uni
7	55.93	Joseph Mitchell	PB U23 M	Northumbria Uni

400 SW h1 (30 Apr)

Pos	Perf	Name	AG	Club
1	55.19	Natasha Harrison	U23 W	Stockport/Loughborough Students
2	58.20	Teresa Iannetelli	SEN W	Swindon/Cardiff Uni
3	58.88	Vanessa Ansuaa	PB U20 W	Shaftesbury Barnet/Belgium
4	60.17	Hannah Morris	PB SEN W	Leicester/Bristol Uni
5	60.54	Georgia Morrison	U23 W	Aberdeen/Strathclyde Uni
6	63.29	Georgia Walsh	SB U23 W	Wigan & District/Durham Uni
7	66.28	Niamh Jones	SB U23 W	Swansea/Exeter Uni

400 SW h2 (30 Apr)

Pos	Perf	Name	AG	Club
1	56.06	Hannah Kelly	U23 W	Bolton/Birmingham Uni
2	58.21	Ellie Grove	SEN W	Blackheath & Bromley/Bath Uni
3	58.79	Katie Robbins	U23 W	Yate/Swansea Uni
4	59.46	Emma Barclay	SB U23 W	Aberdeen/Strathclyde Uni
5	61.07	Elizabeth McMahon	U23 W	West Cheshire/Sheffield Uni

6	61.24	Holly Cherry	SB	U23	W	Coventry/Leeds Uni
7	62.53	Katie Thompson	SB	U23	W	Wirral/Leeds Beckett Uni

400 SW h3 (30 Apr)

Pos	Perf	Name	AG	Club
1	58.12	Hannah Brown	SB	SEN W City of Norwich/East Anglia Uni
2	58.83	Rachel McCann	U23	W Harrow/Queen's Uni Belfast/Ireland
3	59.57	Sasha Smith-Pollard	PB	SEN W Newham & Essex Beagles
4	61.00	Angelica Oparinde	U20	W Derby/Stirling Uni
5	62.70	Bea Green	U23	W Ipswich/Sheffield Uni
6	63.42	Rebecca Toll	SEN	W Guernsey/Leeds Uni
7	63.75	Caitlin Battersby	PB	U20 W Bracknell AC/Cardiff Met Uni
8	68.78	Hannah Holman	U23	W Jarrow & Hebburn/Royal Navy

400 SW h4 (30 Apr)

Pos	Perf	Name	AG	Club
1	57.18	Ffion Mair Roberts	U23	W Cardiff/Bangor Uni
2	58.39	Millie Fakande	PB	SEN W Swansea
3	58.73	Erin Minton-Branfoot	SB	SEN W Chelmsford/Hull Uni
4	58.81	Olivia Kimbowa	U23	W Bolton/Birmingham Uni
5	59.48	Eve Denholm	U23	W Giffnock North/Glasgow Caledonian Uni
6	65.15	Kaytlin Roberts	U23	W Southampton
7	66.43	Rosangela Sumbo	PB	U23 W Bristol Uni

400 SW h5 (30 Apr)

Pos	Perf	Name	AG	Club
1	56.64	Rachel Crocken	SEN	W Wakefield/Loughborough Students
2	57.07	Asha Root	U23	W Tonbridge
3	58.26	Nia Riley	SB	U23 W Liverpool H/Liverpool Uni
4	59.07	Catriona Scott	PB	U23 W Stirling Uni
5	59.80	Kiesha Carty	PB	SEN W Sheffield & Dearne/Sheffield Hallam Uni
6	60.81	Emily Sharpe	U23	W Orion/Sussex Uni
7	61.05	Catherine Gallagher	U23	W Wirral/Oxford Uni

400 SW h6 (30 Apr)

Pos	Perf	Name	AG	Club
1	57.21	Emma Alderson	U23	W Liverpool H/Loughborough Students

2	57.90	Jill Cherry	SEN	W	Victoria Park City of Glasgow/Glasgow Uni
3	60.36	Charlie Coy	PB	SEN	W Blackburn/Sheffield Hallam Uni
4	60.55	Alice Harray	SB	U23	W Thames Valley/Oxford Uni
5	60.64	Cerys Vico	SB	U23	W Wycombe
6	64.29	Samantha Baker-Jones	SB	SEN	W Harrogate/Nottingham Uni
7	67.92	Soraya Lockwood	PB	U23	W Chiltern/Exeter Uni
8	69.57	Leah McKenzie		U23	W Liverpool Pembroke Sefton/Edge Hill Uni

400 SM s1 (1 May)

Pos	Perf	Name	AG	Club
1	48.59	Connor Neal	U23	M Thanet AC/St. Mary's Uni
2	49.30	Moyo Sargent	U23	M Eastbourne
3	49.47	Ewan Wood	SB	U23 M Tonbridge
4	50.14	Mitchell Lawrence		U23 M Swansea/Swansea Uni
5	50.15	Giuseppe Bonifacio	PB	SEN M King's College London/Italy
6	51.15	Charlie Shingleton		SEN M Braintree/Canterbury Christ Church
7	51.35	Elliot Doughty	PB	U23 M Swindon/Nottingham Trent Uni
-	DNS	Callum Dodds		U23 M Enfield & Haringey/Brunel Uni London

400 SM s2 (1 May)

Pos	Perf	Name	AG	Club
1	48.07	Ben Hawkes	SB	U23 M Leamington/Cardiff Met Uni
2	48.12	Emmanuel Agyare	SB	U23 M Enfield & Haringey
3	48.28	Hakan Dalbal		U23 M Sheffield & Dearne/Leeds Uni
4	49.64	Ryan Cherian	PB	U23 M Tonbridge
5	49.80	Callum Letham		SEN M Dundee Hawkhill/Glasgow Uni
6	50.02	Jack Gilland	PB	U23 M Liverpool H
7	50.59	William Brown		U23 M Jersey/Surrey Uni
8	51.09	Will Critchley		U23 M Blackpool, Wyre & Fylde/Liverpool Uni

400 SM s3 (1 May)

Pos	Perf	Name	AG	Club
1	47.05	Ben Higgins	U23	M Sheffield & Dearne/Loughborough Students
2	47.78	Ellis Greatrex	SEN	M Woodford Green Essex Ladies/Loughborough Students
3	48.10	Jimmy Seacombe		SEN M Worthing/Bath Uni
4	48.29	Jack Higgins	PB	U23 M Southampton

5	49.99	Femi Akinbobola	U23	M	Team Bath/Cardiff Met Uni
6	50.28	Harry North	PB	U23	M Reading AC/St. Mary's Uni
7	50.81	Marco Siniscalchi	PB	SEN	M Oxford Uni/Italy
8	51.91	Tom Hunter	U20	M	Windsor Slough Eton & Hounslow/Manchester Uni

400 SW s1 (1 May)

Pos	Perf	Name	AG	Club
1	55.05	Natasha Harrison	U23	W Stockport/Loughborough Students
2	56.35	Asha Root	SB	U23 W Tonbridge
3	57.71	Olivia Kimbowa	U23	W Bolton/Birmingham Uni
4	58.31	Nia Riley	U23	W Liverpool H/Liverpool Uni
5	58.33	Hannah Brown	SEN	W City of Norwich/East Anglia Uni
6	60.22	Charlie Coy	PB	SEN W Blackburn/Sheffield Hallam Uni
7	60.43	Hannah Morris	SEN	W Leicester/Bristol Uni
-	DNS	Rachel McCann	U23	W Harrow/Queen's Uni Belfast/Ireland

400 SW s2 (1 May)

Pos	Perf	Name	AG	Club
1	54.36	Hannah Kelly	SB	U23 W Bolton/Birmingham Uni
2	54.40	Jill Cherry	SB	SEN W Victoria Park City of Glasgow/Glasgow Uni
3	55.87	Emma Alderson	U23	W Liverpool H/Loughborough Students
4	57.82	Millie Fakande	PB	SEN W Swansea
5	58.16	Erin Minton-Branfoot	SB	SEN W Chelmsford/Hull Uni
6	58.81	Sasha Smith-Pollard	PB	SEN W Newham & Essex Beagles
7	60.03	Catriona Scott	U23	W Stirling Uni
8	60.66	Kiesha Carty	SEN	W Sheffield & Dearne/Sheffield Hallam Uni

400 SW s3 (1 May)

Pos	Perf	Name	AG	Club
1	56.17	Ffion Mair Roberts	U23	W Cardiff/Bangor Uni
2	56.29	Rachel Crokken	SB	SEN W Wakefield/Loughborough Students
3	57.43	Ellie Grove	SB	SEN W Blackheath & Bromley/Bath Uni
4	58.31	Katie Robbins	SB	U23 W Yate/Swansea Uni
5	59.10	Teresa Iannetelli	SEN	W Swindon/Cardiff Uni
6	59.19	Eve Denholm	SB	U23 W Giffnock North/Glasgow Caledonian Uni
-	DNS	Vanessa Ansuaa	U20	W Shaftesbury Barnet/Belgium

