

# VMI KEYDET INVITATIONAL

Lexington, VA  
VMI-Corps Physical Training Facility  
Saturday, January 16, 2021



OFFICIAL MEET REPORT  
printed: 1/16/2021 6:11 PM

## RESULTS

### #20 Women's High Jump

Progressions: 1.40, 1.45, 1.50, 1.55, 1.60, 1.65, 1.70, 1.75, 1.80, 1.85

\$ CPTF	1.70m	Grace Becker	William and Mary
\$ CPTF	1.70m	Selena Popp	Samford
\$ CPTF	1.70m	Gabi Hayes	Virginia

10:30 AM:

Pl Name	Yr Team	Mark	1.40	1.45	1.50	1.55	1.60	1.65
1 HUDSPETH, Aly	UNC Pembro	1.60m 5' 3"	PPP	O	O	O	O	XXX
2 BOGHOSSIAN-JAMES, Ani	JR Towson	1.60m 5' 3"	PPP	O	O	O	XO	XXX
3 BIGGI, Bethany	SO James Madis	1.55m 5' 1"	PPP	O	O	O	XXX	
3 MYLES, Alacia	FR VCU	1.55m 5' 1"	PPP	PPP	PPP	O	XXX	
5 SANDERS, Brianna	UNC Pembro	1.55m 5' 1"	O	O	XO	O	XXX	
6 BEAVER, Paris	SO James Madis	1.55m 5' 1"	PPP	O	O	XO	XXX	
6 LYONS, Khaila	SO VCU	1.55m 5' 1"	PPP	PPP	PPP	XO	XXX	
8 MAYO, Dasia	SO VCU	1.55m 5' 1"	PPP	PPP	PPP	XXO	XXX	
9 MILLER, Paige	FR James Madis	1.50m 4' 11"	PPP	O	O	XXX		
10 AYCOCK, Deja	UNC Pembro	1.50m 4' 11"	O	O	XXO	XXX		
11 RUSSELL, Abby	FR Lynchburg	1.45m 4' 9"	O	XO	XXX			
12 WILKINSON, Liana	FR Towson	1.45m 4' 9"	O	XXO	XXX			
MILLER, Olivia	FR Towson	NH	XXX					

### #23 Men's Long Jump

\$ CPTF	7.51m	Dameon Creary	Campbell	2020
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10:30 AM:

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1 DOUGLAS, Julian	SR Lynchburg	6.85m 22' 5 <sup>3</sup> / <sub>4</sub> "	6.85	6.71	FOUL	FOUL	4.48	FOUL
2 SMALL, Todzah	UNC Pembro	6.67m 21' 10 <sup>3</sup> / <sub>4</sub> "	6.49	FOUL	6.67	6.19	FOUL	FOUL
3 LEWIS, Kendrick	JR UNC Pembro	6.48m 21' 3 <sup>1</sup> / <sub>4</sub> "	6.48	FOUL	FOUL	FOUL	FOUL	FOUL
4 BURKE, Max	JR VMI	6.47m 21' 2 <sup>3</sup> / <sub>4</sub> "	FOUL	FOUL	6.41	6.45	6.47	6.43
5 JONES, Robert	FR VMI	6.10m 20' 0 <sup>1</sup> / <sub>4</sub> "	5.80	5.70	FOUL	5.98	6.10	5.83
6 WHITAKER, Andrew	UNC Pembro	6.07m 19' 11"	6.02	6.01	6.07	5.88	FOUL	FOUL
7 ATKINS, Mykalee	JR VCU	5.76m 18' 10 <sup>3</sup> / <sub>4</sub> "	FOUL	5.46	5.76	FOUL	5.31	5.68

### #24 Women's Long Jump

\$ CPTF	6.04m	Selena Popp	Samford
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10:30 AM:

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1 CAVALIER, Adia	SR Towson	5.75m 18' 10 <sup>1</sup> / <sub>2</sub> "	FOUL	FOUL	5.22	5.72	5.75	FOUL
2 LEFEVRE, Dardlie	SO James Madis	5.56m 18' 3"	4.99	5.17	FOUL	FOUL	5.28	5.56
3 WATKINS, Savannah	SR UNC Pembro	5.40m 17' 8 <sup>3</sup> / <sub>4</sub> "	5.20	FOUL	5.40	5.33	5.33	5.29
4 BABASHAK, Erin	SO James Madis	5.39m 17' 8 <sup>1</sup> / <sub>4</sub> "	5.29	5.11	FOUL	5.39	FOUL	FOUL
5 HIGGINS, Courtney	SR VCU	5.28m 17' 4"	5.28	FOUL	FOUL	FOUL	FOUL	FOUL
6 NEWMAN, Aliyah	SR VCU	5.26m 17' 3 <sup>1</sup> / <sub>4</sub> "	5.26	FOUL	FOUL	FOUL	FOUL	4.94
7 DARITY, Micaiah	UNC Pembro	5.18m 17' 0"	4.74	4.35	4.86	4.99	5.06	5.18
8 GARY, Maya	FR James Madis	4.97m 16' 3 <sup>3</sup> / <sub>4</sub> "	4.71	4.97	4.57	FOUL	FOUL	4.78
9 SEWARD, Aniya	FR Lynchburg	4.95m 16' 3"	FOUL	4.95	FOUL	FOUL	4.56	4.73
10 ERVIN, Breze	UNC Pembro	4.81m 15' 9 <sup>1</sup> / <sub>2</sub> "	FOUL	FOUL	4.81			

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## RESULTS

### #24 Women's Long Jump (cont'd)

10:30 AM:

PI Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
11 GNOUMOU, Deborah	FR Towson	4.80m 15' 9"	4.80	4.69	4.29			
12 HAWKINS, Raquel	SO VCU	4.75m 15' 7"	FOUL	4.75	FOUL			
13 MILLER, Olivia	FR Towson	4.66m 15' 3 <sup>1</sup> / <sub>2</sub>	4.57	4.66	4.48			
14 WENGER, Elizabeth	FR Lynchburg	4.41m 14' 5 <sup>3</sup> / <sub>4</sub>	4.26	4.41	4.25			
DAVIS, Jazmyne	SR UNC Pembro	NM	FOUL	FOUL	FOUL			
MEASSELL, Kaitlin	FR Shenandoah	DNS						

### #29 Men's Weight Throw

\$ CPTF 21.99m Benjamin Johnson ETSU

11:00 AM:

PI Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1 VIAU, Benjamin	SR George Maso	18.54m 60' 10"	17.93	18.54	FOUL	18.10	FOUL	17.47
2 SIMMONS, Jaylen	SR George Maso	17.85m 58' 6 <sup>3</sup> / <sub>4</sub>	17.38	16.59	17.37	17.85	FOUL	16.33
3 VOLLBRECHT, Jaekob	JR VCU	16.92m 55' 6 <sup>1</sup> / <sub>4</sub>	FOUL	FOUL	16.38	FOUL	16.92	FOUL
4 COCKRELL, Coby	JR VCU	15.96m 52' 4 <sup>1</sup> / <sub>2</sub>	FOUL	14.40	FOUL	FOUL	14.28	15.96
5 KESTYN, Robert	SO George Maso	15.09m 49' 6 <sup>1</sup> / <sub>4</sub>	14.24	13.64	14.40	13.14	15.09	14.45
6 GRANGER, Andrew	FR VMI	15.01m 49' 3"	13.76	14.99	14.76	15.01	14.60	14.19
7 BROOKS, Herbert	SO VMI	13.84m 45' 5"	13.69	FOUL	13.81	FOUL	13.84	12.86
8 BARNETT, Justin	SO VCU	13.33m 43' 9"	12.71	12.23	12.95	FOUL	12.71	13.33
KINDIG, John	JR Shenandoah	NM						
SCHANNAUER, Wyatt	SO Shenandoah	NM						