-	DNS	Emma Barclay	U23	W	Aberdeen/Strathclyde Uni
400 SM (2 May)					
Pos	Perf	Name	AG	Club	
1	46.57	Ben Higgins	PB	U23	M Sheffield & Dearne/Loughborough Students
2	47.24	Ellis Greatrex	SB	SEN	M Woodford Green Essex Ladies/Loughborough Students
3	47.63	Emmanuel Agyare	PB	U23	M Enfield & Haringey
4	47.71	Ben Hawkes	PB	U23	M Leamington/Cardiff Met Uni
5	48.11	Connor Neal	PB	U23	M Thanet AC/St. Mary's Uni
6	48.17	Hakan Dalbal	PB	U23	M Sheffield & Dearne/Leeds Uni
7	48.64	Jimmy Seacombe	SEN	M	Worthing/Bath Uni
8	49.10	Moyo Sargent	U23	M	Eastbourne

400 SM P (2 May)

Pos	Perf	Name	AG	Club	
1	50.67	John Bridge T47	PB	U23	M Cardiff/Cardiff Met Uni/DSW Para Academy
2	52.00	Prince Reid T20/F20	SB	U23	M Blackheath & Bromley/East Anglia Uni/Croydon

400 SW (2 May)

Pos	Perf	Name	AG	Club	
1	53.79	Natasha Harrison	SB	U23	W Stockport/Loughborough Students
2	54.03	Hannah Kelly	PB	U23	W Bolton/Birmingham Uni
3	55.16	Ffion Mair Roberts	U23	W	Cardiff/Bangor Uni
4	55.23	Rachel Crokken	SB	SEN	W Wakefield/Loughborough Students
5	55.40	Emma Alderson	SB	U23	W Liverpool H/Loughborough Students
6	56.11	Asha Root	PB	U23	W Tonbridge
7	56.49	Ellie Grove	SB	SEN	W Blackheath & Bromley/Bath Uni
-	DNS	Jill Cherry	SEN	W	Victoria Park City of Glasgow/Glasgow Uni

800 SM h1 (30 Apr)

Pos	Perf	Name	AG	Club	
1	1:53.06	Jamie Webb	SEN	M	Liverpool H/Loughborough Students
2	1:53.78	Joseph Owen	U23	M	Orion/Middlesex Schs
3	1:53.98	Owen Hibbert	U23	M	Deeside AAC/Leeds Uni
4	1:55.65	Matthew Mustard	PB	U23	M Sheffield Uni
5	1:57.87	Marcus Shantry	SB	U23	M Windsor Slough Eton & Hounslow

6	1:58.97	Jack Stracey	PB	U23	M	Kingston & Poly
7	2:00.52	Prince Laryea	PB	U23	M	Solihull & Small Heath
8	2:06.45	Tyler Dau	SEN	M	UWE Bristol/United States	
9	2:11.70	Timothé Allen	U23	M	Leicester Uni	
800 SM h2 (30 Apr)						
Pos	Perf	Name	AG		Club	
1	1:54.65	Rocco Zaman-Browne	U23	M	Manchester H	
2	1:54.94	Ted Chamberlain	SEN	M	Holmfirth/Exeter Uni	
3	1:54.96	Sadam Koumi	SEN	M	Birchfield H/Sudan	
4	1:56.96	Oliver Telfer	PB	U20	M	Alnwick/Imperial College
5	1:57.99	Matt Hogg	PB	U23	M	North Somerset
6	1:58.68	James Lattanzio	PB	U23	M	Belgrave
7	2:03.98	Ben Marks		U23	M	Walton/Manchester Metropolitan Uni
8	2:10.79	Marcus Cleare	SB	U23	M	Reading AC
9	2:17.67	Liam Hallows	SB	SEN	M	Erme Valley/Cardiff Uni
800 SM h3 (30 Apr)						
Pos	Perf	Name	AG		Club	
1	1:53.85	Thomas Keen	U23	M	Cambridge & Coleridge/Birmingham Uni	
2	1:54.14	Sam Wiggins	SB	U23	M	Shaftesbury Barnet
3	1:54.36	Maximilian Buckley	SB	U23	M	Thames Valley/Oxford Uni
4	1:59.81	Harry Dyall	SB	U23	M	Wolverhampton & Bilston
5	2:02.70	Finley Boulton		U23	M	Wrexham/Liverpool Uni
6	2:04.31	Connor Anderson		U23	M	Doncaster/Sheffield Hallam Uni
7	2:07.59	Levi Berger	PB	U23	M	Warwick Uni
-	DNF	Aaron Enser		U23	M	Bracknell AC/Blackheath & Bromley
800 SM h4 (30 Apr)						
Pos	Perf	Name	AG		Club	
1	1:55.88	Daniel Howells	U23	M	Aldershot, Farnham & District/Brunel Uni London	
2	1:56.67	Will Bellamy	SB	U20	M	Houghton Harriers
3	1:57.11	Adetomiwa Oladiti		U23	M	Sale Harriers Manchester/Huddersfield Uni
4	1:58.99	Alex Moseley		U20	M	Doncaster/Bangor Uni
5	2:03.20	Mark Carmody	SEN	M	Queen's Uni Belfast/Ireland	
6	2:05.39	Adam Knights	U23	M	Sutton-in-Ashfield/Leeds Beckett Uni	

7	2:06.31	Sebastian Mills	SB	U23	M	Chiltern
8	2:07.00	Henry Fieldsend	SB	U20	M	Bracknell AC
9	2:16.41	Andrew Bryson	PB	U23	M	Exeter/Plymouth Uni

800 SM h5 (30 Apr)

Pos	Perf	Name	AG	Club
1	1:55.43	Shaun Gee	U23	M Sale Harriers Manchester/St. Mary's Uni
2	1:55.51	Iestyn Williams	U23	M Carmarthen/Cardiff Uni
3	1:56.27	Daniel Maud	U23	M Charnwood/Birmingham Uni
4	1:56.89	Jamie Harper	SB	SEN M Western Tempo/Coventry Uni
5	1:58.49	Alexander Ford	SEN	M Exeter Uni
6	2:04.81	Chris Nealon	U23	M Huncote/Sheffield Hallam Uni
7	2:07.04	William McKay	SB	U23 M Vale Royal
8	2:09.55	Gordon Manson	SB	U20 M Inverness/Glasgow Uni
9	2:13.11	Daniel Sarkissian	PB	U23 M Newcastle Uni

800 SM h6 (30 Apr)

Pos	Perf	Name	AG	Club
1	1:53.54	Dominic Walton	SEN	M Blackburn
2	1:54.28	Henry Fisher	U23	M Blackheath & Bromley/Birmingham Uni
3	1:54.83	Alex Goodall	SB	SEN M White Star (Belgium)/Oxford Uni/Elswick
4	1:57.68	Max Carter	PB	U23 M Sheffield Uni
5	1:59.97	Mackenzie Woodward	SB	U23 M Liverpool H
6	2:00.38	Luca Cortellese	PB	U23 M Swansea/Swansea Uni/Italy
7	2:05.66	Jamie Cooper	SB	U20 M Birchfield H
8	2:24.57	Matthew Wood	U23	M Liverpool H/Liverpool John Moores Uni

800 SM h7 (30 Apr)

Pos	Perf	Name	AG	Club
1	1:54.02	Ossama Meslek	SB	SEN M Leeds City/Loughborough Students/Italy
2	1:55.30	Tyler Bilyard	U23	M Great Yarmouth/Birmingham Uni
3	1:55.52	Archie Rainbow	U23	M Peterborough & Nene Valley
4	2:00.57	Jordi Evans-Rodriguez	SB	U20 M Windsor Slough Eton & Hounslow/Salford Uni
5	2:00.60	Niall Ackroyd	SB	SEN M West Suffolk/Liverpool H
6	2:01.11	Gregory Hayward	U23	M Westbury/Yate
7	2:02.08	Harry Hayes	SB	U23 M Preston/Leeds Beckett Uni

8	2:05.75	Spencer Smith	SB	U23	M	Newport H/Swansea Uni
9	2:23.97	Thomas Fillingham	PB	U23	M	Plymouth Uni

800 SM h8 (30 Apr)

Pos	Perf	Name	AG	Club
1	1:58.23	Harry Cox	U23	M Chiltern/Cambridge Uni
2	1:58.37	Sam Stephens	U20	M Vale Royal/Leeds Uni
3	2:00.78	Isaac Brown	U23	M Basildon/Chichester Uni
4	2:01.03	Sam Brown	U23	M Edinburgh AC/Edinburgh Uni
5	2:03.07	Alex Wood	SB	U23 M Tynedale
6	2:05.87	Alex Donnelly	U23	M Medway & Maidstone/Oxford Brookes Uni
7	2:06.52	Finley Hurren	SB	SEN M Brighton & Hove
8	2:31.83	Arthur Saunders	PB	U23 M Leicester Uni

800 SW h1 (30 Apr)

Pos	Perf	Name	AG	Club
1	2:20.14	Isabelle Boffey	U23	W Enfield & Haringey/Birmingham Uni
2	2:20.88	Louise Gilbert	U23	W Woodford Green Essex Ladies/Leeds Uni
3	2:21.00	Isabella Gherzi	PB	SEN W Bath Uni
4	2:22.35	Charlotte Buckley	U23	W Thames Valley/Oxford Uni
5	2:23.86	Maddie George	PB	U23 W Marlborough Athletics
6	2:33.53	Lynn Harvey	U20	W Pitreavie/Glasgow Uni
7	2:44.62	Antonia Veary	U20	W Newcastle Uni
8	2:46.36	Ellie Howarth	U20	W Billingham/Northumbria Uni

800 SW h2 (30 Apr)

Pos	Perf	Name	AG	Club
1	2:15.69	Jessica Norkett	U20	W Thetford/Loughborough Students/Woodford Green Esse
2	2:15.85	Eliska Freibergeroval	PB	SEN W Oxford Uni/Czech Republic
3	2:16.59	Zoe Tompkins	SB	U23 W Herne Hill/York Uni
4	2:17.18	Francesca Brint	U23	W Sale Harriers Manchester/Birmingham Uni
5	2:20.43	Laura Mullin	SB	SEN W Charnwood/Bath Uni
6	2:25.20	Rachel Laurie	U23	W Chichester/Stirling Uni
7	2:27.49	Mollie O'Hanlon	U23	W Heanor/Exeter Uni
8	2:39.31	Megan Kerr	PB	SEN W Leicester Uni
9	2:50.79	Hannah Dodds	SB	U23 W Nottingham Uni

800 SW h3 (30 Apr)

Pos	Perf	Name	AG	Club
1	2:16.67	Charlotte Young	U20 W	Medway & Maidstone/Loughborough Students
2	2:16.92	Tilly Simpson	U23 W	Sheffield & Dearne/Birmingham Uni
3	2:17.17	Olivia Vareille	U23 W	Falkirk/Edinburgh Uni
4	2:17.78	Eve Hutchinson	PB U23 W	Hyndburn/Sheffield Uni
5	2:19.96	Isabel Castelow	SB U23 W	Halifax/Durham Uni
6	2:28.57	Siobhan Benson	SB SEN W	Liverpool H/Liverpool Uni
7	2:36.79	Harriet Thompson	U23 W	Bridgnorth/Newcastle Uni
8	2:51.05	Chinazo Okeke	PB U23 W	Cambridge Uni

800 SW h4 (30 Apr)

Pos	Perf	Name	AG	Club
1	2:21.03	Annie Testar	U23 W	Stroud/Birmingham Uni
2	2:21.22	Bethan Morley	U23 W	Leeds City
3	2:21.28	Annabel Hobday	U23 W	Herne Hill
4	2:21.59	Annalie Cole	SB U23 W	Orion
5	2:24.92	Caitlin Battersby	PB U20 W	Bracknell AC/Cardiff Met Uni
6	2:31.59	Danel Jansen Van Rensburg	SEN W	Birchfield H/UWE Bristol
7	2:39.27	Isabelle Rippon	SB U23 W	Northampton/Manchester Uni
8	2:53.99	Lucy Mills	SB U23 W	Halifax/Edge Hill Uni

800 SW h5 (30 Apr)

Pos	Perf	Name	AG	Club
1	2:17.43	Rebecca Bullock	U23 W	Basingstoke & Mid Hants
2	2:17.71	Eleanor Robinson	SEN W	Keighley & Craven
3	2:18.73	Laura O'Connor	SEN W	Harrow/Loughborough Students
4	2:19.21	Molly Hudson	U23 W	Derby
5	2:20.22	Rachel McQuillan	SB U23 W	Warrington AC/Leeds Beckett Uni
6	2:22.48	Emily Hughes	U23 W	Manchester H/Sheffield Uni
7	2:30.19	Olivia Baker	SB U23 W	Warrington AC
8	2:35.58	Georgie Speck	U20 W	Banbury/Exeter Uni

800 SM s1 (1 May)

Pos	Perf	Name	AG	Club
1	1:50.00	Jamie Webb	SB SEN M	Liverpool H/Loughborough Students

2	1:50.03	Sadam Koumi	PB	SEN	M	Birchfield H/Sudan
3	1:50.74	Shaun Gee	SB	U23	M	Sale Harriers Manchester/St. Mary's Uni
4	1:51.35	Daniel Howells		U23	M	Aldershot, Farnham & District/Brunel Uni London
5	1:53.54	Ted Chamberlain	SB	SEN	M	Holmfirth/Exeter Uni
6	1:54.20	Jamie Harper	PB	SEN	M	Western Tempo/Coventry Uni
7	1:56.20	Tyler Bilyard		U23	M	Great Yarmouth/Birmingham Uni
8	1:56.38	Maximilian Buckley		U23	M	Thames Valley/Oxford Uni
800 SM s2 (1 May)						
Pos	Perf	Name	AG			Club
1	1:50.83	Dominic Walton	SEN	M		Blackburn
2	1:50.87	Rocco Zaman-Browne		U23	M	Manchester H
3	1:51.56	Harry Cox	SB	U23	M	Chiltern/Cambridge Uni
4	1:51.80	Iestyn Williams	SB	U23	M	Carmarthen/Cardiff Uni
5	1:51.81	Henry Fisher	SB	U23	M	Blackheath & Bromley/Birmingham Uni
6	1:52.85	Owen Hibbert	SB	U23	M	Deeside AAC/Leeds Uni
7	1:53.20	Daniel Maud	SB	U23	M	Charnwood/Birmingham Uni
8	1:54.38	Alex Goodall	SB	SEN	M	White Star (Belgium)/Oxford Uni/Elswick
800 SM s3 (1 May)						
Pos	Perf	Name	AG			Club
1	1:53.41	Thomas Keen	SB	U23	M	Cambridge & Coleridge/Birmingham Uni
2	1:53.85	Joseph Owen		U23	M	Orion/Middlesex Schs
3	1:54.14	Sam Wiggins	SB	U23	M	Shaftesbury Barnet
4	1:54.71	Sam Stephens		U20	M	Vale Royal/Leeds Uni
5	1:56.76	Will Bellamy		U20	M	Houghton Harriers
6	1:56.97	Matthew Mustard		U23	M	Sheffield Uni
7	1:58.96	Archie Rainbow		U23	M	Peterborough & Nene Valley
-	DNS	Ossama Meslek	SEN	M		Leeds City/Loughborough Students/Italy
800 SW s1 (1 May)						
Pos	Perf	Name	AG			Club
1	2:09.74	Molly Hudson		U23	W	Derby
2	2:10.01	Olivia Varelle		U23	W	Falkirk/Edinburgh Uni
3	2:10.38	Tilly Simpson	SB	U23	W	Sheffield & Dearne/Birmingham Uni
4	2:11.10	Jessica Norkett	PB	U20	W	Thetford/Loughborough Students/Woodford Green Esse

5	2:12.10	Laura O'Connor	SB	SEN	W	Harrow/Loughborough Students
6	2:15.49	Eliska Freiberggerova	PB	SEN	W	Oxford Uni/Czech Republic
7	2:19.81	Emily Hughes		U23	W	Manchester H/Sheffield Uni
-	DNS	Annalie Cole		U23	W	Orion

800 SW s2 (1 May)

Pos	Perf	Name	AG	Club
1	2:13.48	Annabel Hobday	PB	U23 W Herne Hill
2	2:13.72	Charlotte Young	SB	U20 W Medway & Maidstone/Loughborough Students
3	2:13.89	Annie Testar	SB	U23 W Stroud/Birmingham Uni
4	2:15.16	Charlotte Buckley	SB	U23 W Thames Valley/Oxford Uni
5	2:15.95	Eleanor Robinson	SB	SEN W Keighley & Craven
6	2:17.01	Zoe Tompkins		U23 W Herne Hill/York Uni
7	2:17.85	Eve Hutchinson		U23 W Hyndburn/Sheffield Uni
-	DNS	Laura Mullin		SEN W Charnwood/Bath Uni

800 SW s3 (1 May)

Pos	Perf	Name	AG	Club
1	2:11.55	Isabelle Boffey		U23 W Enfield & Haringey/Birmingham Uni
2	2:11.70	Bethan Morley	SB	U23 W Leeds City
3	2:12.53	Rebecca Bullock	SB	U23 W Basingstoke & Mid Hants
4	2:13.12	Francesca Brint		U23 W Sale Harriers Manchester/Birmingham Uni
5	2:14.64	Louise Gilbert		U23 W Woodford Green Essex Ladies/Leeds Uni
6	2:18.55	Isabella Ghersi	PB	SEN W Bath Uni
7	2:19.19	Isabel Castelow	SB	U23 W Halifax/Durham Uni
8	2:21.82	Rachel McQuillan		U23 W Warrington AC/Leeds Beckett Uni

800 SM (2 May)

Pos	Perf	Name	AG	Club
1	1:47.97	Daniel Howells	PB	U23 M Aldershot, Farnham & District/Brunel Uni London
2	1:48.09	Sadam Koumi	PB	SEN M Birchfield H/Sudan
3	1:48.17	Rocco Zaman-Browne	SB	U23 M Manchester H
4	1:48.25	Jamie Webb	SB	SEN M Liverpool H/Loughborough Students
5	1:49.16	Shaun Gee	SB	U23 M Sale Harriers Manchester/St. Mary's Uni
6	1:49.49	Thomas Keen	SB	U23 M Cambridge & Coleridge/Birmingham Uni
7	1:51.07	Dominic Walton		SEN M Blackburn