### #28 Women's Shot Put

\$ CPTF 16.01m Galissia Cause East Carolina

PI Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1 MCGOWAN, Makayla	SR VCU	13.51m 44' 4"	12.45	FOUL	13.30	13.40	13.51	13.27
2 LECKMAN, Sarah	SR VMI	13.34m 43' 9 <sup>1</sup> / <sub>4</sub>	12.79	13.12	13.34	12.62	13.15	13.23
3 COLEMAN, Georgia	JR Towson	13.06m 42' 10 <sup>1</sup> / <sub>4</sub>	12.44	13.06	11.93	11.42	11.42	FOUL
4 BYRD, Eryn	FR VCU	12.55m 41' 2 <sup>1</sup> / <sub>4</sub>	12.29	11.46	12.55	FOUL	10.76	11.40
5 THORPE, Kayla	FR Towson	12.49m 40' 11 <sup>3</sup> / <sub>4</sub>	12.49	FOUL	12.38	12.02	FOUL	FOUL
6 GAUDIN, Grace	JR George Maso	12.40m 40' 8 <sup>1</sup> / <sub>4</sub>	FOUL	12.14	12.00	11.81	12.20	12.40
7 MCRAE, Jessica	JR George Maso	12.26m 40' 2 <sup>3</sup> / <sub>4</sub>	12.03	11.79	12.26	FOUL	12.17	12.04
8 MIDKIFF, Jocelyn	SO VCU	12.21m 40' 0 <sup>3</sup> / <sub>4</sub>	FOUL	FOUL	12.21	FOUL	11.61	FOUL
9 KIRKLAND, Jenna	FR VMI	10.93m 35' 10 <sup>1</sup> / <sub>2</sub>	9.82	10.64	10.93	9.84	10.17	10.44
10 OWENS, Fatimah	FR Towson	10.81m 35' 5 <sup>3</sup> / <sub>4</sub>	10.81	10.41	9.77			
11 MILLER, Ellie	JR VMI	10.73m 35' 2 <sup>1</sup> / <sub>2</sub>	9.66	10.73	FOUL			
12 SMITH, Lauren	SO Lincoln Memo	9.51m 31' 2 <sup>1</sup> / <sub>2</sub>	9.31	9.51	8.75			
13 TEH, Shadaynya	UNC Pembro	8.71m 28' 7"	8.71	7.57	FOUL			
ROCKER, Alexis	FR VMI	NM	FOUL	FOUL	FOUL			
RYAN, Jamie	SR Shenandoah	DNS						

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## RESULTS

### #27 Men's Shot Put

\$ CPTF 18.36m Simmons, Jaylen GMU 2/14/2020

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1 VOLLBRECHT, Jaekob	JR VCU	17.15m 56' 3 <sup>1</sup> / <sub>4</sub>	16.60	FOUL	17.15	FOUL	16.39	17.14
2 SIMMONS, Jaylen	SR George Maso	16.87m 55' 4 <sup>1</sup> / <sub>4</sub>	FOUL	16.87	FOUL	FOUL	15.94	16.60
3 YANCEY, Glen	SR VCU	16.02m 52' 6 <sup>3</sup> / <sub>4</sub>	15.13	13.82	15.49	15.41	15.79	16.02
4 BELAYNEH, Ebenezer	SR VCU	15.79m 51' 9 <sup>3</sup> / <sub>4</sub>	FOUL	15.57	15.36	15.43	FOUL	15.79
5 LOMAX, Aaron	FR George Maso	15.12m 49' 7 <sup>1</sup> / <sub>4</sub>	FOUL	15.10	15.12	FOUL	FOUL	14.59
6 STEGGERDA, Connor	SR George Maso	14.38m 47' 2 <sup>1</sup> / <sub>4</sub>	13.53	14.03	13.67	FOUL	14.38	13.54
7 GHOSH, Solomon	JR VMI	13.79m 45' 3"	12.97	13.41	13.79	13.54	FOUL	FOUL
8 STOTT, Christopher	SO Lynchburg	11.52m 37' 9 <sup>1</sup> / <sub>2</sub>	FOUL	11.39	11.52	11.19	10.67	10.15
9 MUNSON, Stephen	FR VMI	10.86m 35' 7 <sup>3</sup> / <sub>4</sub>	10.42	10.86	FOUL	8.38	FOUL	10.38
10 NABE, Kyle	SR Lincoln Memo	10.64m 34' 11"	10.41	10.06	10.64			
KINDIG, John	JR Shenandoah	DNS						
SCHANNAUER, Wyatt	SO Shenandoah	DNS						
OHLEGER, Graham	JR VMI	DNS						

### #30 Women's Weight Throw

\$ CPTF 19.20m Mohogany Baker East Carolina

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6	F(Pl)
1 COLEMAN, Georgia	JR Towson	17.63m 57' 10 <sup>1</sup> / <sub>4</sub>	17.63	16.95	17.05	16.81	FOUL	17.04	2(1)
2 GAUDIN, Grace	JR George Maso	17.30m 56' 9 <sup>1</sup> / <sub>4</sub>	FOUL	FOUL	16.16	17.30	15.73	15.67	2(2)
3 MCGOWAN, Makayla	SR VCU	16.43m 53' 11"	15.43	14.91	14.35	16.43	15.70	FOUL	2(3)
4 MCRAE, Jessica	JR George Maso	15.82m 51' 11"	15.55	15.82	FOUL	FOUL	FOUL	15.35	2(4)
5 CAVANAGH, Hannah	SR George Maso	15.06m 49' 5"	FOUL	14.58	15.06	14.83	13.96	14.80	2(5)
6 LECKMAN, Sarah	SR VMI	13.60m 44' 7 <sup>1</sup> / <sub>2</sub>	11.68	12.09	13.60	13.57	FOUL	FOUL	2(6)
7 BYRD, Eryn	FR VCU	13.46m 44' 2"	FOUL	FOUL	13.46	12.45	FOUL	FOUL	1(1)
8 THORPE, Kayla	FR Towson	13.21m 43' 4 <sup>1</sup> / <sub>4</sub>	12.31	13.21	11.56	12.29	FOUL	FOUL	1(2)
9 OWENS, Fatimah	FR Towson	13.20m 43' 3 <sup>3</sup> / <sub>4</sub>	FOUL	12.84	FOUL	13.20	12.91	FOUL	1(3)
10 BENEFIELD, Elle	SR Lynchburg	12.60m 41' 4 <sup>1</sup> / <sub>4</sub>	12.02	FOUL	12.60				2(7)
11 REESE, Hallie	SO James Madis	12.34m 40' 6"	11.20	11.65	12.34				2(8)
12 RICHARDS, Jamaliala	JR James Madis	12.10m 39' 8 <sup>1</sup> / <sub>2</sub>	FOUL	12.10	FOUL				1(4)
13 ENDICOTT, Ariel	SR VMI	11.95m 39' 2 <sup>1</sup> / <sub>2</sub>	11.60	FOUL	11.95				1(5)
14 ROCKER, Alexis	FR VMI	10.63m 34' 10 <sup>1</sup> / <sub>2</sub>	9.98	10.17	10.63				1(6)
15 SMITH, Lauren	SO Lincoln Memo	10.49m 34' 5"	10.27	10.49	9.20				1(7)
16 GONZALEZ, Judith	FR VMI	9.98m 32' 9"	FOUL	FOUL	9.98				1(8)
RYAN, Jamie	SR Shenandoah	NM							1
MIDKIFF, Jocelyn	SO VCU	NM	FOUL	FOUL	FOUL				2

### FLIGHT RESULTS

Pl Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
<b>Flight 1 of 2</b>								
1 BYRD, Eryn	FR VCU	13.46m 44' 2"	FOUL	FOUL	13.46	12.45	FOUL	FOUL
2 THORPE, Kayla	FR Towson	13.21m 43' 4 <sup>1</sup> / <sub>4</sub>	12.31	13.21	11.56	12.29	FOUL	FOUL
3 OWENS, Fatimah	FR Towson	13.20m 43' 3 <sup>3</sup> / <sub>4</sub>	FOUL	12.84	FOUL	13.20	12.91	FOUL
4 RICHARDS, Jamaliala	JR James Madis	12.10m 39' 8 <sup>1</sup> / <sub>2</sub>	FOUL	12.10	FOUL			
5 ENDICOTT, Ariel	SR VMI	11.95m 39' 2 <sup>1</sup> / <sub>2</sub>	11.60	FOUL	11.95			