8	1:56.12	Joseph Owen	U23	M	Orion/Middlesex Schs
800 SW (2 May)					
Pos	Perf	Name	AG		Club
1	2:05.17	Isabelle Boffey	U23	W	Enfield & Haringey/Birmingham Uni
2	2:08.13	Bethan Morley	PB	U23	W Leeds City
3	2:10.30	Molly Hudson	U23	W	Derby
4	2:10.89	Tilly Simpson	U23	W	Sheffield & Dearne/Birmingham Uni
5	2:11.61	Charlotte Young	PB	U20	W Medway & Maidstone/Loughborough Students
6	2:12.31	Olivia Vareille	U23	W	Falkirk/Edinburgh Uni
7	2:13.47	Jessica Norkett	U20	W	Thetford/Loughborough Students/Woodford Green Esse
8	2:16.70	Annabel Hobday	U23	W	Herne Hill

800WC SM (2 May)

Pos	Perf	Name	AG		Club
1	2:01.96	Xander Van Der Poll T54/F55	SB	SEN	M Coventry
2	2:03.30	Zien Zhou T34	U23	M	Coventry
3	2:13.64	Nathan Blackie T34/F33	SB	SEN	M Poole AC/Southampton Solent Uni

1500 SM h1 (30 Apr)

Pos	Perf	Name	AG		Club
1	3:58.74	Matthew Stonier	U23	M	Invicta East Kent
2	3:59.00	Daniel Brookling	U23	M	Windsor Slough Eton & Hounslow/Swansea Uni
3	3:59.08	Freddy Richardson	SB	U23	M Colchester & Tendring
4	3:59.75	Niki Faulkner	SEN	M	Thames Valley/Imperial College
5	4:01.24	Daniel Cooke	PB	U23	M Liverpool H/Liverpool Uni
6	4:04.27	Joe Gebbie	SB	U23	M Blackburn/Leeds Uni
7	4:05.71	Leo Cossham	SB	SEN	M Hallamshire/Lancaster Uni
8	4:07.30	Luke Burgess	PB	U23	M Bristol & West/UWE Bristol
9	4:17.89	Kieran Cann	PB	U23	M Leicester Uni
10	4:31.43	Ethan Kendall	SB	U23	M Aldershot, Farnham & District/Surrey Uni/Guildford
11	4:45.06	Matt Dwerryhouse	U23	M	Liverpool H/Liverpool John Moores Uni

1500 SM h2 (30 Apr)

Pos	Perf	Name	AG		Club
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1	3:57.69	Kristof Hornyik	U23	M	Dundee Hawkhill/St. Andrews Uni
2	3:57.90	Matthew Snowdon	U23	M	Ipswich
3	3:57.91	John Howorth	U23	M	Team Bath/Birmingham Uni
4	3:58.43	Charlie Roberts	SB	U20	M St. Helens Sutton
5	3:59.03	Max Heyden	U23	M	Aldershot, Farnham & District/Loughborough Student
6	4:01.96	Jamie Rashbrook	SB	U20	M Basildon
7	4:02.81	Harley Norman	PB	U20	M South London
8	4:04.93	Will Simm	SB	U23	M City of Norwich
9	4:11.10	Steven Denby	SB	U23	M City of Norwich/Bristol Uni
10	4:15.54	Ethan Reilly	PB	U20	M Chelmsford/Nottingham Uni
11	4:24.77	Alex Wilson	PB	U23	M Sheffield & Dearne

1500 SM h3 (30 Apr)

Pos	Perf	Name	AG	Club	
1	4:04.17	Ethan Hussey	SB	U20	M Leeds City
2	4:04.39	Alex Ediker	U23	M	Chesterfield
3	4:04.44	Matthew Houchell	U23	M	Basildon/Swansea Uni
4	4:04.59	Will Barnicoat	U20	M	Aldershot, Farnham & District/Birmingham Uni
5	4:05.14	Aaron Enser	SB	U23	M Bracknell AC/Blackheath & Bromley
6	4:08.09	Harry Dyall	SB	U23	M Wolverhampton & Bilston
7	4:10.59	Hugo Hewitt	U23	M	Crawley/Exeter Uni
8	4:12.39	Zechariah Cohen	PB	SEN	M Highgate/Plymouth Uni
9	4:14.88	Keelan Hopewell	SB	U23	M Solihull & Small Heath
10	4:25.98	Jamie Cooper	SB	U20	M Birchfield H
11	4:27.47	Joshua Mulley	PB	SEN	M Braintree/Oxford Brookes Uni

1500 SM h4 (30 Apr)

Pos	Perf	Name	AG	Club	
1	4:00.06	Luke Van Oudtshoorn	U23	M	Aldershot, Farnham & District/Loughborough Student
2	4:00.63	Ben MacMillan	U23	M	Central/Stirling Uni
3	4:00.63	Cameron Allan	SEN	M	Houghton Harriers/St. Mary's Uni/Aldershot, Farnha
4	4:00.88	Joe Blacknell	U23	M	Aldershot, Farnham & District/Birmingham Uni
5	4:01.39	Matthew Fuller	U23	M	Hallamshire/Oxford Uni
6	4:02.05	Cillian Doherty	SB	SEN	M Rathfarnham/Cambridge Uni/Ireland
7	4:04.16	Marcus Shantry	SB	U23	M Windsor Slough Eton & Hounslow

8	4:05.75	Adam Ede	SB U23 M	Abingdon/Cardiff Met Uni
9	4:10.73	Timothy Hartley	SB SEN M	Wigan & District/Manchester Metropolitan Uni
10	4:13.03	Brodie Denholm	SB SEN M	Brighton Phoenix/UCL
11	4:14.06	Jack Wadsworth	U23 M	Warrington AC/Northumbria Uni
12	4:35.67	Will Harding	SB SEN M	Guildford & Godalming/Surrey Uni
13	5:11.49	Ben Parker	PB U20 M	Birchfield H
-	DNF	Joshua Poncia	U23 M	Harrow/Brunel Uni London

1500 SM h5 (30 Apr)

Pos	Perf	Name	AG	Club
1	4:07.67	Ben Pattison	U23 M	Basingstoke & Mid Hants/Loughborough Students
2	4:07.69	Ben Sandilands T20/F20	U20 M	Fife
3	4:07.81	Kieran Reilly	SEN M	Tonbridge/Eastern Michigan/Loughborough Students
4	4:07.95	Ethan O'Shea	U23 M	Charnwood/Birmingham Uni
5	4:08.18	Jamie Harper	SEN M	Western Tempo/Coventry Uni
6	4:10.80	Harry Allan	SB SEN M	New Marske/UCL
7	4:11.94	Neil Ibata	SEN M	Thames Hare & Hounds/France
8	4:12.61	David Corkey	SEN M	Bristol Uni/Bristol & West/Ireland
9	4:16.29	Ben Ringrose-Voase	SB U23 M	Belgrave/Sussex Uni
10	4:18.60	Tom Jones	SB U20 M	Walton/Warwick Uni
11	4:28.75	Matthew Everett	PB U20 M	Rugby & Northampton

1500 SW h1 (30 Apr)

Pos	Perf	Name	AG	Club
1	4:34.93	Jessica Judd	SEN W	Blackburn/Loughborough Students
2	4:42.34	Juliet Hodder	SB U23 W	Wirral/St. Mary's Uni
3	4:42.57	Freya Bennett	SB U20 W	Coventry
4	4:44.18	Natalie Bretherton	SEN W	Bristol & West/Bristol Uni
5	4:47.51	Fern Kimber	SB U23 W	Poole AC/Nottingham Uni
6	4:55.95	Madeleine Johnson	SB U23 W	Wimborne/Leeds Uni
7	4:58.61	Bronwen Stratton-Thomas	U23 W	Swansea/Exeter Uni
8	5:01.06	Emma Jane Ball	SB U23 W	Rotherham
9	5:04.73	Amber Clarke	SB SEN W	Windsor Slough Eton & Hounslow/Bath Uni
10	5:07.72	Hannah Rayden	SB U23 W	St. Albans AC/Durham Uni
11	5:47.68	Mia Butler	PB U20 W	Spenborough

12	6:10.43	Marisa Mistry	SB	U20	W	Bedford & County
1500 SW h2 (30 Apr)						
Pos	Perf	Name	AG	Club		
1	4:48.23	Louise Shanahan	SEN	W	Leevale/Cambridge Uni/Ireland	
2	4:48.37	Emily Thompson	U23	W	Banbury/Birmingham Uni	
3	4:48.74	Alexandra Shipley	SEN	W	MK Distance Project/Oxford Uni	
4	4:49.10	Jessica Spilsbury	U20	W	Trafford/Loughborough Students	
5	4:49.33	Molly Butterworth	SEN	W	Doncaster/Leeds Uni	
6	4:50.88	India Pentland	U23	W	Darlington H	
7	5:01.57	Amber Park	SB	U23	W	Peterborough & Nene Valley/Nottingham Trent Uni
8	5:07.64	Samantha Puri	PB	U23	W	Coventry/Coventry Uni
9	5:14.00	Ellie Kiff	SB	U23	W	Carmarthen/Cardiff Uni
10	5:29.04	Hayley Dobinson	U23	W	Sunderland/Northumbria Uni	

1500 SW h3 (30 Apr)

Pos	Perf	Name	AG	Club		
1	4:45.48	Sabrina Sinha	SEN	W	Cambridge H/Birmingham Uni	
2	4:48.02	Amy Jackson	SEN	W	Leicester/Manchester Metropolitan Uni	
3	4:48.79	Emily Lowery	U23	W	Vale Royal/Cardiff Uni	
4	4:48.87	Megan Gadsby	U20	W	City of Norwich	
5	4:49.25	Pippa Bailey	SEN	W	Herts Phoenix/Loughborough Students	
6	4:54.05	Emily Hughes	SB	U23	W	Manchester H/Sheffield Uni
7	4:55.40	Emily Field	U23	W	Stratford-upon-Avon/Bristol Uni	
8	5:01.07	Nadya Collantes	PB	U23	W	Bath Uni/Spain
9	5:22.41	Isabelle Morris	SB	U23	W	Owls Leicester/East Anglia Uni
10	5:24.74	Ezme Hollick	PB	SEN	W	King's College London
11	5:39.94	Joyce Banks	PB	SEN	W	Sussex Uni/Germany

1500 SW h4 (30 Apr)

Pos	Perf	Name	AG	Club		
1	4:50.80	Alexandra Millard	U23	W	Invicta East Kent/Loughborough Students	
2	4:51.06	Samantha Mason	U23	W	Salford H/Trafford	
3	4:53.09	Niamh Carr	U23	W	Ballymena & Antrim/Edinburgh Uni/Ireland	
4	4:54.93	Elsa Palmer	U23	W	Dorking & Mole Valley/Birmingham Uni	
5	4:56.55	Ella Newton	U23	W	Herne Hill/Cambridge H/Nottingham Trent Uni	

6	4:58.92	Holly Newman	PB SEN W	Avon Valley/Oxford Brookes Uni
7	5:28.38	Julia Lace	PB U20 W	King's College London/United States
8	5:39.31	Emily Sidaway	U23 W	Leicester Uni

1500 SM s1 (1 May)

Pos	Perf	Name	AG	Club
1	3:53.46	Ben Pattison	SB U23 M	Basingstoke & Mid Hants/Loughborough Students
2	3:53.57	Cameron Allan	SB SEN M	Houghton Harriers/St. Mary's Uni/Aldershot, Farnha
3	3:53.61	Ben MacMillan	SB U23 M	Central/Stirling Uni
4	3:53.99	Kristof Hornyik	U23 M	Dundee Hawkhill/St. Andrews Uni
5	3:54.25	Freddy Richardson	SB U23 M	Colchester & Tendring
6	3:54.39	Charlie Roberts	SB U20 M	St. Helens Sutton
7	3:55.37	Alex Ediker	SB U23 M	Chesterfield
8	3:56.80	Will Barnicoat	SB U20 M	Aldershot, Farnham & District/Birmingham Uni
9	3:56.95	Ethan O'Shea	SB U23 M	Charnwood/Birmingham Uni
10	3:56.96	Max Heyden	SB U23 M	Aldershot, Farnham & District/Loughborough Student
11	3:57.08	Niki Faulkner	SB SEN M	Thames Valley/Imperial College
12	4:05.08	Matthew Houchell	U23 M	Basildon/Swansea Uni

1500 SM s2 (1 May)

Pos	Perf	Name	AG	Club
1	3:49.45	John Howorth	SB U23 M	Team Bath/Birmingham Uni
2	3:49.65	Matthew Stonier	SB U23 M	Invicta East Kent
3	3:49.75	Luke Van Oudtshoorn	PB U23 M	Aldershot, Farnham & District/Loughborough Student
4	3:49.80	Matthew Snowdon	SB U23 M	Ipswich
5	3:49.81	Kieran Reilly	SB SEN M	Tonbridge/Eastern Michigan/Loughborough Students
6	3:49.81	Daniel Brookling	SB U23 M	Windsor Slough Eton & Hounslow/Swansea Uni
7	3:50.68	Ben Sandilands T20/F20	SB U20 M	Fife
8	3:54.20	Joe Blacknell	SB U23 M	Aldershot, Farnham & District/Birmingham Uni
9	3:58.23	Matthew Fuller	SB U23 M	Hallamshire/Oxford Uni
10	4:05.38	Jamie Rashbrook	U20 M	Basildon
11	4:06.46	Daniel Cooke	U23 M	Liverpool H/Liverpool Uni
-	DNS	Ethan Hussey	U20 M	Leeds City

1500 SW s1 (1 May)

Pos	Perf	Name	AG	Club
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1	4:24.56	Jessica Judd	SEN	W	Blackburn/Loughborough Students	
2	4:28.66	Niamh Carr	U23	W	Ballymena & Antrim/Edinburgh Uni/Ireland	
3	4:28.83	Alexandra Millard	SB	U23	W	Invicta East Kent/Loughborough Students
4	4:29.52	Elsa Palmer	SB	U23	W	Dorking & Mole Valley/Birmingham Uni
5	4:29.87	Freya Bennett	PB	U20	W	Coventry
6	4:30.63	Samantha Mason	PB	U23	W	Salford H/Trafford
7	4:34.97	Natalie Bretherton	SB	SEN	W	Bristol & West/Bristol Uni
8	4:38.85	India Pentland	SB	U23	W	Darlington H
9	4:39.05	Fern Kimber	SB	U23	W	Poole AC/Nottingham Uni
10	4:58.53	Madeleine Johnson	U23	W	Wimborne/Leeds Uni	
-	DNF	Juliet Hodder	U23	W	Wirral/St. Mary's Uni	
-	DNF	Emily Hughes	U23	W	Manchester H/Sheffield Uni	

1500 SW s2 (1 May)

Pos	Perf	Name	AG	Club		
1	4:32.85	Sabrina Sinha	SEN	W	Cambridge H/Birmingham Uni	
2	4:33.04	Alexandra Shipley	SB	SEN	W	MK Distance Project/Oxford Uni
3	4:33.06	Emily Thompson	U23	W	Banbury/Birmingham Uni	
4	4:33.19	Jessica Spilsbury	U20	W	Trafford/Loughborough Students	
5	4:33.32	Louise Shanahan	SB	SEN	W	Leevale/Cambridge Uni/Ireland
6	4:34.26	Megan Gadsby	PB	U20	W	City of Norwich
7	4:35.11	Molly Butterworth	SB	SEN	W	Doncaster/Leeds Uni
8	4:39.88	Pippa Bailey	SEN	W	Herts Phoenix/Loughborough Students	
9	4:41.49	Amy Jackson	PB	SEN	W	Leicester/Manchester Metropolitan Uni
10	4:42.66	Emily Lowery	U23	W	Vale Royal/Cardiff Uni	
11	4:52.94	Ella Newton	SB	U23	W	Herne Hill/Cambridge H/Nottingham Trent Uni
12	4:55.06	Emily Field	U23	W	Stratford-upon-Avon/Bristol Uni	

1500 SM (2 May)

Pos	Perf	Name	AG	Club		
1	3:46.56	Matthew Stonier	SB	U23	M	Invicta East Kent
2	3:46.94	Ben Pattison	SB	U23	M	Basingstoke & Mid Hants/Loughborough Students
3	3:47.56	John Howorth	SB	U23	M	Team Bath/Birmingham Uni
4	3:47.56	Ben MacMillan	SB	U23	M	Central/Stirling Uni
5	3:47.81	Kieran Reilly	SB	SEN	M	Tonbridge/Eastern Michigan/Loughborough Students

6	3:49.32	Matthew Snowdon	SB	U23	M	Ipswich
7	3:49.53	Ben Sandilands T20/F20	SB	U20	M	Fife
8	3:50.23	Freddy Richardson	SB	U23	M	Colchester & Tendring
9	3:50.36	Daniel Brookling		U23	M	Windsor Slough Eton & Hounslow/Swansea Uni
10	3:51.74	Cameron Allan	SB	SEN	M	Houghton Harriers/St. Mary's Uni/Aldershot, Farnha
11	3:52.29	Kristof Hornyik	PB	U23	M	Dundee Hawkhill/St. Andrews Uni
12	3:57.87	Luke Van Oudtshoorn		U23	M	Aldershot, Farnham & District/Loughborough Student

1500 SW (2 May)

Pos	Perf	Name	AG	Club
1	4:10.79	Jessica Judd	SB SEN W	Blackburn/Loughborough Students
2	4:13.27	Louise Shanahan	PB SEN W	Leevale/Cambridge Uni/Ireland
3	4:14.32	Sabrina Sinha	SB SEN W	Cambridge H/Birmingham Uni
4	4:17.74	Alexandra Millard	SB U23 W	Invicta East Kent/Loughborough Students
5	4:19.71	Emily Thompson	SB U23 W	Banbury/Birmingham Uni
6	4:22.15	Niamh Carr	PB U23 W	Ballymena & Antrim/Edinburgh Uni/Ireland
7	4:28.41	Samantha Mason	PB U23 W	Salford H/Trafford
8	4:29.44	Freya Bennett	PB U20 W	Coventry
9	4:30.16	Jessica Spilsbury	SB U20 W	Trafford/Loughborough Students
10	4:30.49	Elsa Palmer		U23 W Dorking & Mole Valley/Birmingham Uni
11	4:30.53	Megan Gadsby	PB U20 W	City of Norwich
12	4:30.53	Alexandra Shipley	SB SEN W	MK Distance Project/Oxford Uni