# RESULTS

## #30 Women's Weight Throw (cont'd)

Pl	Name	Yr	Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
6	ROCKER, Alexis	FR	VMI	10.63m 34' 10 <sup>1</sup> / <sub>2</sub> "	9.98	10.17	10.63			
7	SMITH, Lauren	SO	Lincoln Memo	10.49m 34' 5"	10.27	10.49	9.20			
8	GONZALEZ, Judith	FR	VMI	9.98m 32' 9"	FOUL	FOUL	9.98			
	RYAN, Jamie	SR	Shenandoah	NM						
<b>Flight 2 of 2</b>										
1	COLEMAN, Georgia	JR	Towson	17.63m 57' 10 <sup>1</sup> / <sub>4</sub> "	17.63	16.95	17.05	16.81	FOUL	17.04
2	GAUDIN, Grace	JR	George Maso	17.30m 56' 9 <sup>1</sup> / <sub>4</sub> "	FOUL	FOUL	16.16	17.30	15.73	15.67
3	MCGOWAN, Makayla	SR	VCU	16.43m 53' 11"	15.43	14.91	14.35	16.43	15.70	FOUL
4	MCRAE, Jessica	JR	George Maso	15.82m 51' 11"	15.55	15.82	FOUL	FOUL	FOUL	15.35
5	CAVANAGH, Hannah	SR	George Maso	15.06m 49' 5"	FOUL	14.58	15.06	14.83	13.96	14.80
6	LECKMAN, Sarah	SR	VMI	13.60m 44' 7 <sup>1</sup> / <sub>2</sub> "	11.68	12.09	13.60	13.57	FOUL	FOUL
7	BENEFIELD, Elle	SR	Lynchburg	12.60m 41' 4 <sup>1</sup> / <sub>4</sub> "	12.02	FOUL	12.60			
8	REESE, Hallie	SO	James Madis	12.34m 40' 6"	11.20	11.65	12.34			
	MIDKIFF, Jocelyn	SO	VCU	NM	FOUL	FOUL	FOUL			

## #2 Women's 60 Meters

\$ CPTF 7.35 Destiny Carter Unattached

12:00 PM: (Top 1 per Heat + next 5 advance)

### Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	BURTON, Shamika	JR	Towson	7.73	Q	1(1)
2	MILES, Porsha	SO	James Madison	7.81	q	1(2)
3	TUCKER, Sydney	FR	Towson	7.83	Q	2(1)
4	RUFFIN, Ariana	SR	VMI	7.86	Q	3(1)
5	LEFEVRE, Dardlie	SO	James Madison	7.91	q	3(2)
6	PIERRE, Simone	FR	VCU	7.95	q	2(2)
7	MCCORMICK, Dy'Air		UNC Pembroke	7.97	q	2(3)
8	JOSEPH, Ingrid	JR	VMI	8.01	q	1(3)
9	HAMRICK, Leyjah	FR	James Madison	8.02		3(3)
10	COVINGTON, Jerrica	SR	Lincoln Memorial	8.05		2(4)
11	JOHN-WALLACE, GJaudy	JR	George Mason	8.11		3(4)
12	MOORE, Karah	FR	VCU	8.16		1(4)
13	BROOKS, Eliza	JR	VMI	8.17		1(5)
14	OGUAMENA, Kendra	SO	Eastern Mennonite	8.26		1(6)
15	CHAMBERS, Britney		UNC Pembroke	8.28		3(5)
16	MCMILLAN, Nia	FR	VCU	8.32		2(5)
17	PARSON, Autumn	JR	VMI	8.36		2(6)
18	VAUGHAN, Nia	JR	VMI	8.42		3(6)

## HEAT RESULTS

### Prelims

Pl	Name	Yr	Team	Time	Note
<b>Heat 1 of 3</b>					
1	BURTON, Shamika	JR	Towson	7.73	Q
2	MILES, Porsha	SO	James Madison	7.81	q
3	JOSEPH, Ingrid	JR	VMI	8.01	q
4	MOORE, Karah	FR	VCU	8.16	

# RESULTS

## #2 Women's 60 Meters (cont'd)

### Prelims

Pl	Name	Yr	Team	Time	Note
5	BROOKS, Eliza	JR	VMI	8.17	
6	OGUAMENA, Kendra	SO	Eastern Mennonite	8.26	

### Heat 2 of 3

1	TUCKER, Sydney	FR	Towson	7.83Q	
2	PIERRE, Simone	FR	VCU	7.95q	
3	MCCORMICK, Dy'Air		UNC Pembroke	7.97q	
4	COVINGTON, Jerrica	SR	Lincoln Memorial	8.05	
5	MCMILLAN, Nia	FR	VCU	8.32	
6	PARSON, Autumn	JR	VMI	8.36	

### Heat 3 of 3

1	RUFFIN, Ariana	SR	VMI	7.86Q	
2	LEFEVRE, Dardlie	SO	James Madison	7.91q	
3	HAMRICK, Leyjah	FR	James Madison	8.02	
4	JOHN-WALLACE, GJaudy	JR	George Mason	8.11	
5	CHAMBERS, Britney		UNC Pembroke	8.28	
6	VAUGHAN, Nia	JR	VMI	8.42	

## #1 Men's 60 Meters

\$ CPTF 6.65 Demek Kemp South Carolina State

12:20 PM: (Top 1 per Heat + next 5 advance)

### Prelims

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	POINDEXTER, Jordin	JR	VMI	6.97Q		1(1)
2	SHIRLEY, Xavier	SO	George Mason	6.98Q		3(1)
3	ADAMS, Jamar		UNC Pembroke	7.00Q		2(1)
4	KAMAU, Sundiata	JR	George Mason	7.05q		2(2)
5	FREEMAN, Lewis	FR	VCU	7.09q		2(3)
6	CARTER, Isaiah	SO	George Mason	7.14q		3(2)
7	MITCHELL, Johnathan	SO	VCU	7.15q		3(3)
8	COLLINS, John	JR	VMI	7.18q		1(2)
9	NAPIER, Jayden	FR	VMI	7.28		1(3)
10	TRAHAN, Bret	JR	VMI	7.31		2(4)
10	JOHNSON, Alijah	JR	Eastern Mennonite	7.31		3(4)
12	THOM, Doug	SR	Lynchburg	7.42		2(5)
13	MITCHELL, Jaden	FR	VCU	7.44		3(5)
	GAMBLE, Orlandus		UNC Pembroke	FS		1
	MOORE, Miles	SO	Shenandoah	DNS		1
	JACKSON, Andre	SO	Shenandoah	DNS		1
	CROWDER, William	FR	Shenandoah	DNS		1
	LEWIS, Kendrick	JR	UNC Pembroke	DNS		2

## HEAT RESULTS

### Prelims

Pl	Name	Yr	Team	Time	Note
1	POINDEXTER, Jordin	JR	VMI	6.97Q	

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**RESULTS****#1 Men's 60 Meters (cont'd)****Prelims**

Pl	Name	Yr	Team	Time	Note
2	COLLINS, John	JR	VMI	7.18q	
3	NAPIER, Jayden	FR	VMI	7.28	
	GAMBLE, Orlandus		UNC Pembroke	FS	
	MOORE, Miles	SO	Shenandoah	DNS	
	JACKSON, Andre	SO	Shenandoah	DNS	
	CROWDER, William	FR	Shenandoah	DNS	

**Heat 2 of 3**

1	ADAMS, Jamar		UNC Pembroke	7.00Q	
2	KAMAU, Sundiata	JR	George Mason	7.05q	
3	FREEMAN, Lewis	FR	VCU	7.09q	
4	TRAHAN, Bret	JR	VMI	7.31	
5	THOM, Doug	SR	Lynchburg	7.42	
	LEWIS, Kendrick	JR	UNC Pembroke	DNS	

**Heat 3 of 3**

1	SHIRLEY, Xavier	SO	George Mason	6.98Q	
2	CARTER, Isaiah	SO	George Mason	7.14q	
3	MITCHELL, Johnathan	SO	VCU	7.15q	
4	JOHNSON, Alijah	JR	Eastern Mennonite	7.31	
5	MITCHELL, Jaden	FR	VCU	7.44	

**#14 Women's 60m Hurdles**

\$ CPTF 8.18 Gabriele Cunningham North Carolina State

**12:50 PM: (Top 1 per Heat + next 6 advance)****Prelims**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	FREEMAN, Lauryn	SO	VCU	9.00Q		1(1)
2	MARTIN-PALMER, Tajah	FR	Towson	9.16Q		2(1)
3	WATKINS, Savannah	SR	UNC Pembroke	9.18q		2(2)
4	LANE, Davina	SR	George Mason	9.24q		2(3)
5	BOGHOSSIAN-JAMES, Ani	JR	Towson	9.28q		2(4)
6	BABASHAK, Erin	SO	James Madison	9.29q		1(2)
7	OWENS, Michelle	FR	VCU	9.34q		1(3)
8	KING, Mya	SO	Towson	9.36q		1(4)
9	CHEN, Asia	SR	Towson	9.37		2(5)
10	LEWIS, Tiana	SO	James Madison	9.40		1(5)
11	CLOSE, Elizabeth	SO	Lincoln Memorial	9.64		1(6)
12	JAMES, Taylor	FR	VCU	9.65		2(6)
13	SELLS, Micah	SO	Lincoln Memorial	9.77		1(7)
14	BIGGI, Bethany	SO	James Madison	10.10		2(7)
15	TEH, Shadaynya		UNC Pembroke	10.83		2(8)
	HARRISON, Quanterra		UNC Pembroke	DNS		1

**HEAT RESULTS****Prelims**

Pl	Name	Yr	Team	Time	Note
----	------	----	------	------	------

**Heat 1 of 2**

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**RESULTS****#14 Women's 60m Hurdles (cont'd)****Prelims**

Pl	Name	Yr Team	Time	Note
1	FREEMAN, Lauryn	SO VCU	9.00q	
2	BABASHAK, Erin	SO James Madison	9.29q	
3	OWENS, Michelle	FR VCU	9.34q	
4	KING, Mya	SO Towson	9.36q	
5	LEWIS, Tiana	SO James Madison	9.40	
6	CLOSE, Elizabeth	SO Lincoln Memorial	9.64	
7	SELLS, Micah	SO Lincoln Memorial	9.77	
	HARRISON, Quanterra	UNC Pembroke	DNS	

**Heat 2 of 2**

1	MARTIN-PALMER, Tajah	FR Towson	9.16Q
2	WATKINS, Savannah	SR UNC Pembroke	9.18q
3	LANE, Davina	SR George Mason	9.24q
4	BOGHOSSIAN-JAMES, Ani	JR Towson	9.28q
5	CHEN, Asia	SR Towson	9.37
6	JAMES, Taylor	FR VCU	9.65
7	BIGGI, Bethany	SO James Madison	10.10
8	TEH, Shadaynya	UNC Pembroke	10.83

**#25 Men's Triple Jump**

\$ CPTF 15.38m Malik Franklin Savannah State

**1:00 PM:**

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	ELMORE, Darrin	SR UNC Pembro	14.76m 48' 5 <sup>1</sup> / <sub>4</sub>	13.18	13.35	13.41	14.76	14.69	13.24
2	MIDGETT, Keyandre	FR VMI	13.82m 45' 4 <sup>1</sup> / <sub>4</sub>	FOUL	13.70	FOUL	12.72	13.82	FOUL
3	NAPIER, Jayden	FR VMI	13.17m 43' 2 <sup>1</sup> / <sub>2</sub>	13.17	12.55	12.94	FOUL	12.42	FOUL
4	JONES, Robert	FR VMI	11.93m 39' 1 <sup>3</sup> / <sub>4</sub>	FOUL	11.93	FOUL	FOUL	11.83	FOUL
	WHITAKER, Andrew	UNC Pembro	NM	FOUL	FOUL	FOUL	FOUL	FOUL	FOUL

**#26 Women's Triple Jump**

\$ CPTF 12.36m Mia Barron Virginia

**1:00 PM:**

Pl	Name	Yr Team	Mark	Rnd 1	Rnd 2	Rnd 3	Rnd 4	Rnd 5	Rnd 6
1	SEBWE, Kelsey	FR George Maso	11.14m 36' 6 <sup>3</sup> / <sub>4</sub>	10.93	11.10	10.98	10.51	11.07	11.14
2	STAIB, Shelby	SO James Madis	11.03m 36' 2 <sup>1</sup> / <sub>4</sub>	10.82	11.03	11.02	FOUL	FOUL	FOUL
3	OTETE, Dhiambi	SO George Maso	11.02m 36' 2"	FOUL	11.02	10.67	10.81	FOUL	10.54
4	HARRIS, Kyla	JR George Maso	10.95m 35' 11 <sup>1</sup> / <sub>4</sub>	10.68	10.74	10.95	10.71	10.92	10.92
5	SALYERS, Morgan	SR Lincoln Memo	10.32m 33' 10 <sup>1</sup> / <sub>4</sub>	FOUL	FOUL	10.32	FOUL	10.09	10.11
6	DARITY, Micaiah	UNC Pembro	10.23m 33' 6 <sup>3</sup> / <sub>4</sub>	10.10	10.14	10.23	FOUL	9.80	10.09
7	ERVIN, Breze	UNC Pembro	10.22m 33' 6 <sup>1</sup> / <sub>2</sub>	9.76	10.07	10.12	10.00	10.22	9.82
	DAVIS, Jazmyne	SR UNC Pembro	NM	FOUL	FOUL	FOUL			
	CAVALIER, Adia	SR Towson	NM	FOUL	FOUL	FOUL			
	MEASSELL, Kaitlin	FR Shenandoah	DNS						



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# RESULTS

**#13 Men's 60m Hurdles**

\$ CPTF 7.75 Jovaine Atkinson Liberty

1:15 PM: (Top 1 per Heat + next 6 advance)

**Prelims**

PI Name	Yr Team	Time Note	H(PI)
1 DEBERRY, Jathan	SR UNC Pembroke	8.27Q	2(1)
2 WALLER, Emmanuel	JR VCU	8.45q	2(2)
3 NABE, Kyle	SR Lincoln Memorial	8.56Q	1(1)
4 MIDGETT, Keyandre	FR VMI	8.59q	1(2)
5 MCBRIDE, Liam	FR VMI	8.60q	1(3)
6 ATKINS, Mykalee	JR VCU	8.77q	1(4)
6 RICE, Jack	FR VMI	8.77q	2(3)
8 EVANS, Sebastian	JR VCU	8.91q	2(4)
9 ALLEN, Timothy	FR George Mason	8.95	1(5)
10 REED, Hunter	FR VMI	9.05	2(5)
11 GUNTER, Jeffery	UNC Pembroke	9.34	1(6)
11 ELMORE, Darrin	SR UNC Pembroke	9.34	2(6)
13 LINKO, Kevin	SO VMI	10.73	2(7)
HOLLIDAY, Kyle	JR Shenandoah	DNS	1
KLOCKE, Matthew	JR Shenandoah	DNS	2

**HEAT RESULTS****Prelims**

PI Name	Yr Team	Time Note
<b>Heat 1 of 2</b>		
1 NABE, Kyle	SR Lincoln Memorial	8.56Q
2 MIDGETT, Keyandre	FR VMI	8.59q
3 MCBRIDE, Liam	FR VMI	8.60q
4 ATKINS, Mykalee	JR VCU	8.77q
5 ALLEN, Timothy	FR George Mason	8.95
6 GUNTER, Jeffery	UNC Pembroke	9.34
HOLLIDAY, Kyle	JR Shenandoah	DNS
<b>Heat 2 of 2</b>		
1 DEBERRY, Jathan	SR UNC Pembroke	8.27Q
2 WALLER, Emmanuel	JR VCU	8.45q
3 RICE, Jack	FR VMI	8.77q
4 EVANS, Sebastian	JR VCU	8.91q
5 REED, Hunter	FR VMI	9.05
6 ELMORE, Darrin	SR UNC Pembroke	9.34
7 LINKO, Kevin	SO VMI	10.73
KLOCKE, Matthew	JR Shenandoah	DNS

**#10 Women's 1 Mile Run**

\$ CPTF 4:44.83 Rachel Pocratsky Virginia Tech

1:40 PM:

PI Name	Yr Team	Time Note
1 VAUGHN, Elizabeth	JR Charlotte	5:30.11
2 BROWN, Margot	JR VCU	5:30.37



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**RESULTS****#10 Women's 1 Mile Run (cont'd)**

1:40 PM:

Pl	Name	Yr	Team	Time	Note
3	BECHTEL, Sarah		SO Charlotte	5:35.37	
4	MASSEY, Lauren		FR Lynchburg	5:36.24	
5	HAHN, Naomi		FR VMI	5:43.75	
6	PAYNE, Kodi		SO Lynchburg	5:44.62	
7	FRALEIGH, Savannah		SR Charlotte	5:46.33	
8	BEZBORODKO, Nicole		JR Towson	5:47.14	
9	INGERSON, Alyssa		FR VMI	6:19.85	