5000 SM 1 (2 May)

Pos	Perf	Name	AG	Club
1	14:18.81	Luke Duffy	SB U23 M	Mansfield/Loughborough Students
2	14:19.22	Alfie Manthorpe	PB SEN M	Sheffield & Dearne/Sheffield Uni
3	14:19.49	Michael Ward		SEN M Cardiff/Birmingham Uni
4	14:20.69	Ahmed Abdulle	PB SEN M	Ilford/St. Mary's Uni/Somalia
5	14:21.66	Angus McMillan	SB U23 M	City of York/Loughborough Students
6	14:22.58	Jeremy Dempsey	SB SEN M	Shaftesbury Barnet/Cambridge Uni
7	14:23.14	Ned Potter	SB U23 M	Chichester/Loughborough Students
8	14:24.02	Cameron Boyek	PB SEN M	Morpeth/Central
9	14:28.19	Joseph Massingham	SB SEN M	Rotherham/Cambridge Uni

10	14:31.07	Joe Hudson	SB U23 M	Keighley & Craven/Birmingham Uni
11	14:31.84	Daniel Racle	SB SEN M	Altrincham/Loughborough Students
12	14:33.11	Sam Tyas	PB U23 M	Southampton/Cardiff Uni
13	14:37.06	Matthew Merrick	SEN M	Aldershot, Farnham & District/St. Mary's Uni
14	14:37.48	Alex Durant	PB U23 M	Sheffield & Dearne/Sheffield Hallam Uni
15	14:44.36	Tomer Tarragano	SB U23 M	Brighton & Hove/Birmingham Uni
16	14:52.13	Liam Rawlings	U20 M	Shrewsbury/Birmingham Uni
17	15:03.49	Edward Buck	SB U23 M	Newark AC/York Uni
18	15:18.56	Dominic Priest	SB U23 M	Leamington/Bristol Uni
-	DNF	Miles Weatherseed	SEN M	Tonbridge/Oxford Uni

5000 SM 2 (2 May)

Pos	Perf	Name	AG	Club
1	14:15.39	Zakariya Mahamed	U23 M	Southampton
2	14:33.57	Mark Bostock	PB SEN M	Wakefield/Leeds Beckett Uni
3	14:38.24	Ben Miles	PB U23 M	Cardiff
4	14:39.38	William Aitken	PB U20 M	Barnsley AC/Exeter Uni/Doncaster
5	14:40.22	James Pettersson	PB U23 M	Ipswich/Southampton Uni
6	14:46.01	Max Davis	PB U23 M	Avon Valley/Bath Uni
7	14:48.94	Elliot Smith-Rasmussen	PB U23 M	Unattached/Bangor Uni
8	14:54.93	Jack Gumm	U23 M	Team Bath/Bath Uni
9	14:55.25	Luke Burgess	PB U23 M	Bristol & West/UWE Bristol
10	15:05.52	John Fielding	PB U23 M	Ealing Southall & Middx/Manchester Uni
11	15:09.39	Ben Winfield	PB U23 M	Shaftesbury Barnet/Warwick Uni
12	15:26.75	William Bowran	PB U23 M	St. Albans AC/Nottingham Uni/St. Albans Striders
13	15:36.06	Nathan Goddard	U23 M	Shaftesbury Barnet/Exeter Uni
14	15:40.35	Andrew Johnstone	PB SEN M	Rugby & Northampton/King's College London/Invernes
15	15:54.37	Ewan Wheelwright	PB U20 M	Halifax/Leeds Uni
16	16:39.21	BenJamin Kirkman	PB U23 M	Rosendale
17	17:09.47	Ryosuke Itomi	PB SEN M	Sussex Uni/Japan

5000 SW 1 (2 May)

Pos	Perf	Name	AG	Club
1	15:54.11	Abbie Donnelly	SB SEN W	Lincoln Wellington/Loughborough Students
2	16:10.46	Jemima Elgood	PB SEN W	Ilkley/Leeds Uni

3	16:12.14	Grace Carson	PB U23 W	Mid Ulster/Loughborough Students
4	16:20.10	Charlotte Alexander	PB U23 W	Tonbridge/Birmingham Uni
5	16:32.04	Alice Garner	SB U20 W	Aldershot, Farnham & District
6	16:32.69	Harriet Bloor	U23 W	Lewes/Loughborough Students
7	16:54.14	Julie Emmerson	SB SEN W	Coventry
8	16:57.25	Elisha Tait	SB SEN W	Gateshead/Birmingham Uni
9	16:59.43	Imogen Wood	PB U23 W	Cornwall AC/Cardiff Met Uni
10	17:06.07	Nancy Scott	SB SEN W	Aldershot, Farnham & District/Cambridge Uni
11	17:27.21	Kate O'Neill	U23 W	Havering/Birmingham Uni
12	17:29.25	Becky Briggs	SB U23 W	City of Hull/St. Mary's Uni
-	DNF	Saskia Millard	U23 W	Herne Hill/Birmingham Uni

5000 SW 2 (2 May)

Pos	Perf	Name	AG	Club
1	16:54.76	Grace Molloy	PB U23 W	Linlithgow/Oxford Uni
2	17:10.94	Kate Estlea	PB SEN W	Aldershot, Farnham & District/St. Mary's Uni
3	17:21.54	Phoebe Hayashi	PB U23 W	Lancaster & Morecambe
4	17:34.90	Dominique Corradi	U23 W	Sutton & District
5	17:59.86	Fiona Corrick	PB U23 W	Liverpool H/Liverpool Uni/North Devon
6	18:00.76	Naomi Kingston	PB U23 W	Sheffield Uni
7	18:06.52	Sophie Cowper	SB SEN W	Rotherham/Anglia Ruskin U
8	18:08.76	Darja Knotkova-Hanley	PB U23 W	Lewes/Brighton Uni
9	18:39.77	Rachel See	PB SEN W	Cheltenham
10	18:51.09	Sophia Harrison	PB U23 W	Swansea
11	18:54.21	Kitty Shepherd-Cross	SB U23 W	MK Distance Project
12	19:14.27	Millie Porter	U20 W	Gloucester/Exeter Uni
-	DNF	Jade Morgan	U23 W	Liverpool H

100HW SW h1 (1 May)

Pos	Perf	Name	AG	Club
1	14.51	-0.6 Anna McCauley	U23 W	City of Lisburn/Sheffield Hallam Uni/Ireland
2	14.68	-0.6 Yasmin Uwakwe	SB U20 W	Enfield & Haringey/Loughborough Students
3	14.98	-0.6 Philippa Ellis	U20 W	Gateshead
4	15.47	-0.6 Harriet Jones	SB SEN W	Windsor Slough Eton & Hounslow/Surrey Uni

5	15.76	-0.6	Lily Holt	SB	U23	W	Birmingham Uni
6	18.86	-0.6	Lynn Harvey	SB	U20	W	Pitreavie/Glasgow Uni
7	20.24	-0.6	Mayokun Afolabi	PB	U23	W	Exeter Uni/Nigeria
-	DQ		Grace Morgan		U23	W	Cardiff Archers/Cardiff Uni

100HW SW h2 (1 May)

Pos	Perf		Name	AG			Club
1	13.81	0.3	Marli Jessop		U20	W	Shaftesbury Barnet
2	14.08	0.3	Emily Russell	PB	U23	W	Harrow/Brunel Uni London
3	14.26	0.3	Jasmine Clark	PB	U23	W	Trafford/Birmingham Uni
4	15.18	0.3	Lauryn Davey	SB	SEN	W	Swansea/Swansea Uni
5	15.27	0.3	Scarlett Whittaker	PB	U23	W	Sale Harriers Manchester/Liverpool Uni
6	19.03	0.3	Madeleine Anstruther	SB	U23	W	Cambridge Uni/Unknown Country
7	19.63	0.3	Alicia Mcleod	PB	U23	W	Newcastle Uni
-	DQ		Jane Davidson		U23	W	Aberdeen/Aberdeen Uni

100HW SW h3 (1 May)

Pos	Perf		Name	AG			Club
1	13.78	-0.7	Jodie Smith	PB	U23	W	Windsor Slough Eton & Hounslow/Brunel Uni London
2	13.89	-0.7	Jade O'Dowda		SEN	W	Newham & Essex Beagles/Sheffield Hallam Uni
3	14.47	-0.7	Kia Slade	PB	U23	W	Bournemouth
4	14.68	-0.7	Katie Joyce	SB	U23	W	Leeds City/Leeds Beckett Uni
5	14.69	-0.7	Ellen Barber	SB	SEN	W	Yeovil/Loughborough Students
6	18.21	-0.7	Yutong Zhang	PB	U23	W	Sussex Uni/China
7	20.80	-0.7	Natasha Turnbull	PB	U23	W	Tweed, Leader, Jed Track/Stirling Uni
8	25.81	-0.7	Zoe Austridge		U23	W	Blackheath & Bromley/Birmingham Uni

100HW SW (2 May)