**#9 Men's 1 Mile Run**

\$ CPTF 4:04.12 Willy Fink VT Elite

1:55 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	MCBRIDE, Finn		SO Charlotte	4:10.85		2(1)
2	CARROLL, Austin		JR Charlotte	4:10.92		2(2)
3	ALDERFER, Isaac		SO Eastern Mennonite	4:16.80		1(1)
4	VO, Daniel		JR Charlotte	4:22.10		2(3)
5	FAJARDO, Roberto		JR Lincoln Memorial	4:22.16		2(4)
6	JENKINS, Gavin		JR VMI	4:22.53		2(5)
7	SPARKS, Maximillian		JR Lynchburg	4:25.03		2(6)
8	GREEN, Corbin		SO Lynchburg	4:29.71		2(7)
9	BURKHART, Delsin		SO UNC Pembroke	4:30.44		2(8)
10	KELLEY, Stephen		FR VMI	4:34.03		1(2)
11	LEACH, Evan		SR VCU	4:37.03		1(3)
12	LAUFFENBERGER, Kyle		FR Lynchburg	4:38.76		2(9)
13	HIRNEISEN, Andrew		FR VMI	4:40.79		1(4)
14	RICH, William		SO VMI	4:41.77		1(5)
15	BANNISTER, Corey		SO VCU	4:43.68		1(6)
16	MCCROY, Connor		SO Lynchburg	4:45.03		1(7)
17	KNIGHT, Jared		SO VCU	4:48.37		2(10)
18	DILLER, Zachary		SO VMI	4:51.50		1(8)
19	STURM, Zachary		FR VMI	4:53.87		1(9)
20	COMPTON, Cade		FR VMI	4:54.73		1(10)

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 2</b>					
1	ALDERFER, Isaac		SO Eastern Mennonite	4:16.80	
2	KELLEY, Stephen		FR VMI	4:34.03	
3	LEACH, Evan		SR VCU	4:37.03	
4	HIRNEISEN, Andrew		FR VMI	4:40.79	
5	RICH, William		SO VMI	4:41.77	
6	BANNISTER, Corey		SO VCU	4:43.68	
7	MCCROY, Connor		SO Lynchburg	4:45.03	
8	DILLER, Zachary		SO VMI	4:51.50	
9	STURM, Zachary		FR VMI	4:53.87	

# RESULTS

## #9 Men's 1 Mile Run (cont'd)

Pl	Name	Yr	Team	Time	Note
10	COMPTON, Cade		FR VMI	4:54.73	
<b>Section 2 of 2</b>					
1	MCBRIDE, Finn		SO Charlotte	4:10.85	
2	CARROLL, Austin		JR Charlotte	4:10.92	
3	VO, Daniel		JR Charlotte	4:22.10	
4	FAJARDO, Roberto		JR Lincoln Memorial	4:22.16	
5	JENKINS, Gavin		JR VMI	4:22.53	
6	SPARKS, Maximillian		JR Lynchburg	4:25.03	
7	GREEN, Corbin		SO Lynchburg	4:29.71	
8	BURKHART, Delsin		SO UNC Pembroke	4:30.44	
9	LAUFFENBERGER, Kyle		FR Lynchburg	4:38.76	
10	KNIGHT, Jared		SO VCU	4:48.37	

## #13 Men's 60m Hurdles

\$ CPTF 7.75 Jovaine Atkinson Liberty

2:15 PM:

### Finals

Pl	Name	Yr	Team	Time	Note
1	DEBERRY, Jathan		SR UNC Pembroke	8.21	
2	WALLER, Emmanuel		JR VCU	8.35	
3	NABE, Kyle		SR Lincoln Memorial	8.63	
4	MCBRIDE, Liam		FR VMI	8.64	
5	EVANS, Sebastian		JR VCU	8.73	
6	MIDGETT, Keyandre		FR VMI	8.74	
7	RICE, Jack		FR VMI	8.79	
8	ATKINS, Mykalee		JR VCU	8.82	

## #14 Women's 60m Hurdles

\$ CPTF 8.18 Gabriele Cunningham North Carolina State

2:25 PM:

### Finals

Pl	Name	Yr	Team	Time	Note
1	FREEMAN, Lauryn		SO VCU	8.87	
2	MARTIN-PALMER, Tajah		FR Towson	9.00	
3	WATKINS, Savannah		SR UNC Pembroke	9.21	
4	LANE, Davina		SR George Mason	9.27	
5	KING, Mya		SO Towson	9.28	
6	BOGHOSSIAN-JAMES, Ani		JR Towson	9.40	
7	BABASHAK, Erin		SO James Madison	9.44	
8	OWENS, Michelle		FR VCU	10.48	

## #2 Women's 60 Meters

\$ CPTF 7.35 Destiny Carter Unattached

# RESULTS

## #2 Women's 60 Meters (cont'd)

2:35 PM:

### Finals

Pl	Name	Yr	Team	Time	Note
1J	BURTON, Shamika		JR Towson	7.72	
2J	MILES, Porsha		SO James Madison	7.79	
2	MCCORMICK, Dy'Air		UNC Pembroke	7.92	7.919
3J	TUCKER, Sydney		FR Towson	7.84	
4J	RUFFIN, Ariana		SR VMI	7.85	
5	PIERRE, Simone		FR VCU	7.92	7.915
7J	LEFEVRE, Dardlie		SO James Madison	7.98	
8J	JOSEPH, Ingrid		JR VMI	8.15	

## #1 Men's 60 Meters

\$ CPTF 6.65 Demek Kemp South Carolina State

2:45 PM:

### Finals

Pl	Name	Yr	Team	Time	Note
1	ADAMS, Jamar		UNC Pembroke	6.91	
2	POINDEXTER, Jordin		JR VMI	6.93	
3	SHIRLEY, Xavier		SO George Mason	6.96	
4	KAMAU, Sundiata		JR George Mason	7.02	
5	CARTER, Isaiah		SO George Mason	7.09	
6	COLLINS, John		JR VMI	7.12	
7	FREEMAN, Lewis		FR VCU	7.15	
8	MITCHELL, Johnathan		SO VCU	7.18	

## #6 Women's 400 Meters

\$ CPTF 54.16 Moore, Sarah Unattached 2/14/2020

2:55 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	WILLIAMS, Ahliyah		JR VMI	59.55		1(1)
2	VALENTINE, Satori		FR Towson	59.59		1(2)
3	PALMER, Adia		FR George Mason	1:01.12		2(1)
4	GIBBS, Destiny		JR Lincoln Memorial	1:01.16		4(1)
5	WILLIAMS, Abigail		JR George Mason	1:01.41		1(3)
6	FRANCOIS, Deandra		JR Towson	1:01.48		1(4)
7	HIGGINS, Courtney		SR VCU	1:01.56		3(1)
8	MUNDINE, Jada		SO Charlotte	1:02.83		4(2)
9	LINKOUS, Marissa		JR VMI	1:02.94		2(2)
10	BOBST, Alison		FR Lynchburg	1:03.94		4(3)
11	LEWIS, Tiana		SO James Madison	1:03.97		3(2)
12	THOMAS, Rachel		FR Towson	1:04.09		3(3)
13	STEWART, Azariah		FR UNC Pembroke	1:04.63		2(3)
14	SMITH, Saniya		FR UNC Pembroke	1:05.05		2(4)
15	TAYLOR, Lauryn		FR VCU	1:05.43		3(4)

# RESULTS

## #6 Women's 400 Meters (cont'd)

### SECTION RESULTS

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 4</b>					
1	WILLIAMS, Ahliyah		JR VMI	59.55	
2	VALENTINE, Satori		FR Towson	59.59	
3	WILLIAMS, Abigail		JR George Mason	1:01.41	
4	FRANCOIS, Deandra		JR Towson	1:01.48	
<b>Section 2 of 4</b>					
1	PALMER, Adia		FR George Mason	1:01.12	
2	LINKOUS, Marissa		JR VMI	1:02.94	
3	STEWART, Azariah		FR UNC Pembroke	1:04.63	
4	SMITH, Saniya		FR UNC Pembroke	1:05.05	
<b>Section 3 of 4</b>					
1	HIGGINS, Courtney		SR VCU	1:01.56	
2	LEWIS, Tiana		SO James Madison	1:03.97	
3	THOMAS, Rachel		FR Towson	1:04.09	
4	TAYLOR, Lauryn		FR VCU	1:05.43	
<b>Section 4 of 4</b>					
1	GIBBS, Destiny		JR Lincoln Memorial	1:01.16	
2	MUNDINE, Jada		SO Charlotte	1:02.83	
3	BOBST, Alison		FR Lynchburg	1:03.94	

## #22 Women's Pole Vault

Progressions: 2.15, 2.30, 2.45, 2.60, 2.75, 2.90, 3.05, 3.20, 3.35, 3.50, 3.65, 3.80, 3.95, 4.10, 4.25, 4.40, 4.55