Pos	Perf		Name	AG			Club
1	13.53	1.0	Jodie Smith	PB	U23	W	Windsor Slough Eton & Hounslow/Brunel Uni London
2	13.56	1.0	Jade O'Dowda		SEN	W	Newham & Essex Beagles/Sheffield Hallam Uni
3	13.64	1.0	Marli Jessop	PB	U20	W	Shaftesbury Barnet
4	13.99	1.0	Emily Russell	PB	U23	W	Harrow/Brunel Uni London
5	14.29	1.0	Jasmine Clark		U23	W	Trafford/Birmingham Uni
6	14.47	1.0	Kia Slade	PB	U23	W	Bournemouth
7	14.51	1.0	Anna McCauley		U23	W	City of Lisburn/Sheffield Hallam Uni/Ireland

8 14.51 1.0 Yasmin Uwakwe PB U20 W Enfield & Haringey/Loughborough Students

110H SM h1 (1 May)

Pos	Perf	Name	AG	Club
1	14.52	-0.1 Josh Armstrong	PB SEN M	City of Lisburn/Loughborough Students
2	14.57	-0.1 Scott Connal	PB U23 M	Kilbarchan/Caledonian U
3	14.72	-0.1 William Adeyeye	PB U23 M	Newham & Essex Beagles/East London U
4	15.42	-0.1 Dajon Wright	SB SEN M	Harrow/Loughborough Students
5	16.69	-0.1 Benjamin Whittaker	PB U23 M	Blackburn
6	16.91	-0.1 Marko Stankovic	PB U23 M	Wycombe/Exeter Uni
-	DNS	Howard Bell	SEN M	Woodford Green Essex Ladies/Heriot-Watt Uni

110H SM h2 (1 May)

Pos	Perf	Name	AG	Club
1	14.50	1.1 Owaab Barrow	PB U23 M	Loughborough Students/Qatar
2	14.52	1.1 Rico Cottell	PB U23 M	Blackheath & Bromley/Leeds Uni
3	14.66	1.1 Samuel Clarke	PB U23 M	Cambridge & Coleridge/Cambridge Uni
4	14.99	1.1 Jake Cover	PB U20 M	Team Bath/Cardiff Met Uni
5	16.06	1.1 William Parry	PB U23 M	Harborough/Oxford Uni
6	19.14	1.1 Reginald Leday	SEN M	East London (BUCS)
-	DNF	Alex Parkinson	SEN M	Sale Harriers Manchester/Birmingham Uni

110H SM h3 (1 May)

Pos	Perf	Name	AG	Club
1	14.21	0.1 Tom Wilcock	PB U23 M	Northampton
2	14.32	0.1 Joseph Agbodza	PB U23 M	Southend
3	14.51	0.1 Callum Holder	U23 M	Sutton & District/Cardiff Met Uni
4	15.56	0.1 Charalampos Charatsidis	PB U23 M	Nottingham Uni/Greece
5	15.59	0.1 Dowan Thomas	PB U23 M	Birmingham Uni/France
6	15.78	0.1 David Naylor	PB U20 M	Crewe & Nantwich
7	18.63	0.1 Edward Coles	U23 M	Preston/Leeds Uni

110H SM (2 May)

Pos	Perf	Name	AG	Club
1	14.09	0.8 Tom Wilcock	PB U23 M	Northampton
2	14.49	0.8 Callum Holder	PB U23 M	Sutton & District/Cardiff Met Uni

3	14.52	0.8	Josh Armstrong	PB	SEN	M	City of Lisburn/Loughborough Students
4	14.79	0.8	Rico Cottell	U23	M	Blackheath & Bromley/Leeds Uni	
5	15.03	0.8	Samuel Clarke	U23	M	Cambridge & Coleridge/Cambridge Uni	
6	15.13	0.8	Scott Connal	U23	M	Kilbarchan/Caledonian U	
-	DNF		Owaab Barrow	U23	M	Loughborough Students/Qatar	
-	DQ		Joseph Agbodza	U23	M	Southend	

400H SM h1 (30 Apr)

Pos	Perf	Name	AG	Club
1	54.21	Seamus Derbyshire	U23	M City of Stoke/Loughborough Students
2	56.20	George Seery	U20	M Thanet AC
3	57.63	Alan Yau	SEN	M Thames Valley/Hong Kong
4	61.99	Caspian Ng	PB U23	M Edinburgh Uni/Singapore
5	65.63	Oliver Lewis	SB U23	M Gateshead/Northumbria Uni
6	71.39	John Ilunga	SB SEN	M Blackburn/Sheffield Hallam Uni
-	DNF	Coleman Corry	U23	M Blackheath & Bromley/Exeter Uni

400H SM h2 (30 Apr)

Pos	Perf	Name	AG	Club
1	52.78	Joshua Faulds	U23	M Shaftesbury Barnet/Loughborough Students
2	53.04	Charalampos Charatsidis	PB U23	M Nottingham Uni/Greece
3	54.58	James Greenhalgh	SEN	M Sheffield & Dearne/Sheffield Uni/Ryston
4	55.99	Jonathan Mann	U23	M Bexley
5	59.84	Christopher Perry	SB U23	M Exeter/Manchester Metropolitan Uni
6	64.39	Robert O'Brien	SB U23	M Burton/LSE
7	64.54	Alexander Stewart	PB U23	M Skyrac/Bristol Uni

400H SM h3 (30 Apr)

Pos	Perf	Name	AG	Club
1	53.84	Niall Carney	SEN	M Shaftesbury Barnet/Warwick Uni
2	53.97	David Aryeetey	PB SEN	M Harrow/Loughborough Students
3	54.55	Benjamin Schofield	SB U23	M Gateshead/Northumbria Uni
4	60.40	Joel Evans	SB U20	M Stevenage & North Herts
5	60.89	Kieran Gillespie	U23	M Leeds City/Leeds Beckett Uni
6	73.06	Luke Hopper	SB U23	M Newquay & Par/Leicester Uni

-	DNF	Joshua Gray	U23	M	Kettering
400H SM h4 (30 Apr)					
Pos	Perf	Name	AG		Club
1	54.32	Panashe Majuru	SB	SEN	M Birchfield H/Zimbabwe
2	55.39	Adam Booth		U23	M Poole AC/Cardiff Met Uni
3	56.23	Jack Houghton	SB	U23	M Swansea/Swansea Uni
4	57.05	Michael Cairns	SB	U23	M Glasgow City/Strathclyde Uni/Kilbarchan
5	59.60	Ben McIntyre	SB	U23	M Swindon/Birmingham Uni
6	60.20	Stevie Kasparis	SB	U23	M Brighton & Hove/Brighton Uni
7	65.66	Tom Beale	SB	U23	M Exeter Uni
400H SM s1 (1 May)					
Pos	Perf	Name	AG		Club
1	51.78	Joshua Faulds	SB	U23	M Shaftesbury Barnet/Loughborough Students
2	52.86	Panashe Majuru	SB	SEN	M Birchfield H/Zimbabwe
3	53.17	George Seery	SB	U20	M Thanet AC
4	53.39	Benjamin Schofield	SB	U23	M Gateshead/Northumbria Uni
5	53.46	Charalampos Charatsidis		U23	M Nottingham Uni/Greece
6	56.59	Jack Houghton		U23	M Swansea/Swansea Uni
7	56.86	Michael Cairns	SB	U23	M Glasgow City/Strathclyde Uni/Kilbarchan
8	60.53	Christopher Perry		U23	M Exeter/Manchester Metropolitan Uni
400H SM s2 (1 May)					
Pos	Perf	Name	AG		Club
1	51.00	Seamus Derbyshire	SB	U23	M City of Stoke/Loughborough Students
2	52.82	Niall Carney	SB	SEN	M Shaftesbury Barnet/Warwick Uni
3	52.88	Adam Booth	SB	U23	M Poole AC/Cardiff Met Uni
4	53.44	David Aryeetey	PB	SEN	M Harrow/Loughborough Students
5	53.82	James Greenhalgh	SB	SEN	M Sheffield & Dearne/Sheffield Uni/Ryston
6	55.05	Jonathan Mann	PB	U23	M Bexley
7	56.35	Alan Yau		SEN	M Thames Valley/Hong Kong
8	58.94	Ben McIntyre	SB	U23	M Swindon/Birmingham Uni
400H SM (2 May)					
Pos	Perf	Name	AG		Club
1	51.69	Joshua Faulds	SB	U23	M Shaftesbury Barnet/Loughborough Students

2	52.33	Panashe Majuru	PB SEN M	Birchfield H/Zimbabwe
3	52.72	Adam Booth	SB U23 M	Poole AC/Cardiff Met Uni
4	52.81	Niall Carney	SB SEN M	Shaftesbury Barnet/Warwick Uni
5	53.31	Benjamin Schofield	SB U23 M	Gateshead/Northumbria Uni
6	53.41	David Aryeetey	PB SEN M	Harrow/Loughborough Students
7	53.73	George Seery	U20 M	Thanet AC
-	DNF	Seamus Derbyshire	U23 M	City of Stoke/Loughborough Students

400HW SW h1 (30 Apr)

Pos	Perf	Name	AG	Club
1	60.63	Zoe Pollock	U23 W	Oxford City/Loughborough Students
2	63.20	Chloe Esegbona	SEN W	Trafford/Manchester Metropolitan Uni
3	65.64	Danel Jansen Van Rensburg	SEN W	Birchfield H/UWE Bristol
4	67.91	Rebecca Weekes	SB U20 W	Bolton/Edge Hill Uni
5	70.84	Andrea Gilbert	U23 W	Taunton
6	74.74	Melissa Raine	SEN W	Newcastle Uni
7	76.00	Daisy Harvey	SB U23 W	Yate