\$ CPTF 4.05m Bridget Guy Virginia

3:00 PM:

Pl	Name	Yr	Team	Mark	2.15	2.75	2.90	3.05	3.20	3.35	3.50	3.65
1	MOOLMAN, Erica		FR James Madis	3.50m 11' 5 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	O	XXO	XXO	XO	XXX
2	LLOYD, Rachel		SO James Madis	3.35m 10' 11 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	XXO	O	O	XXX	
3	ANDERSON, Lauren		JR Lynchburg	3.35m 10' 11 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	XO	O	XXO	XXX	
4	CASTO, Bailey		JR Lynchburg	3.05m 10' 0"	PPP	O	O	O	XXX			
5	CROTEAU, Madolyn		SO James Madis	2.90m 9' 6 <sup>1</sup> / <sub>4</sub>	PPP	PPP	XO	XXX				
6	RICHARDSON, Alayna		UNC Pembro	2.75m 9' 0 <sup>1</sup> / <sub>4</sub>	PPP	O	XXX					
7	FLAX, Caroline		UNC Pembro	2.75m 9' 0 <sup>1</sup> / <sub>4</sub>	PPP	XO	XXX					
	STONEBURNER, Suzanna		FR VMI	NH	XXX							
	SOYARS, Abby		FR VMI	NH	XXX							
	DUNN, McKenna		JR VMI	NH	PPP	PPP	PPP	PPP	XXX			

## #5 Men's 400 Meters

\$ CPTF 46.42 Tyrell Richard South Carolina State

3:15 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	GRAY, Jonathan		JR VMI	50.53		1(1)
2	BROWN, Elijah		FR George Mason	50.87		1(2)
3	WEIGEL, Jacob		SR George Mason	51.83		2(1)
4	EVANS, Sebastian		JR VCU	52.15		4(1)
5	DANIEL, Isaiah		UNC Pembroke	52.36		2(2)

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**RESULTS****#5 Men's 400 Meters (cont'd)****3:15 PM:**

Pl	Name	Yr	Team	Time	Note	H(Pl)
6	KWAKYE, Gabriel	FR	Lynchburg	53.06		4(2)
7	MILLER, Cody		UNC Pembroke	53.32		1(3)
8	KUHNEMANN, Wyatt	FR	UNC Pembroke	53.63		2(3)
9	MAS, Rafael	JR	VMI	53.70		2(4)
10	WALLER, JeVon	JR	VCU	54.00		4(3)
11	WALLACE, Justin	FR	VCU	54.15		3(1)
12	PORTER, Mason	FR	VMI	54.17		5(1)
13	SKUTT, Charlie	FR	Lynchburg	54.81		3(2)
14	WAITE, Adam	JR	VMI	55.75		5(2)
15	MCKENZIE, Jermaine	FR	UNC Pembroke	57.06		3(3)
	NJEZE, Ekwochi	JR	George Mason	DNS		1
	BUNDY, Quentin	SO	VMI	DNS		3
	KEMPF, Aaron	SR	VMI	DNS		4
	KLOCKE, Matthew	JR	Shenandoah	DNS		5
	HOLLIDAY, Kyle	JR	Shenandoah	DNS		5

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 5</b>					
1	GRAY, Jonathan	JR	VMI	50.53	
2	BROWN, Elijah	FR	George Mason	50.87	
3	MILLER, Cody		UNC Pembroke	53.32	
	NJEZE, Ekwochi	JR	George Mason	DNS	
<b>Section 2 of 5</b>					
1	WEIGEL, Jacob	SR	George Mason	51.83	
2	DANIEL, Isaiah		UNC Pembroke	52.36	
3	KUHNEMANN, Wyatt	FR	UNC Pembroke	53.63	
4	MAS, Rafael	JR	VMI	53.70	
<b>Section 3 of 5</b>					
1	WALLACE, Justin	FR	VCU	54.15	
2	SKUTT, Charlie	FR	Lynchburg	54.81	
3	MCKENZIE, Jermaine	FR	UNC Pembroke	57.06	
	BUNDY, Quentin	SO	VMI	DNS	
<b>Section 4 of 5</b>					
1	EVANS, Sebastian	JR	VCU	52.15	
2	KWAKYE, Gabriel	FR	Lynchburg	53.06	
3	WALLER, JeVon	JR	VCU	54.00	
	KEMPF, Aaron	SR	VMI	DNS	
<b>Section 5 of 5</b>					
1	PORTER, Mason	FR	VMI	54.17	
2	WAITE, Adam	JR	VMI	55.75	
	KLOCKE, Matthew	JR	Shenandoah	DNS	
	HOLLIDAY, Kyle	JR	Shenandoah	DNS	

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# RESULTS

**#21 Men's Pole Vault**

Progressions: 3.60, 3.75, 3.90, 4.05, 4.20, 4.35, 4.50, 4.65, 4.80, 4.95, 5.10

\$ CPTF 5.06m Carson Waters Liberty

3:30 PM:

PI Name	Yr Team	Mark	3.60	3.75	3.90
1 PETRIELLO, Nick	JR VMI	3.75m 12' 3 <sup>1</sup> / <sub>2</sub>	O	O	XXX
2 MUNSON, Stephen	FR VMI	3.60m 11' 9 <sup>3</sup> / <sub>4</sub>	O	XXX	
2 POWELL, Julian	FR Lynchburg	3.60m 11' 9 <sup>3</sup> / <sub>4</sub>	O	XXX	
2 REED, Hunter	FR VMI	3.60m 11' 9 <sup>3</sup> / <sub>4</sub>	O	XXX	
BAUMAN, Brandon	FR VMI	NH	XXX		
LINKO, Kevin	SO VMI	NH	XXX		
BURKE, Max	JR VMI	NH	XXX		
OHLEGER, Graham	JR VMI	DNS			

**#8 Women's 800 Meters**

\$ CPTF 2:10.28 Kristlin Gear Furman

3:40 PM:

PI Name	Yr Team	Time	Note
1 CHELLAH, Maria	SO Lincoln Memorial	2:28.24	
2 YOUNG, Mya	FR Lincoln Memorial	2:32.57	
3 EARLEY, Unique	SR Lincoln Memorial	2:41.84	
4 NOLL, Julia	FR VMI	2:44.27	
BRYANT, D'Amani	SR Charlotte	DNS	
BEZBORODKO, Nicole	JR Towson	DNS	

**#7 Men's 800 Meters**

\$ CPTF 1:52.31 Shahbaz, Jahanzib VMI 2/7/2020

3:48 PM:

PI Name	Yr Team	Time	Note	H(PI)
1 WHITTAKER, Trent	SO VMI	1:55.30		2(1)
2 DINARDI, Dominic	JR Charlotte	1:55.42		2(2)
3 ALDERFER, Isaac	SO Eastern Mennonite	1:55.48		2(3)
4 BROWN, Kobe	SO Charlotte	1:55.69		2(4)
5 HAINES, Dylan	JR VMI	1:59.23		1(1)
6 BHATIA, Mason	SR Charlotte	1:59.87		2(5)
7 JENSEN, Brayden	SO Charlotte	2:01.09		2(6)
8 ALLINGER, Jeremy	JR Shenandoah	2:01.56		1(2)
9 BURKHART, Delsin	SO UNC Pembroke	2:01.69		2(7)
10 HARRIS, Evan	SR Charlotte	2:02.11		2(8)
11 IRIZARRY-NEGRON, Ian	JR VMI	2:03.49		1(3)
12 MARROTTE, Dylan	SO Charlotte	2:04.27		1(4)
13 SCHAGELIN, Noah	SO VMI	2:06.66		1(5)
14 GREENE, Ricardo	SO Lincoln Memorial	2:11.45		1(6)
15 MOSS, Micah	JR Lincoln Memorial	2:16.61		1(7)
16 GRABEEL, Jacey	SO Lincoln Memorial	2:24.50		1(8)
FIORILLO, David	SO VMI		DQ unsp	1

# RESULTS

## #7 Men's 800 Meters (cont'd)

### SECTION RESULTS

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 2</b>					
1	HAINES, Dylan		JR VMI	1:59.23	
2	ALLINGER, Jeremy		JR Shenandoah	2:01.56	
3	IRIZARRY-NEGRON, Ian		JR VMI	2:03.49	
4	MARROTTE, Dylan		SO Charlotte	2:04.27	
5	SCHAGELIN, Noah		SO VMI	2:06.66	
6	GREENE, Ricardo		SO Lincoln Memorial	2:11.45	
7	MOSS, Micah		JR Lincoln Memorial	2:16.61	
8	GRABEEL, Jacey		SO Lincoln Memorial	2:24.50	
	FIORILLO, David		SO VMI		DQ unspots

### Section 2 of 2

1	WHITTAKER, Trent		SO VMI	1:55.30	
2	DINARDI, Dominic		JR Charlotte	1:55.42	
3	ALDERFER, Isaac		SO Eastern Mennonite	1:55.48	
4	BROWN, Kobe		SO Charlotte	1:55.69	
5	BHATIA, Mason		SR Charlotte	1:59.87	
6	JENSEN, Brayden		SO Charlotte	2:01.09	
7	BURKHART, Delsin		SO UNC Pembroke	2:01.69	
8	HARRIS, Evan		SR Charlotte	2:02.11	

## #19 Men's High Jump

Progressions: 1.75, 1.80, 1.85, 1.90, 1.95, 2.00, 2.05, 2.10, 2.15, 2.20, 2.25, 2.30

\$ CPTF 2.15m Jacob Milton Norfolk State

4:00 PM:

Pl	Name	Yr	Team	Mark	1.75	1.80	1.85	1.90	1.95	2.00	2.05	2.10
1	GARDNER, Cason		JR George Maso	2.05m 6' 8 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	PPP	O	O	XXO	XXX
2	DEBERRY, Jathan		SR UNC Pembro	2.00m 6' 6 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	O	O	XO	XXX	
3	THOMAS, Trevor		FR VCU	1.95m 6' 4 <sup>3</sup> / <sub>4</sub>	PPP	O	O	O	O	XXX		
3	GAMBLE, Orlandus		UNC Pembro	1.95m 6' 4 <sup>3</sup> / <sub>4</sub>	PPP	PPP	PPP	O	O	XXX		
5	ALLEN, Jeremy		SO George Maso	1.85m 6' 0 <sup>3</sup> / <sub>4</sub>	PPP	O	O	XXX				
6	ATKINS, Mykalee		JR VCU	1.75m 5' 8 <sup>3</sup> / <sub>4</sub>	XXO	XXX						

## #4 Women's 200 Meters

\$ CPTF 23.71 Destiny Carter Unattached

4:05 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	RUFFIN, Ariana		SR VMI	24.97		1(1)
2	MILES, Porsha		SO James Madison	25.29		1(2)
3	LEFEVRE, Dardlie		SO James Madison	25.30		1(3)
4	DOWNER, KellyAnn		JR George Mason	25.77		2(1)
5	TUCKER, Jessica		JR VCU	26.35		4(1)
6	MCCORMICK, Dy'Air		UNC Pembroke	26.64		2(2)
7	COVINGTON, Jerrica		SR Lincoln Memorial	26.66		4(2)
8	HINDS, Ryah		FR George Mason	26.89		2(3)
9	HAMRICK, Leyjah		FR James Madison	26.97		1(4)



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**RESULTS****#4 Women's 200 Meters (cont'd)**

4:05 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
10	WILLIAMS, Ahliyah	JR	VMI	27.03		3(1)
11	CHANNER, Jailah	FR	VCU	27.07		3(2)
12	STEWART , Azariah	FR	UNC Pembroke	27.15		4(3)
13	HYDE, Michka-Mae	FR	George Mason	27.16		2(4)
14	SELLS, Micah	SO	Lincoln Memorial	27.20		5(1)
15	EVANS, Tiyuana	SO	Towson	27.21		6(1)
16	CHAMBERS, Britney		UNC Pembroke	27.61		2(5)
17	SMITH, Saniya	FR	UNC Pembroke	27.65		3(3)
18	GARY, Maya	FR	James Madison	27.67		3(4)
19	PARSON, Autumn	JR	VMI	27.73		4(4)
20	BLAKENEY, Janae	SO	VCU	27.76		5(2)
21	MILLER, Olivia	FR	Towson	27.85		6(2)
22	CLOSE, Elizabeth	SO	Lincoln Memorial	27.99		6(3)
23	VAUGHAN, Nia	JR	VMI	28.01		4(5)
24	VERDU COBO, Anna	SR	Lincoln Memorial	28.22		5(3)
25	GNOUMOU, Deborah	FR	Towson	28.38		5(4)
26	WILKINSON, Liana	FR	Towson	28.48		6(4)
	BROOKS, Eliza	JR	VMI	DNF		3

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 6</b>					
1	RUFFIN, Ariana	SR	VMI	24.97	
2	MILES, Porsha	SO	James Madison	25.29	
3	LEFEVRE, Dardlie	SO	James Madison	25.30	
4	HAMRICK, Leyjah	FR	James Madison	26.97	
<b>Section 2 of 6</b>					
1	DOWNER, KellyAnn	JR	George Mason	25.77	
2	MCCORMICK , Dy'Air		UNC Pembroke	26.64	
3	HINDS, Ryah	FR	George Mason	26.89	
4	HYDE, Michka-Mae	FR	George Mason	27.16	
5	CHAMBERS, Britney		UNC Pembroke	27.61	
<b>Section 3 of 6</b>					
1	WILLIAMS, Ahliyah	JR	VMI	27.03	
2	CHANNER, Jailah	FR	VCU	27.07	
3	SMITH, Saniya	FR	UNC Pembroke	27.65	
4	GARY, Maya	FR	James Madison	27.67	
	BROOKS, Eliza	JR	VMI	DNF	
<b>Section 4 of 6</b>					
1	TUCKER, Jessica	JR	VCU	26.35	
2	COVINGTON, Jerrica	SR	Lincoln Memorial	26.66	
3	STEWART , Azariah	FR	UNC Pembroke	27.15	
4	PARSON, Autumn	JR	VMI	27.73	
5	VAUGHAN, Nia	JR	VMI	28.01	
<b>Section 5 of 6</b>					

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**RESULTS****#4 Women's 200 Meters (cont'd)**

Pl	Name	Yr	Team	Time	Note
1	SELLS, Micah		SO Lincoln Memorial	27.20	
2	BLAKENEY, Janae		SO VCU	27.76	
3	VERDU COBO, Anna		SR Lincoln Memorial	28.22	
4	GNOUMOU, Deborah		FR Towson	28.38	
<b>Section 6 of 6</b>					
1	EVANS, Tiyuana		SO Towson	27.21	
2	MILLER, Olivia		FR Towson	27.85	
3	CLOSE, Elizabeth		SO Lincoln Memorial	27.99	
4	WILKINSON, Liana		FR Towson	28.48	

**#3 Men's 200 Meters**

\$ CPTF 21.12 Dylan Peebles North Carolina State

**4:30 PM:**

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	ADAMS , Jamar		UNC Pembroke	22.18		1(1)
2	FLAKER, Jarett		FR George Mason	22.28		1(2)
3	KAREN, Max		FR George Mason	22.56		1(3)
4	DESKINS, Edward		SO George Mason	22.66		1(4)
5	JOHNSON, Alijah		JR Eastern Mennonite	23.03		2(1)
6	DANIEL, Isaiah		UNC Pembroke	23.04		3(1)
7	TRAHAN, Bret		JR VMI	23.42		2(2)
8	SHORT, Jordan		SR Lynchburg	23.47		2(3)
9	MILLER , Cody		UNC Pembroke	23.50		3(2)
10	DIGGS, London		FR Lynchburg	23.57		3(3)
11	MCBRIDE, Liam		FR VMI	23.67		2(4)
12	MCKENZIE, Jermaine		FR UNC Pembroke	23.72		3(4)
	PETERS, Sam		SO Lincoln Memorial	DNS		3

**SECTION RESULTS**

Pl	Name	Yr	Team	Time	Note
<b>Section 1 of 3</b>					
1	ADAMS , Jamar		UNC Pembroke	22.18	
2	FLAKER, Jarett		FR George Mason	22.28	
3	KAREN, Max		FR George Mason	22.56	
4	DESKINS, Edward		SO George Mason	22.66	
<b>Section 2 of 3</b>					
1	JOHNSON, Alijah		JR Eastern Mennonite	23.03	
2	TRAHAN, Bret		JR VMI	23.42	
3	SHORT, Jordan		SR Lynchburg	23.47	
4	MCBRIDE, Liam		FR VMI	23.67	
<b>Section 3 of 3</b>					
1	DANIEL, Isaiah		UNC Pembroke	23.04	
2	MILLER , Cody		UNC Pembroke	23.50	
3	DIGGS, London		FR Lynchburg	23.57	
4	MCKENZIE, Jermaine		FR UNC Pembroke	23.72	
	PETERS, Sam		SO Lincoln Memorial	DNS	