400HW SW h2 (30 Apr)

Pos	Perf	Name	AG	Club
1	60.46	Nessa Millet	SEN W	Notts/Loughborough Students/Ireland
2	64.54	Stephanie Fisher	U23 W	Blackheath & Bromley/Bath Uni
3	67.61	Mercedes Mercer	SB SEN W	Trafford/Manchester Metropolitan Uni
4	68.79	Saskia Krefting	U23 W	Oxford Uni
5	70.96	Imogen Dawe-Lane	SB U23 W	Team Bath/UCL
6	73.26	Millie Finch	SB U23 W	Woodford Green Essex Ladies/Nottingham Uni
-	DNS	Jasmine Clark	U23 W	Trafford/Birmingham Uni

400HW SW h3 (30 Apr)

Pos	Perf	Name	AG	Club
1	61.93	Orla Brennan	U23 W	Windsor Slough Eton & Hounslow/Birmingham Uni
2	62.88	Rachel Callan	U20 W	Giffnock North
3	67.90	Ciara Alexander	U20 W	Southampton
4	70.26	Lowenna Riley	SB U23 W	Cornwall AC
5	70.47	Charlotte Gravelsons	SB U20 W	Stratford-upon-Avon/Gloucestershire Schs

6	73.12	Stefani Karekla	PB U23 W Swansea/Swansea Uni/Cyprus
-	DNS	Joy Lisney	SEN W Newham & Essex Beagles/Cambridge Uni

400HW SW h4 (30 Apr)

Pos	Perf	Name	AG Club
1	66.18	Louise Robinson	U23 W Birchfield H/Birmingham Uni
2	67.05	Jessica Lake	U23 W Mansfield/Sheffield Hallam Uni
3	68.23	Sophie Warden	SB SEN W Preston/Edge Hill Uni
4	68.50	Ella Barker	SB U20 W Woking/Hampshire Schs
5	77.66	Katie Wright	SB U23 W Huntingdonshire
-	DQ	Amy Pye	U23 W Cannock & Stafford/Bath Uni

400HW SW s1 (1 May)

Pos	Perf	Name	AG Club
1	58.75	Nessa Millet	SB SEN W Notts/Loughborough Students/Ireland
2	61.72	Rachel Callan	SB U20 W Giffnock North
3	65.16	Louise Robinson	SB U23 W Birchfield H/Birmingham Uni
4	66.18	Rebecca Weekes	PB U20 W Bolton/Edge Hill Uni
5	66.32	Mercedes Mercer	PB SEN W Trafford/Manchester Metropolitan Uni
6	67.23	Jessica Lake	U23 W Mansfield/Sheffield Hallam Uni
7	68.62	Saskia Krefting	SB U23 W Oxford Uni
8	70.46	Lowenna Riley	U23 W Cornwall AC

400HW SW s2 (1 May)

Pos	Perf	Name	AG Club
1	59.18	Zoe Pollock	SB U23 W Oxford City/Loughborough Students
2	61.43	Orla Brennan	SB U23 W Windsor Slough Eton & Hounslow/Birmingham Uni
3	62.61	Chloe Esegbona	SB SEN W Trafford/Manchester Metropolitan Uni
4	63.51	Stephanie Fisher	SB U23 W Blackheath & Bromley/Bath Uni
5	65.02	Danel Jansen Van Rensburg	SB SEN W Birchfield H/UWE Bristol
6	66.49	Ciara Alexander	U20 W Southampton
7	70.00	Sophie Warden	SEN W Preston/Edge Hill Uni
8	70.92	Ella Barker	U20 W Woking/Hampshire Schs

400HW SW (2 May)

Pos	Perf	Name	AG Club
1	58.20	Zoe Pollock	SB U23 W Oxford City/Loughborough Students

2	58.38	Nessa Millet	SB SEN W	Notts/Loughborough Students/Ireland
3	60.69	Rachel Callan	SB U20 W	Giffnock North
4	60.92	Orla Brennan	SB U23 W	Windsor Slough Eton & Hounslow/Birmingham Uni
5	63.15	Chloe Esegbona	SEN W	Trafford/Manchester Metropolitan Uni
6	63.98	Stephanie Fisher	U23 W	Blackheath & Bromley/Bath Uni
7	65.77	Danel Jansen Van Rensburg	SEN W	Birchfield H/UWE Bristol
8	68.70	Louise Robinson	U23 W	Birchfield H/Birmingham Uni

2000SCW SW h1 (30 Apr)

Pos	Perf	Name	AG	Club
1	6:53.03	Maisie Grice	U23 W	Aldershot, Farnham & District/Birmingham Uni
2	6:53.70	Lucy Jones	SEN W	Charnwood
3	6:54.80	Alex Barbour	SEN W	Windsor Slough Eton & Hounslow/Loughborough Studen
4	6:56.99	Elena Carey	PB U23 W	Bracknell AC
5	6:59.30	Emily McNicol	PB SEN W	Law/Strathclyde Uni
6	7:34.51	Lizzy Ingram	SB U23 W	Yeovil/Wells City
7	7:43.65	Ella Sharrock	U23 W	City of Norwich/Oxford Uni
8	7:56.35	Kate Meeson	PB SEN W	Trafford/Manchester Uni
9	8:15.47	Katrin Higginson	SB U23 W	Bridgend/Plymouth Uni
-	DNS	Margarita Radeva	U23 W	Aberdeen Uni/Bulgaria
-	DNS	Zara Meaby	U23 W	York Uni

2000SCW SW h2 (30 Apr)

Pos	Perf	Name	AG	Club
1	6:55.66	Holly Page	U23 W	Dartford H/Edinburgh Uni Hare & Hounds
2	6:57.81	Sarah Tait	U23 W	Lasswade/Stirling Uni
3	7:01.32	Holly Little	PB SEN W	Victoria Park City of Glasgow/Queen Margaret Uni
4	7:02.31	Amelia Wills	PB U23 W	Bracknell AC/Millfield Sch
5	7:15.38	Morgan Squibb	U20 W	Blackheath & Bromley
6	7:20.95	Anna Sharp	SB SEN W	Southampton/Oxford Uni
7	7:24.32	Katie Balme	PB U23 W	Herne Hill/Exeter Uni
8	7:45.35	Maya Hodgson	SB U23 W	Windsor Slough Eton & Hounslow/Cambridge Uni
9	8:15.13	Lily Higgins	SB U23 W	Halesowen/Birmingham Uni
10	10:02.06	Emily Rowe	SB SEN W	Liverpool H/Edge Hill Uni

2000SCW SW (2 May)

Pos	Perf	Name	AG	Club
1	6:27.28	Maisie Grice	PB U23 W	Aldershot, Farnham & District/Birmingham Uni
2	6:32.90	Sarah Tait	SB U23 W	Lasswade/Stirling Uni
3	6:36.50	Elena Carey	PB U23 W	Bracknell AC
4	6:37.35	Lucy Jones	PB SEN W	Charnwood
5	6:37.75	Holly Page	PB U23 W	Dartford H/Edinburgh Uni Hare & Hounds
6	6:43.59	Alex Barbour	PB SEN W	Windsor Slough Eton & Hounslow/Loughborough Studen
7	6:51.84	Holly Little	PB SEN W	Victoria Park City of Glasgow/Queen Margaret Uni
8	6:54.59	Amelia Wills	PB U23 W	Bracknell AC/Millfield Sch
9	7:00.88	Emily McNicol	SEN W	Law/Strathclyde Uni
10	7:09.93	Morgan Squibb	SB U20 W	Blackheath & Bromley
11	7:37.35	Katie Balme	U23 W	Herne Hill/Exeter Uni
-	DNS	Anna Sharp	SEN W	Southampton/Oxford Uni

3000SC SM h1 (1 May)

Pos	Perf	Name	AG	Club
1	9:59.78	Terence Fawden	SEN M	Highgate/Loughborough Students
2	10:03.38	Brychan Price Davies	U23 M	Brecon/Birmingham Uni
3	10:03.56	Lewis Harknett	U23 M	Orion
4	10:03.84	William Battershill	SEN M	Erme Valley
5	10:19.78	Max Nicolle	U23 M	Vale of Aylesbury/Loughborough Students
6	10:49.17	Alexander Pennington	PB U23 M	Abingdon/Cardiff Uni
7	11:29.21	Thomas Sobey	PB SEN M	Bristol Uni
8	11:36.42	Tom Jackson	PB U23 M	Telford AC
9	12:52.19	Teddy Nutbrown-Hughes	PB U23 M	Plymouth Uni

3000SC SM h2 (1 May)

Pos	Perf	Name	AG	Club
1	9:48.93	James Edgerton	SEN M	Cambridge & Coleridge
2	9:49.87	Bradley Burke	U23 M	Horsham Blue Star/Oxford Uni
3	9:50.17	Ben Thomas	U23 M	Carmarthen/Birmingham Uni
4	9:50.97	George Phillips	SEN M	Doncaster/Sheffield Hallam Uni

400HW
HT7.26K

2000SCW
HT4K

3000SC
JT800

4x100
JT600