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**RESULTS****#12 Women's 3000 Meters**

\$ CPTF 9:33.66 Caroline Sang Charlotte

**4:50 PM:**

Pl	Name	Yr Team	Time	Note	H(Pl)
1	HORTON, Chandler	JR Charlotte	9:42.05		2(1)
2	LOUNES, Louise	FR Charlotte	9:49.01		2(2)
3	RITTER, Sophia	FR Charlotte	10:03.51		2(3)
4	CONNICK, Jessie	FR Charlotte	10:31.54		1(1)
5	MARTIN, Jade	FR Charlotte	10:31.76		2(4)
6	ROVNAK, Alina	SO Charlotte	10:32.44		2(5)
7	MILLER, Emily	UNAUNAT-Shenandoah	10:33.39		2(6)
8	FREDERICKS, Emma	FR Charlotte	10:34.85		2(7)
9	AULENBACH, Kasandra	SO VCU	10:37.30		1(2)
10	ARMPFIELD, Anna	SR VMI	10:42.44		2(8)
11	FOWLER, Bailey	FR Charlotte	10:52.94		2(9)
12	VOGEL, Kelsey	FR Charlotte	10:57.12		1(3)
13	DORAN, Rebecca	JR Shenandoah	10:59.01		1(4)
14	NEWMAN, Jenna	SO Charlotte	10:59.64		2(10)
15	LAGUNAS, Kelsey	SO Lynchburg	11:02.06		1(5)
16	WHEATLEY, Kristen	FR VCU	11:08.01		1(6)
17	HOLMES, Kiley	SO Lincoln Memorial	11:26.44		1(7)
18	ATKINSON, Erin	JR Shenandoah	11:38.26		1(8)
19	FOSTER, Brooke	SO Lincoln Memorial	11:40.06		1(9)
20	TIMMES, Karalyn	FR Lynchburg	11:58.02		1(10)

**SECTION RESULTS**

Pl	Name	Yr Team	Time	Note
<b>Section 1 of 2</b>				
1	CONNICK, Jessie	FR Charlotte	10:31.54	
2	AULENBACH, Kasandra	SO VCU	10:37.30	
3	VOGEL, Kelsey	FR Charlotte	10:57.12	
4	DORAN, Rebecca	JR Shenandoah	10:59.01	
5	LAGUNAS, Kelsey	SO Lynchburg	11:02.06	
6	WHEATLEY, Kristen	FR VCU	11:08.01	
7	HOLMES, Kiley	SO Lincoln Memorial	11:26.44	
8	ATKINSON, Erin	JR Shenandoah	11:38.26	
9	FOSTER, Brooke	SO Lincoln Memorial	11:40.06	
10	TIMMES, Karalyn	FR Lynchburg	11:58.02	
<b>Section 2 of 2</b>				
1	HORTON, Chandler	JR Charlotte	9:42.05	
2	LOUNES, Louise	FR Charlotte	9:49.01	
3	RITTER, Sophia	FR Charlotte	10:03.51	
4	MARTIN, Jade	FR Charlotte	10:31.76	
5	ROVNAK, Alina	SO Charlotte	10:32.44	
6	MILLER, Emily	UNAUNAT-Shenandoah	10:33.39	
7	FREDERICKS, Emma	FR Charlotte	10:34.85	
8	ARMPFIELD, Anna	SR VMI	10:42.44	
9	FOWLER, Bailey	FR Charlotte	10:52.94	

# RESULTS

## #12 Women's 3000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note
10	NEWMAN, Jenna		SO Charlotte	10:59.64	

## #11 Men's 3000 Meters

\$ CPTF 8:13.04 Patrick Joseph Virginia Tech

### 5:25 PM:

Pl	Name	Yr	Team	Time	Note	H(Pl)
1	SHAHBAZ, Jahanzib		Unattached	8:13.49		2(1)
2	CSORBA, Frank		SO Lynchburg	8:30.84		2(2)
3	ANDERSON, Keaton		JR Charlotte	8:44.61		2(3)
4	CASTELLAW, Cooper		FR Charlotte	8:45.28		2(4)
5	MARTIN, Jackson		SO Charlotte	8:54.25		2(5)
6	INMAN, Andrew		SO Charlotte	9:00.55		2(6)
7	WHITE, Johnny		FR VCU	9:01.12		1(1)
8	STRAITS, Brennan		JR Lynchburg	9:01.48		2(7)
9	PETERSON, Noah		SO VCU	9:08.38		1(2)
10	KITSON, Walt		SR VMI	9:08.59		2(8)
11	WELDON, Kyle		FR VCU	9:09.28		1(3)
12	MCCARTHY, Tyler		SO Shenandoah	9:10.63		1(4)
13	LLANEZA, Sam		SO Lynchburg	9:15.50		2(9)
14	JOHNS, Mason		SO Lincoln Memorial	9:18.47		1(5)
15	DAVIS, Reed		SR Shenandoah	9:26.06		1(6)
16	GRAHAM, Sam		FR Lynchburg	9:26.51		1(7)
17	KELLY, Dennison		SO VMI	9:33.95		1(8)
	WHITTAKER, Trent		SO VMI	DNF		2
	JENKINS, Gavin		JR VMI	DNS		2

## SECTION RESULTS

Pl	Name	Yr	Team	Time	Note
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### Section 1 of 2

1	WHITE, Johnny		FR VCU	9:01.12	
2	PETERSON, Noah		SO VCU	9:08.38	
3	WELDON, Kyle		FR VCU	9:09.28	
4	MCCARTHY, Tyler		SO Shenandoah	9:10.63	
5	JOHNS, Mason		SO Lincoln Memorial	9:18.47	
6	DAVIS, Reed		SR Shenandoah	9:26.06	
7	GRAHAM, Sam		FR Lynchburg	9:26.51	
8	KELLY, Dennison		SO VMI	9:33.95	

### Section 2 of 2

1	SHAHBAZ, Jahanzib		Unattached	8:13.49	
2	CSORBA, Frank		SO Lynchburg	8:30.84	
3	ANDERSON, Keaton		JR Charlotte	8:44.61	
4	CASTELLAW, Cooper		FR Charlotte	8:45.28	
5	MARTIN, Jackson		SO Charlotte	8:54.25	
6	INMAN, Andrew		SO Charlotte	9:00.55	
7	STRAITS, Brennan		JR Lynchburg	9:01.48	
8	KITSON, Walt		SR VMI	9:08.59	
9	LLANEZA, Sam		SO Lynchburg	9:15.50	

## RESULTS

### #11 Men's 3000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Note
	WHITTAKER, Trent		SO VMI	DNF	
	JENKINS, Gavin		JR VMI	DNS	

### #16 Women's 4 x 400m Relay

\$ CPTF 3:46.45 Runge, Maisto, Johnson, Swierbut William and Mary

5:55 PM:

Pl	Team	Time	Note
1	VCU (A)	4:01.75	
	1) PIERRE, Simone FR		2) MCMILLAN, Nia FR
	3) MOORE, Karah FR		4) FREEMAN, Lauryn SO
2	Towson (B)	4:17.90	
	1) MARTIN-PALMER, Tajah FR		2) BURTON, Shamika JR
	3) BOGHOSSIAN-JAMES, Ani JR		4) CHEN, Asia SR
3	Towson (A)	4:17.94	
	1) VALENTINE, Satori FR		2) KING, Mya SO
	3) TUCKER, Sydney FR		4) FRANCOIS, Deandra JR
4	Towson (C)	4:18.92	
	1) EVANS, Tiyuana SO		2) MILLER, Olivia FR
	3) WILKINSON, Liana FR		4) THOMAS, Rachel FR

### #15 Men's 4 x 400m Relay

\$ CPTF 3:12.83 Arp, Bowman, Dailey, Brown Shippensburg

6:05 PM:

Pl	Team	Time	Note
1	VCU (A)	3:21.47	
	1) FREEMAN, Lewis FR		2) MITCHELL, Johnathan SO
	3) MITCHELL, Jaden FR		4) WALLER, Emmanuel JR
2	VMI (A)	3:26.11	
	1) GRAY, Jonathan JR		2) RICE, Jack FR
	3) WALKER, Johnnie JR		4) POINDEXTER, Jordin JR